

# the princess within by serita jakes

The Princess Within by Serita Jakes: Embracing Your Inner Strength and Grace

the princess within by serita jakes is more than just a book title; it's an invitation to rediscover the strength, dignity, and beauty that lies within every woman. Serita Jakes, a renowned author and speaker, masterfully crafts a message that resonates deeply with readers seeking empowerment, healing, and a renewed sense of self-worth. This book touches on themes of personal growth, self-love, and spiritual awakening, making it a must-read for anyone looking to embrace their inner royalty.

## Understanding The Princess Within by Serita Jakes

At its core, the princess within by serita jakes explores the concept that every woman has a "princess" inside her—an embodiment of grace, resilience, and divine purpose. Serita Jakes uses storytelling, biblical references, and real-life examples to help readers connect with their inner value and overcome the challenges that often make them feel unworthy or broken.

## What Does “The Princess Within” Really Mean?

The idea of a “princess” here isn't about external beauty or social status. Instead, it's a metaphor for the inherent dignity and strength that all women possess. Jakes emphasizes that recognizing this inner princess is the first step toward self-acceptance and empowerment. It's about reclaiming your identity and understanding your worth beyond societal expectations or past mistakes.

## **The Spiritual Foundation of the Book**

Serita Jakes' faith plays a significant role throughout the book. She intertwines spiritual insights with practical advice, encouraging readers to rely on their faith as a source of strength. The princess within isn't just a concept—it's a divine truth rooted in biblical principles that every woman is treasured and beloved by God. This spiritual foundation offers comfort and guidance for women navigating life's hardships.

## **Key Themes Explored in The Princess Within by Serita Jakes**

Several powerful themes run through the pages of this book, each designed to inspire transformation and healing.

### **Healing from Past Hurts**

One of the most compelling aspects of the book is its focus on healing. Many women carry emotional scars from relationships, disappointments, or personal failures. Serita Jakes addresses these wounds with compassion, offering practical steps and spiritual encouragement to help readers forgive, release pain, and move forward confidently.

### **Embracing Self-Worth and Confidence**

A recurring message in the book is the importance of self-worth. Jakes challenges women to see themselves through a lens of value and potential, rather than shame or insecurity. Learning to love yourself, as the princess within, is crucial to living a fulfilled and joyful life.

## **Empowerment Through Personal Growth**

Personal development is another cornerstone of the book. Jakes encourages women to pursue growth in all areas—emotional, spiritual, and relational. By doing so, they can step into their purpose and live authentically, embodying the qualities of a true princess: strength, kindness, and wisdom.

## **Why The Princess Within by Serita Jakes Resonates With Readers**

Many readers find this book relatable because it speaks directly to the struggles and aspirations of women today. Whether it's battling low self-esteem, overcoming toxic relationships, or seeking a deeper connection with God, this book offers a roadmap for transformation.

## **Real-Life Stories and Practical Advice**

Serita Jakes' writing style is warm and conversational, making complex ideas accessible and engaging. She shares personal anecdotes and testimonies that foster a sense of community and support. Alongside these stories, she provides actionable tips to help readers apply the lessons to their own lives.

## **Inspiration for Spiritual and Emotional Renewal**

For many women, the spiritual insights in "The Princess Within" serve as a catalyst for renewal. The book offers prayers, affirmations, and reflections that encourage readers to nurture their souls and build resilience against life's challenges.

# How to Apply the Lessons from The Princess Within by Serita Jakes in Daily Life

Reading a book is one thing, but living its principles is where true transformation happens. Here are some practical ways to embrace the message of *the princess within by serita jakes* in everyday life.

## Practice Daily Affirmations

Affirmations help rewire negative thinking patterns and build confidence. Start each day by reminding yourself of your worth and strength—words like “I am loved,” “I am resilient,” or “I am a princess in God’s eyes” can be empowering.

## Create a Self-Care Routine

Taking time for yourself is essential. Whether it’s prayer, meditation, journaling, or simply enjoying a quiet moment, self-care nurtures your inner princess and reinforces the message that you deserve love and respect.

## Set Boundaries and Prioritize Healthy Relationships

One of the lessons Serita Jakes emphasizes is the importance of surrounding yourself with people who uplift and support you. Learn to say no to toxic influences and yes to relationships that promote growth and positivity.

## **Engage in Continuous Learning and Growth**

The journey to embracing your inner princess is ongoing. Commit to reading inspiring books, attending workshops, or joining faith-based groups that encourage personal and spiritual development.

