a caregivers guide to dementia

A Caregivers Guide to Dementia: Navigating the Journey with Compassion and Knowledge

a caregivers guide to dementia is essential reading for anyone stepping into the role of supporting a loved one through this challenging condition. Dementia, a broad term encompassing various cognitive impairments such as Alzheimer’s disease, vascular dementia, and Lewy body dementia, affects millions worldwide. For caregivers, understanding the nuances of dementia is not only about managing symptoms but also about embracing empathy, patience, and practical strategies to enhance the quality of life for both the person living with dementia and themselves.

In this comprehensive guide, we’ll explore the key aspects every caregiver should know—from recognizing early signs and communicating effectively to managing daily routines and seeking support. Whether you are a family member, friend, or professional caregiver, this resource aims to empower you with insights and tools that make this demanding journey a little more manageable and a lot more compassionate.

Understanding Dementia: The Foundation of Effective Caregiving

Before diving into caregiving techniques, it’s crucial to grasp what dementia really entails. Dementia is not a single disease but a syndrome characterized by a decline in memory, thinking, behavior, and the ability to perform everyday activities. It progresses differently in each person, which makes personalized care vital.

Recognizing Early Signs and Symptoms

Identifying dementia early can help in planning appropriate care and interventions. Common signs include memory loss that disrupts daily life, difficulty planning or solving problems, confusion with time or place, trouble understanding visual images and spatial relationships, and changes in mood or personality.

Often, these symptoms might be subtle at first—such as forgetting appointments or misplacing items—which can be mistaken for normal aging. Being vigilant and consulting healthcare professionals for proper diagnosis is a critical first step in caregiving.

Types of Dementia and What They Mean for Care

Different types of dementia present unique challenges. Alzheimer’s disease is the most common type, characterized by gradual memory loss and cognitive decline. Vascular dementia arises from reduced blood flow to the brain, leading to problems with reasoning and judgment. Lewy body dementia often causes visual hallucinations and motor symptoms similar to Parkinson’s disease.

Understanding the specific type of dementia helps caregivers anticipate symptoms and tailor their approach. For example, managing hallucinations requires different strategies than addressing memory loss alone.

Effective Communication: Bridging the Gap

One of the most significant challenges in dementia caregiving is communication. As cognitive abilities decline, expressing needs and emotions becomes harder for the person with dementia, leading to frustration on both sides.

Techniques for Meaningful Interaction

- **Use simple language:** Speak slowly, use short sentences, and avoid complex words.
- **Maintain eye contact:** This helps convey attention and reassurance.
- **Be patient:** Give the person extra time to process information and respond.
- **Listen actively:** Pay attention to non-verbal cues such as facial expressions and body language.
- **Avoid correcting or arguing:** Instead, validate feelings and gently redirect conversations when needed.

These techniques foster a supportive environment that respects the dignity and humanity of those living with dementia.

Non-Verbal Communication Matters

Sometimes, words aren’t enough. Touch, gestures, and tone of voice can communicate comfort and understanding. A gentle hand on the shoulder, a warm smile, or a calm tone can ease anxiety and build trust.

Daily Care and Routine Management

Maintaining a structured daily routine is a cornerstone of dementia care. It helps reduce confusion and anxiety by providing predictability and security.

Establishing a Consistent Schedule

Creating a regular timetable for meals, activities, medication, and rest can greatly benefit someone with dementia. Consistency helps reinforce memory through repetition and minimizes the stress of unexpected changes.

Assisting with Personal Care

Personal hygiene tasks such as bathing, dressing, and grooming can become difficult. Approach these moments with sensitivity:

- Offer choices to maintain autonomy (e.g., “Would you like to wear the blue shirt or the green one today?”).
- Break tasks into simple steps.
- Use visual cues or demonstrations.
- Ensure safety by removing hazards and providing support as needed.

Nutrition and Hydration

Proper nutrition plays an essential role in overall health. Dementia may affect appetite, swallowing, or the ability to recognize hunger. Caregivers should:

- Provide balanced meals rich in nutrients.
- Encourage small, frequent meals if appetite is low.
- Monitor for signs of dehydration.
- Consult healthcare providers for dietary recommendations or supplements.

Managing Behavioral Changes and Emotional Well-Being

Behavioral symptoms such as agitation, aggression, wandering, or sundowning (increased confusion in the evening) are common in dementia and can be distressing.

Understanding Triggers

Behavioral changes often stem from unmet needs or environmental factors. Noise, fatigue, unfamiliar surroundings, or frustration over lost abilities can trigger these responses.

Strategies to Calm and Support

- Create a calm, familiar environment.
- Use soothing music or gentle activities.
- Redirect attention to positive or engaging tasks.
- Avoid confrontation; respond with empathy.
- Consider consulting specialists for medication management if behaviors become severe.

Caregiver Self-Care: Nurturing Your Own Well-Being

Caring for someone with dementia is emotionally and physically demanding. Recognizing the importance of your own health is vital to sustaining quality care.

Recognizing Caregiver Stress

Signs of burnout include fatigue, irritability, sleep disturbances, and feelings of helplessness. Acknowledging these feelings early can prevent more serious health issues.

Practical Tips for Self-Care

- Take regular breaks; even short respites can recharge your energy.
- Seek support groups or counseling to share experiences and gain advice.
- Maintain your social connections and hobbies.
- Practice relaxation techniques such as meditation or gentle exercise.
- Don’t hesitate to ask for help from family, friends, or professional respite care services.

Resources and Support Networks

No caregiver should feel alone in this journey. Numerous organizations offer valuable resources, education, and community connections.

Local and National Support Services

- Alzheimer’s Association and similar nonprofits provide helplines, educational workshops, and online forums.
- Adult day care centers offer socialization and supervision.
- Home health aides and professional caregiving services can provide additional assistance.
- Legal and financial advisors help manage planning for long-term care.

Exploring these options early can ease the caregiving burden and ensure comprehensive support for your loved one.

Navigating the complexities of dementia care requires not just knowledge but heart. A caregivers guide to dementia is more than a manual; it’s a companion that reminds us to approach every challenge with kindness, creativity, and resilience. Each day brings new lessons and moments of connection, underscoring the profound impact caregivers have in preserving the dignity and humanity of those living with dementia.

Frequently Asked Questions

What is the primary purpose of 'A Caregiver's Guide to Dementia'?

'A Caregiver's Guide to Dementia' aims to provide practical advice, emotional support, and useful strategies to help caregivers effectively care for individuals living with dementia.

What are the common challenges faced by caregivers of dementia patients?

Common challenges include managing memory loss and behavioral changes, ensuring safety, coping with emotional stress, communication difficulties, and balancing caregiving with personal life.

How can caregivers manage difficult behaviors in dementia patients?

Caregivers can manage difficult behaviors by staying calm, identifying triggers, using clear and simple communication, providing a structured routine, and seeking professional help when needed.

What are effective communication tips from 'A Caregiver's Guide to Dementia'?

Effective communication includes using simple sentences, maintaining eye contact, being patient, using non-verbal cues, and validating the person’s feelings without arguing.

How important is self-care for caregivers according to the guide?

Self-care is crucial as it helps caregivers maintain their physical and mental health, prevents burnout, and enables them to provide better care for their loved ones.

What safety measures should be taken when caring for someone with dementia?

Safety measures include removing hazards from the home, using locks or alarms, monitoring medication, ensuring proper nutrition, and supervising activities to prevent falls or wandering.

Does the guide suggest ways to support the emotional needs of dementia patients?

Yes, it suggests providing reassurance, engaging in meaningful activities, maintaining social connections, and being patient and empathetic to support emotional well-being.

What role do routines play in caring for someone with dementia?