## **The Impact of Serita Jakes' Work Beyond This Book**

Serita Jakes is widely known for her ability to inspire and motivate women through her books, sermons, and speaking engagements. "The Princess Within" is part of a larger mission to empower women to live full, purposeful lives. Her work has touched thousands, fostering communities where women can share their journeys and support each other.

## **Building a Community of Empowered Women**

Beyond the pages, many readers find themselves connecting with others who share similar experiences through social media groups, book clubs, and church ministries inspired by Serita Jakes' teachings. This sense of community amplifies the message of hope and healing.

## **Encouraging Leadership and Service**

Jakes also encourages women to step into leadership roles within their families, churches, and workplaces. By embracing the princess within, women can become role models and mentors, inspiring others to recognize their own worth and potential.

The princess within by Serita Jakes reminds us that no matter our past or present circumstances, there is a regal strength inside each of us waiting to be awakened. It's a journey of self-discovery, faith, and empowerment that encourages women to rise above challenges and live with grace,

purpose, and confidence. Whether you're looking for spiritual encouragement, emotional healing, or simply a fresh perspective on your worth, this book offers a heartfelt invitation to embrace the royalty that is already within you.

## **Frequently Asked Questions**

### **What is the central theme of 'The Princess Within' by Serita Jakes?**

The central theme of 'The Princess Within' is empowerment and self-discovery, encouraging women to embrace their inner strength, dignity, and worth as daughters of God.

### **Who is the target audience for 'The Princess Within'?**

The book primarily targets women and young girls seeking spiritual growth, self-esteem, and encouragement to live confidently and purposefully.

### **How does Serita Jakes use the concept of a 'princess' in the book?**

Serita Jakes uses the concept of a 'princess' metaphorically to symbolize a woman who recognizes her divine value, carries herself with grace, and pursues a life of integrity and purpose.

### **What are some key lessons from 'The Princess Within' that readers can apply to their lives?**

Key lessons include embracing self-worth, overcoming past hurts, fostering spiritual growth, practicing forgiveness, and living with confidence and purpose.

### **Is 'The Princess Within' a religious or secular book?**

'The Princess Within' is a faith-based book that incorporates Christian principles and biblical teachings to inspire and empower readers.

## **How does Serita Jakes incorporate personal stories in 'The Princess Within'?**

Serita Jakes includes personal anecdotes and testimonies to illustrate her messages, making the lessons relatable and impactful for readers.

## **What makes 'The Princess Within' relevant to today's readers?**

'The Princess Within' addresses timeless issues such as self-esteem, identity, and resilience, offering guidance that resonates with contemporary challenges faced by women in finding purpose and confidence.

## **Additional Resources**

The Princess Within by Serita Jakes: An In-Depth Review and Analysis

the princess within by serita jakes stands out as a poignant and transformative work that delves into the complexities of self-worth, identity, and spiritual growth, particularly aimed at young women navigating the challenges of adolescence and early adulthood. Authored by Serita Jakes, a respected speaker and counselor, this book offers a blend of motivational guidance, biblical principles, and personal anecdotes. Its enduring popularity highlights the relevance of its message in contemporary discussions on empowerment and faith-based personal development.

## **Understanding The Princess Within by Serita Jakes**

Serita Jakes's book operates within the genre of Christian self-help literature, but its appeal transcends religious boundaries due to its universal themes of self-discovery and resilience. The title, "The Princess Within," metaphorically represents the inherent value and dignity that every young woman holds, a concept that Jakes stresses throughout the narrative. The author invites readers to recognize

and embrace their innate worth, encouraging them to reject negative stereotypes and societal pressures.

What differentiates *The Princess Within* by Serita Jakes from other similar works is its integration of spiritual teachings with practical advice on everyday issues such as relationships, self-esteem, and emotional healing. This synthesis creates a holistic framework for personal growth that resonates deeply with its target audience.

## Core Themes and Messaging

The book's core message revolves around identity and self-perception. Jakes challenges readers to look beyond external validation and to cultivate an inner sense of dignity and purpose. She addresses common struggles faced by young women, including peer pressure, self-doubt, and the desire for acceptance. By rooting her advice in scriptural references, Jakes provides a spiritual anchor that encourages resilience and hope.

Another significant theme is the concept of personal transformation. *The Princess Within* by Serita Jakes does not merely offer temporary motivation but aims to inspire sustained change through faith and introspection. This approach aligns with the broader genre of Christian inspirational literature but is distinguished by its accessible language and relatable examples.

## Stylistic Elements and Writing Approach

Serita Jakes employs a conversational yet authoritative tone throughout the book. This balance ensures that her message is both empathetic and credible, making it approachable for young readers while maintaining depth for more mature audiences. The inclusion of personal stories and testimonies enriches the narrative, fostering a sense of connection between author and reader.

The structure of *The Princess Within* is carefully designed to facilitate engagement. Chapters are



concise and focused, often ending with reflective questions or action points. This interactive element encourages readers to apply lessons to their own lives rather than passively consuming the content.

## Integration of Biblical Principles

One of the defining characteristics of *The Princess Within* by Serita Jakes is its foundation in Christian theology. Scriptural references are woven seamlessly into the text, providing both context and authority for the advice given. This integration appeals to readers seeking spiritual guidance alongside practical support, enhancing the book's credibility within faith communities.

However, the book's spiritual focus is presented in a way that is inclusive enough to appeal to a broader audience interested in personal development without necessarily subscribing to a specific religious tradition.

## Comparative Analysis with Similar Works

When compared to other titles in the Christian self-help and empowerment niche—such as *"Captivating"* by John and Stasi Eldredge or *"Girls with Swords"* by Lisa Bevere—*The Princess Within* by Serita Jakes offers a more intimate and direct approach. While many books in this category emphasize the grandeur of divine purpose, Jakes zeroes in on the internal struggle of self-acceptance and healing.

Furthermore, unlike some works that may come across as didactic, Jakes's style is nurturing, prioritizing encouragement over admonishment. This makes her book particularly effective for younger readers who may be encountering spiritual literature for the first time.

## Strengths and Limitations

- **Strengths:** The book's accessibility and empathetic tone make it highly relatable. Its blend of spiritual insights and practical advice creates a comprehensive roadmap for personal growth.
- **Limitations:** Readers seeking a purely secular perspective may find the religious overtones limiting. Additionally, some critiques point out that the book occasionally relies on conventional gender roles, which may not resonate with all audiences.

## Impact and Reception

The Princess Within by Serita Jakes has garnered positive reviews from readers and critics alike, especially within Christian circles. Its impact is evident in its continued presence on recommended reading lists for young women's ministries, counseling programs, and empowerment workshops. Many readers report that the book helped them overcome feelings of inadequacy and fostered a deeper understanding of their worth.

Social media platforms and online forums reveal a sustained conversation about the book's messages, with testimonials highlighting its role in promoting mental health awareness and spiritual well-being among young women.

## Relevance in Today's Societal Context

In an era marked by pervasive social media influence and heightened pressures on young people to conform to idealized images, The Princess Within by Serita Jakes offers a counter-narrative that

champions authenticity and inner strength. The book's emphasis on self-love and spiritual grounding provides tools that are increasingly necessary for navigating contemporary challenges related to identity and self-expression.

Moreover, its focus on healing emotional wounds resonates with broader movements advocating mental health awareness and holistic wellness. This contextual relevance reinforces the book's status as a significant resource for personal development.

The Princess Within by Serita Jakes thus remains a compelling work that bridges faith, empowerment, and practical guidance, making it a valuable addition to the literature aimed at nurturing the potential within every young woman.

## [The Princess Within By Serita Jakes](#)

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**the princess within by serita jakes: The Princess Within** Serita Ann Jakes, 2011-02-18 This powerful journey to wholeness shows women of all ages what is robbing them of inner beauty, and how beautiful they are in God's eyes.

**the princess within by serita jakes: The Princess Within for Teens** Serita Ann Jakes, 2014-07-01 It's time to get ready for the ball. Girls of all ages want to feel like Cinderella at the ball. But maybe you feel more like Cinderella before the ball--overlooked, inadequate, hurting, maybe even used and abused. Sometimes it's hard to feel beautiful, in God's eyes or your own, when something or someone has robbed you of your inner beauty. Serita Ann Jakes understands those feelings. She knows how past failures and present hurts can prevent you from realizing your true identity in Jesus Christ. She has helped hundreds of girls work through personal struggles, and now she wants to help you. Whether you're struggling with poor self-esteem, difficult friendships, family problems, secret shame, or something else, above all, she wants you to know, You are a princess--a daughter of the King! Serita Ann's insights and encouragement will give you the courage and strength to shed your tattered rags and find your inner princess--and to walk in confidence as a young woman who knows her true beauty comes from a Christ-honoring life.