Routines provide structure and predictability, which can reduce anxiety and confusion for dementia patients, making daily activities easier to manage.

How can caregivers prepare for the progression of dementia?

Caregivers should educate themselves about the stages of dementia, plan for increasing care needs, seek support services, and discuss legal and financial matters early on.

Are there resources recommended in 'A Caregiver's Guide to Dementia' for additional support?

Yes, the guide often recommends support groups, professional counseling, respite care services, and educational materials to help caregivers manage their responsibilities effectively.

Additional Resources

A Caregiver’s Guide to Dementia: Navigating the Complexities of Care

a caregivers guide to dementia serves as an essential resource for those entrusted with the well-being of individuals living with this challenging condition. Dementia, characterized by a decline in cognitive function beyond what might be expected from normal aging, poses multifaceted challenges—not only for the affected individuals but equally for their caregivers. Understanding the nuances of dementia care is critical in delivering compassionate, effective support while managing the emotional and physical demands placed on caregivers.

Understanding Dementia: A Complex Spectrum

Dementia is not a single disease but an umbrella term encompassing various neurological disorders, including Alzheimer’s disease, vascular dementia, Lewy body dementia, and frontotemporal dementia. Each type presents distinct symptoms and progression patterns, complicating diagnosis and care approaches. According to the World Health Organization, approximately 55 million people worldwide live with dementia, a number expected to triple by 2050. This growing prevalence underscores the importance of equipping caregivers with comprehensive knowledge and practical skills.

Cognitive symptoms such as memory loss, impaired judgment, and language difficulties are hallmark features. However, behavioral changes, including agitation, depression, and sleep disturbances, often contribute significantly to caregiver burden. Recognizing these diverse manifestations is a foundational step in tailoring care strategies that address both physical and psychological needs.

Key Challenges Faced by Dementia Caregivers

Caregivers of individuals with dementia frequently encounter a unique set of obstacles that can impact their quality of life and caregiving effectiveness. These challenges include:

Emotional and Psychological Strain

The progressive nature of dementia often results in profound emotional distress for caregivers. Witnessing the gradual loss of a loved one’s cognitive abilities can trigger feelings of grief, frustration, and helplessness. Studies show that caregivers of dementia patients have higher rates of depression and anxiety compared to caregivers of patients with other chronic illnesses.

Physical Demands and Health Implications

Providing daily assistance with activities of daily living (ADLs)—such as bathing, dressing, and feeding—can be physically taxing. Over time, the continuous physical effort, coupled with disrupted sleep patterns caused by the patient’s nocturnal restlessness, may lead to caregiver fatigue and a decline in their own health.

Communication Barriers

Dementia often impairs the ability to communicate effectively, resulting in misunderstandings and increased frustration on both sides. Caregivers must develop adaptive communication techniques that accommodate progressive language deficits and cognitive changes.

Effective Strategies in Dementia Caregiving

Navigating the complexities of dementia caregiving requires a multipronged approach that combines medical knowledge, emotional resilience, and practical skills.

Establishing Routine and Structure

Consistency helps mitigate confusion and anxiety in dementia patients. Creating a predictable daily schedule with regular meal times, medication administration, and engaging activities can provide a sense of security. Environmental modifications, such as clear signage and minimizing clutter, further assist in orientation and reduce fall risks.

Utilizing Communication Techniques

Adapting communication styles to match the patient’s cognitive level is crucial. This involves:

- Using simple, clear sentences.
- Maintaining eye contact and a calm tone.
- Encouraging non-verbal cues such as gestures and facial expressions.
- Allowing extra time for responses.

Such approaches can reduce frustration and foster a more positive interaction.

Promoting Engagement and Cognitive Stimulation

Engagement in meaningful activities is beneficial for maintaining cognitive function and emotional well-being. Activities tailored to the individual’s interests and abilities—ranging from music therapy and reminiscence sessions to light physical exercise—can alleviate behavioral symptoms and enhance quality of life.

Managing Behavioral and Psychological Symptoms

Behavioral symptoms such as aggression, wandering, or sundowning present significant caregiving challenges. Non-pharmacological interventions, including environmental adjustments, distraction techniques, and validation therapy, are preferred initial strategies. When necessary, medical consultation for pharmacological management should be sought, balancing benefits against potential side effects.

Support Systems and Resources for Caregivers

No caregiver should navigate dementia care in isolation. Accessing support networks and resources is vital for sustaining caregiving capacity and personal well-being.

Professional and Community Support

Engaging with healthcare professionals—neurologists, geriatricians, and social workers—provides essential guidance on disease management and care planning. Additionally, community organizations often offer respite care, support groups, and educational workshops that can alleviate caregiver strain.

Technological Aids and Monitoring

Innovations such as GPS tracking devices, medication reminders, and emergency alert systems enhance safety and reduce caregiver anxiety. Telehealth platforms also facilitate remote consultations, allowing timely intervention without the stress of travel.

Legal and Financial Planning

Proactive legal planning, including establishing power of attorney and advance directives, protects the rights and wishes of individuals with dementia. Financial counseling can assist caregivers in managing costs associated with long-term care, which can be substantial.

The Importance of Self-Care for Caregivers

Sustained caregiving demands necessitate deliberate attention to the caregiver’s own health. Neglecting self-care can precipitate burnout, compromising both caregiver and patient outcomes.

Strategies for Maintaining Well-Being

- Regularly scheduling personal time and leisure activities.
- Seeking professional counseling or therapy to manage stress.
- Maintaining social connections to prevent isolation.
- Engaging in physical exercise and maintaining a balanced diet.

Encouraging caregivers to recognize their limits and ask for help is a fundamental component of a caregivers guide to dementia.

Future Directions in Dementia Caregiving

Research continues to evolve in the search for effective treatments and support mechanisms. Emerging therapies targeting disease modification offer hope, while advancements in caregiver education and technology promise improved quality of care. Policies aimed at increasing caregiver support and reducing financial burdens remain critical areas for advocacy.

In essence, a caregivers guide to dementia is a dynamic, evolving toolkit that encompasses not only medical and practical knowledge but also emotional and social dimensions. Empowering caregivers with comprehensive, evidence-based information enables them to meet the multifaceted demands of dementia care with competence and compassion.

A Caregivers Guide To Dementia

Find other PDF articles:
https://old.rga.ca/archive-th-081/Book?ID=CRv36-3860&title=advanced-engineering-mathematics-zill-solutions.pdf

a caregivers guide to dementia: A Caregiver's Guide to Dementia Laura N. Gitlin, Catherine Verrier Piersol, 2014 [This book] explores the use of activities and other techniques to prevent, reduce and manage the behavioral symptoms of dementia. Separate sections cover daily activities, effective communication, home safety and difficult behaviors, with explicit strategies to handle agitation, repetitive questions, acting-out, wandering, restlessness, hoarding, resistance to care, incontinence, destructiveness, sexually and socially inappropriate acts at home and in public, aggressiveness, depression, and sleep disturbances. Worksheets are provided to help caregivers customize the strategies that work best for them. -- Back cover.

a caregivers guide to dementia: *The Caregiver's Guide to Dementia* Gail Weatherill, 2020-01-21 Care for yourself, while caring for a loved one with dementia When caring for someone with dementia, your own mental stability can be the single most critical factor in your loved one's quality of life. The Caregiver's Guide to Dementia brings practical and comprehensive guidance to understanding the illness, caring for someone, and caring for yourself. From understanding common behavioral and mood changes to making financial decisions, this book contains bulleted lists of actions you can take to improve your health and your caregiving. Inspirational and compassionate, it focuses on the caregiver's underlying love and humanity that cannot be taken away by any disease. In The Caregiver's Guide to Dementia you'll find: Dementia defined--Understand dementia and its many forms, with an explanation of the illness and its variations. Caregiver wellness--At the end of each chapter, a small section provides relaxation and mindfulness exercises and reflection for dementia caregivers. Practical approach--The back of the book is filled with resources, from financial planning to tips on safety, along with questions for health care professionals, lawyers, accountants, therapists, and friends.