**the princess within by serita jakes: Overcoming the Enemy** T.D. Jakes, 2003-10 If you're tired of feeling beat down the devil's schemes in your life, the principles in this book are your keys to escape.

**the princess within by serita jakes: Intimacy with God (Six Pillars From Ephesians Book #3)** T.D. Jakes, 2003-10-01 Book 3 of Six Pillars From Ephesians. This book covers the spiritual worship, of the believer, helping Christians discover the rich themes in the book of Ephesians. The

studies are practical, challenging, and revealing and will empower readers to live at a new level of spiritual maturity. Students of the Word will want the complete set of six volumes.

**the princess within by serita jakes: Woman, Thou Art Loosed! Devotional** T.D. Jakes, 2007-10-01 Heal the Wounds of the Past! This insightful devotional was created for the thousands of women from across the world who have received healing and restoration through the Woman, Thou Art Loosed! message. The daily devotions have been developed from Woman, Thou Art Loosed by T.D. Jakes, and are taken from the triumphs, failures, trials, and faith of the women in God's Word. Each liberating chapter is designed to assist the reader in keeping the binding chains of the past from refastening themselves in her life.

**the princess within by serita jakes: The Agony Within** Yanick Gilet, 2019-12-19 In this book you'll learn: How to live the life you were born to live. • Learn how to stop being Codependent, and ways to recognize an abuser. • Break the cycle of abuse by building up your self-esteem. • Love yourself first. • Identify the patterns that keep you emotionally trapped and take care of your inner Child. • Recognize and understands the abusers in your life. "A PHENOMENAL BOOK, VERY ENLIGHTEN AND FULL OF HOPE."

**the princess within by serita jakes: Sunday Dinners** Diane Cowen, 2013-09-10 Thirteen of America's favorite pastors and their families share their Sunday traditions, mealtime blessings, inspiring stories, and favorite recipes. Foreword by Victoria Osteen Research shows that eating dinner together strengthens a family's bond, and Sunday dinners are especially sacred. They are a time to bring everyone together, catch up, teach children manners and social skills, stay connected with teens, learn about family history and values, and nourish our bodies and souls. In Sunday Dinners, the pastor families who share their experiences are known not just for their successes in the pulpit and in their communities but also for the strong families they have built. They preach it, and they live it, and that's inspiring. This is a cookbook to be read and savored, to remind us that no matter how busy we think we are, we can still take time to come together, break bread, and connect with family and good friends. "Sunday Dinners adds a fillip of celebrity: It highlights thirteen megachurch preachers (and their spouses who often do the cooking) including Bishop T.D. and Serita Jakes who duel for the most decadent banana pudding." —The Washington Post "Collectively, the families in Sunday Dinners are ambassadors for great food, strong families and deep faith." —The State

**the princess within by serita jakes: Beside Every Great Man-- is a Great Woman** Kitty Pope, 2005 With brief biographies and intense commentary, this collection explores the lives of courageous women behind the men who changed the way America relates to African Americans. Includes profiles on Coretta Scott King, Lonnie Ali, Serita Jakes, and others.

**the princess within by serita jakes: Sex and Marriage** Cynthia McGill, 2009-10 If you are thinking of filing for divorce because your husband squeezes the toothpaste tube in the middle and stuffs his clean shirts into the drawer without folding them then you need to read Sex and Marriage: Myths Uncovered. Dr. Cynthia L. McGill exposes ten myths that she feels are pure fiction that have grown out of television, movies and magazines. She also lays out the important ingredients of a healthy marriage and explains how to make sex more exciting. Yes, she does get specific. Readers will certainly know what she does with whipped cream! And with prayer. Dr. McGill clearly wants to save your marriage.

**the princess within by serita jakes: T.D. Jakes** Shayne Lee, 2003-01-01 Examines the rise of one of the most prolific spiritual leader of modern times T.D. Jakes has emerged as one of the most prolific spiritual leaders of our time. He is pastor of one of the largest churches in the country, CEO of a multimillion dollar empire, the host of a television program, author of a dozen bestsellers, and the producer of two Grammy Award-nominated CDs and three critically acclaimed plays. In 2001 Time magazine featured Jakes on the cover and asked: Is Jakes the next Billy Graham? T.D. Jakes draws on extensive research, including interviews with numerous friends and colleagues of Jakes, to examine both Jakes's rise to prominence and proliferation of a faith industry bent on producing spiritual commodities for mass consumption. Lee frames Jakes and his success as a metaphor for