a caregivers guide to dementia: An Unintended Journey Janet Yagoda Shagam, 2013-07-16 According to the 2009 census, more than five million people living in the United States have Alzheimer's disease or some other form of dementia. Not reported in these statistics are the fifteen million family caregivers who, in total, contribute seventeen billion hours of unpaid care each year. This book addresses the needs and challenges faced by adult children and other family members who are scrambling to make sense of what is happening to themselves and the loved ones in their care. The author, an experienced medical and science writer known for her ability to clearly explain complex and emotionally sensitive topics, is also a former family caregiver herself. Using both personal narrative and well-researched, expert-verified content, she guides readers through the often-confusing and challenging world of dementia care. She carefully escorts caregivers through the basics of dementia as a brain disorder, its accompanying behaviors, the procedures used to diagnose and stage the disease, and the legal aspects of providing care for an adult who is no longer competent. She also covers topics not usually included in other books on dementia: family dynamics, caregiver burnout, elder abuse, incontinence, finances and paying for care, the challenges same-sex families face, and coping with the eventuality of death and estate management. Each chapter begins with a real-life vignette taken from the author's personal experience and concludes with Frequently Asked Questions and Worksheets sections. The FAQs tackle specific issues and situations that often make caregiving such a challenge. The worksheets are a tool to help readers organize, evaluate, and self-reflect. A glossary of terms, an appendix, and references for further reading give readers a command of the vocabulary clinicians use and access to valuable resources.

a caregivers guide to dementia: What If It's Not Alzheimer's? Gary Radin, Lisa Radin, 2022-10-15 Although the public most often associates dementia with Alzheimer’s disease, the medical profession continues to advance distinctions of various types of “other” dementias. What If It’s Not Alzheimer’s? is the first and remains the only comprehensive guide dealing with frontotemporal degeneration (FTD), the most common form of dementia for people under 60 years of age. The contributors are either specialists in their fields or have exceptional hands-on experience with FTD sufferers. Beginning with a focus on the medical facts, the first part defines and explores FTD as an illness distinct from Alzheimer's disease. Also considered are clinical and medical care issues and practices, as well as such topics as finding a medical team, palliative approaches to managing care and rehabilitation interventions. The next section on managing care examines the daily care routine including exercise, socialization, adapting the home environment, and behavioral issues along with end-of-life concerns. In the following section on caregiver resources, the contributors identify professional and government assistance programs along with private and community resources and legal options. The final section focuses on the caregiver, in particular the need for respite, holistic health practices and the challenge of managing emotions. This new, completely revised edition continues to follow worldwide collaboration in research and provides the most current medical information available including understanding of the different classifications of FTD, and more clarity regarding the role of genetics. Additionally, essays written by people living with the disease provide moving, first-hand experiences. The wealth of information offered in these pages will help both healthcare professionals and caregivers of someone suffering from frontotemporal degeneration.

a caregivers guide to dementia: A Caregiver's Guide for Dementia and Alzheimer's Disease Jenny Daniels, 2024-12-11 Are you caring for a loved one with dementia or Alzheimer's? Struggling to find answers and wondering if anyone truly understands? A Caregiver's Guide to Dementia and Alzheimer's Disease takes you on a journey that is as complex and emotional as it is rewarding. Written by someone who has been there, who has felt the exhaustion and moments of doubt, but also the unexpected joy and deep connection, this guide doesn't shy away from the real struggles that caregivers face every day. In these pages, you'll find a compassionate companion for every step of the way, from recognizing the early signs of dementia to creating daily routines that bring comfort, from managing the most difficult behaviors to preparing for end-of-life care. This book offers a deep well of resources, from proven communication techniques to practical templates and checklists designed to make daily care easier and more meaningful. Filled with real-life stories that show the strength, humor, and humanity of the caregiver's role, this book reminds you that you're not alone. Each chapter is crafted to meet you where you are-whether you're looking for medical advice, a better way to manage your loved one's needs, or simply the comfort of knowing that someone truly understands what you're going through. This book is your guide, your support, and a reminder that caregiving, while challenging, can also be a deeply meaningful experience. GRAB YOUR COPY today and discover the support, wisdom, and practical tools that can make your journey a little brighter, a little more manageable, and, above all, a little more connected.

a caregivers guide to dementia: A Caregiver's Guide to Dementia - Caring for a Person with Alzheimer's Disease Samuel Eleyinte, 2019-02-04 A Caregiver's Guide to Dementia - Caring for a Person with Alzheimer's Disease This guide is for people who care for family members or otherswith Alzheimer's disease (AD) at home. AD is an illnessthat changes the brain. It causes people to lose the ability toremember, think, and use good judgment and to have troubletaking care of themselves. Over time, as the disease gets worse, they will need more help. Sometimes, taking care of the person with AD makes you feelgood because you are providing love and comfort. Other times, it can be overwhelming. Also, each day brings new challenges.You may not even realize how much you have taken on becausethe changes can happen slowly over a long period of time.We've written this guide to help you learn about and cope withthese changes and challenges. Starting on page 94, you will findsuggestions for taking care of yourself, which help you to be agood caregiver.

a caregivers guide to dementia: What If It's Not Alzheimer's? (Updated and Revised) Lisa Radin, Gary Radin, Includes Vital Information on Frontotemporal Dementia (FTD)Foreword by John Q. Trojanowski, MD, PhD, Director, Alzheimer's Disease Center, University of Pennsylvania HospitalAlthough the public most often associates dementia with Alzheimer's disease, the medical profession now distinguishes various types of other dementias. This book is the first comprehensive guide dealing with frontotemporal dementia (FTD), one of the largest groups of non-Alzheimer's dementias. The contributors are either specialists in their fields or have exceptional hands-on experience with FTD sufferers.Beginning with a focus on the medical facts, the first part defines and explores FTD as an illness distinct from Alzheimer's disease. Also considered are clinical and medical care issues and practices, as well as such topics as finding a medical team and rehabilitation interventions. The next section on managing care examines the daily care routine including exercise, socialization, adapting the home environment, and behavioral issues. In the following section on caregiver resources, the contributors identify professional and government assistance programs along with private resources and legal options.This newly revised edition follows recent worldwide collaboration in research and provides the most current medical information available, a better understanding of the different classifications of FTD, and more clarity regarding the role of genetics. A completely new chapter 5 enlightens the reader about the various drugs that are now being used with FTD patients and also delves into a number of nonmedical options. The wealth of information offered in these pages will help both healthcare professionals and caregivers of someone suffering from frontotemporal dementia.Lisa Radin and her son, Gary Radin, provided complete care for father and husband Neil Radin over a four-year period. Based on this firsthand experience with a devastating illness, they compiled this collection of expert articles on FTD by medical specialists, healthcare professionals, and fellow caregivers. Gary and Lisa founded in 1998 the Neil L. Radin Caregivers Relief Foundation and were both involved in planning and coordinating the Multidisciplinary Conference on Picks Disease & Frontotemporal Dementia held in May 1999 in Philadelphia; the proceedings of this conference were published in Neurology. Lisa also provided organizational support for the Frontotemporal Dementia and Pick's Disease Criteria Conference held at the National Institutes of Health in July 2000 in Bethesda, MD.