changes in the Black Church and American Protestantism more broadly, looking at the ramifications of his rise—and the rise of similar preachers—for the way in which religion is practiced in this country, how social issues are confronted or ignored, and what is distinctly “American” about Jakes's emergence. While offering elements of biography, the work also seeks to shed light on important aspects of the contemporary American and African American religious experience. Lee contends that Jakes's widespread success symbolizes a religious realignment in which mainline churches nationwide are in decline, while innovative churches are experiencing phenomenal growth. He emphasizes the “American-ness” of Jakes's story and reveals how preachers like Jakes are drawing followers by delivering therapeutic and transformative messages and providing spiritual commodities that are more in tune with postmodern sensibilities. As the first work to critically examine Bishop Jakes's life and message, *T.D. Jakes* is an important contribution to contemporary American religion as well as popular culture.

**the princess within by serita jakes: Don't Miss the Moment** Sheryl Brady, 2020-03-17

Pastor and popular Bible teacher Sheryl Brady helps Christians prepare for, recognize, and cultivate the powerful yet easily overlooked moments when God shows up in their lives. Everyone experiences God moments, times when God pulls back the curtain and gives a glimpse of his active presence in their lives. Most of us operate under the misapprehension that these moments are rare occurrences that reveal themselves in grand fashion. We expect bells ringing, lights flashing, and neon signs that point to earthshaking revelations. But God often speaks in whispers, strategically and incrementally unveiling his plans, preparations, and purposes through the most unassuming circumstances. The key is to learn how to prepare for, recognize, and be faithful in these moments. In *Don't Miss the Moment*, Pastor Sheryl Brady reminds Christians that God is real and unwaveringly present in our daily lives. Through biblical teaching and personal stories of God showing up in times of need, she shows how to pursue deeper relationship with the Faithful One so that we can learn to hear his voice and feel his leading, discern when we are in a defining moment, and redirect our hearts and lives toward his plans and purposes.

**the princess within by serita jakes: Daddy's Special Little Girl** Jody Lynn Enders,

2023-05-11 “Is it possible to describe the confusion and shame I felt every time daddy came to my bedroom and used me to fulfill his sexual perversion? Is it possible to describe the fear that consumed me when I thought I was pregnant with my dad's baby?” *Daddy's Special Little Girl* is a heart-on-your-sleeve memoir about growing up in an abusive home with five siblings, an alcoholic father, and a courageous mother—about desperate attempts to cope with unbearable pain, about surviving the betrayal and devastation of incest and the rejection of divorce, about God's forgiveness and healing. The author bares her soul as she takes you on an inconceivable journey that includes graphic scenes of her abuse, honest exposure of her own sin, paralyzing anguish and sorrow she endures, and raw emotions as she accepts her dad's prison sentence and death. You will weep as you read about the heartbreaking encounters and effects of the hideous crime of incest. You will rejoice as you experience the forgiveness, love, and support this family had for their dad and each other. In *Daddy's Special Little Girl*, Jody reveals the lingering devastation of a family crime no one wants to talk about. Her transparency is disarming, her case compelling, and her focus on healing. For the thousands who have experienced the pain of incest, the book points the way to help. For those who would like to believe that “these things don't happen in Christian homes,” *Daddy's Special Little Girl* will explode the myth. —Gary D. Chapman, Ph.D Author of *The Five Love Languages*

**the princess within by serita jakes: The Naked Truth** Lakita Garth, 2007-03-01

In a world where it seems like “everybody's doing it” how do you help students say no to premarital sex? Lakita Garth tells you how! As an internationally known abstinence advocate and sought-after speaker, she talks to more than 500,000 students a year about abstinence and sexuality. Here, she frankly, humorously and passionately shares her principles with teens for staying pure until marriage, while equipping them with the life skills necessary to be responsible and successful. Through her four-phase Decision Making Model, young people will understand the principles of self-control, self-discipline, delayed gratification and achieving their dreams. They'll be ready to establish healthy

dating relationships and clearly defined boundaries for physical intimacy, while understanding and valuing marriage. The eight-session companion DVD, a leader's guide and student guides will make this resource perfect for small-group use.

**the princess within by serita jakes: "Brand® New Theology** McGee, Paula L., 2017-03-16 McGee critiques the popular Health & Wealth message so prominently targeted especially to black Christian women. She examines the preaching and writing of T. D. Jakes as the most representative of a new phenomenon, the New Black Church, a new form of prosperity gospel that signifies what she calls the Wal-Martization of religion.