a caregivers guide to dementia: A Caregiver's Guide to Dementia Janet Yagoda Shagam, 2021-10-12 *New Edition with Updated dementia, dementia care, and resource information.* According to the Alzheimer’s Association, there are more than six million people living in the United States have Alzheimer's disease or some other form of dementia. Not reported in these statistics are the sixteen million family caregivers who, in total, contribute nineteen billion hours of unpaid care each year. This book addresses the needs and challenges faced by adult children and other family members who are scrambling to make sense of what is happening to themselves and the loved ones in their care. The author, an experienced medical and science writer known for her ability to clearly explain complex and emotionally sensitive topics, is also a former family caregiver herself. Using both personal narrative and well-researched, expert-verified content, she guides readers through the often-confusing and challenging world of dementia care. She carefully escorts caregivers through the basics of dementia as a brain disorder, its accompanying behaviors, the procedures used to diagnose and stage the disease, and the legal aspects of providing care for an adult who is no longer competent. She also covers topics not usually included in other books on dementia: family dynamics, caregiver burnout, elder abuse, incontinence, finances and paying for care, the challenges same-sex families face, and coping with the eventuality of death and estate management. Each chapter begins with a real-life vignette taken from the author's personal experience and concludes with Frequently Asked Questions and Worksheets sections. The FAQs tackle specific issues and situations that often make caregiving such a challenge. The worksheets are a tool to help readers organize, evaluate, and self-reflect. A glossary of terms, an appendix, and references for further reading give readers a command of the vocabulary clinicians use and access to valuable resources.

a caregivers guide to dementia: *A Caregiver's Guide to Lewy Body Dementia* Helen Buell Whitworth, James Whitworth, 2020-11-15 Jim and Helen Whitworth have done an outstanding job not only of collecting a comprehensive compendium on all aspects of LBD, but they also have provided a personal touch with a moving compilation of anecdotes, stories, and quotes. I commend them for their efforts and will most certainly recommend this book as required reading for all my LBD patients and their families. -James E. Galvin, MD, MPH, Director, Comprehensive Center for Brain Health, Chief of Cognitive Aging for Palm Beach and Broward Counties, University of Miami Miller School of Medicine A Caregiver's Guide to Lewy Body Dementia is the first book to present a thorough picture of what Lewy body dementia really is. Combining current strategies for managing symptoms and behaviors with personal examples that connect to readers' own experiences, this is the ideal book for caregivers, family members, and friends of individuals seeking to understand the disease and provide support to their loved ones. Written in easy-to-read language, the chapters incorporate handy facts and tips throughout, definitions of key terms, and practical wisdom to help caregivers navigate the day-to-day. Links to online resources, support groups, and associations are collected at the end of the book for further reference. As a complete guide to Lewy body dementia, this revised and updated second edition includes coverage of recent research developments and topic areas of growing interest, including: Updated information on the latest drug and treatment options Brand new chapter on the psychology of dementia, explaining the ways dementia changes the brain and how caregivers can continue to relate to their loved ones Discussions of the various causes for dementia-related behaviors and responsive dementia care techniques for caregivers to follow Expanded section on alternative therapies in a new chapter dedicated to managing stress

a caregivers guide to dementia: *Surviving the Storm* Noel R, 2023-02-04 For anybody who is taking care of a loved one with dementia, Surviving the Storm: A Caregiver's Guide to Dementia is a vital resource. This informative reference offers a complete overview of dementia and its many phases as well as useful advice and techniques for coping with the difficulties of caring. The book covers subjects including dementia diagnosis and treatment, caring for a loved one with dementia, making a care plan, fostering a good atmosphere, resolving financial difficulties, handling aggressive and challenging behaviors, avoiding caregiver burnout. Along with obtaining advice from professionals and other caregivers, the author also stresses the need of prioritizing self-care, setting boundaries, and engaging in self-care. Surviving the Storm is a must- read for anybody who wishes to provide their loved one the finest care while also caring for themselves, with an emphasis on finding meaning and pleasure in caregiving.