**the princess within by serita jakes: Leading Ladies** Jeanne L. Porter, 2004-06-01 Drawing on stories of biblical women, Leading Ladies presents four models of transformational leadership that recognize the leadership styles of women in all walks of life: Intercessor, Midwife, Choreographer, and Weaver. Includes reflective questions for journaling or group discussion.

**the princess within by serita jakes: Every Day with Jesus** Worthy Books, 2011-09-27 Daily inspiration from the greatest Christian writers of all time in a beautifully designed, insightful, one-year devotional. Each one-page, 150-word devotional references a memorable quote from a famous song lyrics followed by a thoughtful exposition. Each day also includes a Bible verse and seed prayer. This attractive book will challenge, motivate and stir readers' hearts and encourage them in their daily walk with God.

**the princess within by serita jakes: Life Lessons from the Garden of Eden** Melanie M. Baker, 2004-07 Has the power of temptation lessened since Adam and Eve encountered the serpent in the Garden of Eden? Has the fulfillment obtained from obeying God's guidelines become any less rewarding since man was first created? Life Lessons uniquely shows both the pitfalls of disobedience and the rich benefits of a life lived following God's lead by thoroughly examining the lives of Adam and Eve in the Garden of Eden. When presented in Life Lessons, the story of Adam and Eve offers an opportunity to learn how the devil operates. More importantly, this revelatory book delivers the understanding that God has made it possible for His people to know spiritual and natural success even today. With eagle-eye precision, Life Lessons identifies the important, God-originated guidelines about women, marriage, work, the environment, and more topics that many have oversimplified as they retell a bare-bones tale of two people who ate a forbidden fruit. story in the Garden beautifully details the fulfillment available to God's people through a life of obedience. Through its Bible-study design and by highlighting the significances and lessons in life that exist more deeply in the unfolding of the story about Adam and Eve, Life Lessons provides a must-read study on the desire God had from the very beginning for the spiritual success of all His people.

**the princess within by serita jakes: The Complete Guide to Christian Quotations** Compiled by Barbour Staff, 2011-06-01 A great quotation can provoke thought, brighten a day, even change a life—and here are more than 6,000 great quotes from the wide world of Christianity. This brand-new compilation of quotations both ancient and modern features nearly 500 categorized topics both biblical and contemporary—from Abiding through Zeal—with cross references and subject and author indexes. Featuring quotations from the early church fathers through the 21st century's best writers, The Complete Guide to Christian Quotations is ideal for speakers, writers, and book lovers—who can find great leads on worthy volumes.

**the princess within by serita jakes: NKJV, The New Spirit-Filled Life Bible for Women** Thomas Nelson, 2007-11-04 The Word of God is a love letter from the heart of our heavenly Father. It is unequalled in its ability to comfort, to counsel, to challenge, to exhort, and to change lives. The New Spirit-Filled Life Bible for Women beautifully presents the rich and timeless truths of God's living Word with wisdom from more than 100 of the most respected women in the body of Christ. These beloved authors, speakers, and ministry leaders have come together to help you understand and apply the Scriptures to your life as you discover God's promises and fulfill His holy purpose for you by the power of the Holy Spirit.

**the princess within by serita jakes: Beauty by the Book** Nancy Stafford, 2002-02-06 From celebrated Hollywood starlets to the covers of Cosmo, our society seems obsessed with beauty.

Actress and Main Floor host Nancy Stafford (best known for her starring role as Michelle Thomas on *Matlock*) digs below our culture's fixation on outward appearance to show you that true beauty is more than skin-deep. Every woman has beauty, says Stafford, but not everyone sees it. I want you to see it. In *Beauty by the Book* she bares her heart to readers, laying out the Scriptures, promises, and truths women need to know to find their true value. Her liberating reflections will help you see yourself as God sees you -- worthy, lovable, and beautiful. "Mirror, Mirror, on the Wall..." What do you see when you look in the mirror? Do you see a unique individual created in the image of Beauty itself—one chosen, Cherished, and valued in the eyes of God? If not, you may be looking in the wrong mirror—one distorted by emotional wounds, lies from your past, or the unrealistic standards of our culture. "Everyone has beauty and worth," says Nancy Stafford, "but not everyone sees it. I want you to see it." Nancy shares her own poignant story and holds up the true mirror of God's Word—inviting you to see yourself as God sees you, to absorb His truth, and to know beyond a shadow of a doubt that the King is enthralled by your beauty!

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