a caregivers guide to dementia: Let's Talk Dementia Carol Howell, 2015-08-19 Let's Talk Dementia!Carol Howell, a Certified Dementia Specialist and caregiver to her mother, helps to educate the reader on the various forms of dementia. She also provides hands-on tips that make life easier for the caregiver and better for the loved one with dementia. The book is scattered with smiles that brighten the day. The author reminds the readers of her motto-Knowledge brings POWER. Power brings HOPE, and HOPE brings SMILES.You've just got to laugh! Let's Talk Dementia is an informative and reassuring guide that will help you through what, for many people, can seem like an overwhelming challenge. By making medical information easy to understand and providing practical tips for dealing with countless day-to-day situations, this handy book gives you everything you need. - Dr. Neal Barnard, MD, Best Selling Author and frequent guest on The Ellen DeGeneres Show, CBS Morning Show, and many othersThis is a well written book for the families affected by Alzheimer's disease. It is easy to understand and provides excellent education and guidance to the caregivers in their struggle to manage their relatives. This should be a must read for anyone involved in Alzheimer's care. - M. Reza Bolouri, MDSpot on advice from someone who knows dementia. If someone you love has dementia, you need this book. - Dr. Steve OehmePublished in connection with Hartline Literary Agency, serving the Christian book community. Visit us at www.hartlineliterary.com.

a caregivers guide to dementia: The Dementia Caregiver Marc E. Agronin, 2015-10-22 Becoming a caregiver for someone with Alzheimer’s disease or another neurocognitive disorder can be an unexpected, undesirable, underappreciated—and yet noble role. It is heartbreaking to watch someone lose the very cognitive capacities that once helped to define them as a person. But because of the nature of these disorders, the only way to become an effective caregiver and cope with the role’s many daily challenges is to become well-informed about the disease. With the right information, resources and tips on caregiving and working with professionals, you can become your own expert at both caring for your charge and taking care of yourself. In these pages, Marc Agronin guides readers through a better understanding of the changes their loved one may be going through, and helps them tap into the various resources available to them as they embark on an uncertain caregiving journey. Insisting that a caregiver also maintain his or her own health and well being, Agronin guides caregivers in their efforts to provide care, but to also look to themselves as recipients of care from themselves and others. Shedding light on the debilitating disorders themselves as well as their everyday realities, this book is a much-needed resource for anyone caring for another person suffering from Alzheimer’s disease and other neurocognitive disorders.

a caregivers guide to dementia: Dementia Sylvia Engdahl, 2013-03-15 Dementia is caused by a variety of brain illnesses that affect memory, thinking, behavior, and ability to perform everyday activities. This guidebook provides essential information on Dementia, but also serves as a historical survey, by providing information on the controversies surrounding its causes, and first-person narratives by people coping with Dementia. Readers will learn from the words of patients, family members, or caregivers. The symptoms, causes, treatments, and potential cures are explained in detail. Alternative treatments are also covered. Each essay is carefully edited and presented with an introduction, so that they are accessible for student researchers and readers.

a caregivers guide to dementia: going home Ben Blyton, 2010-09-28 This is a down to earth how to book that is packed with tips from many seasoned caregivers. This Christian based book offers the reader large easy to read print. The author's wry sense of humor lends a sense of lightheartedness to the otherwise dry and often depressing field of caregiving. Follow the author as several experienced caregivers weigh in with what you might expect in the role of being a caregiver. Knowing what to expect can help you plan ahead for the caregiving opportunity that lies ahead. By Jesus' strips mankind was healed. By your stripes ye shall have the way prepared for you.

a caregivers guide to dementia: The Ultimate Caregiver's Guide to Dementia Tracey Kniess, Janice Rizzo, 2024-10-12 This book was crafted with you in mind, focusing on practical strategies that address the unique demands of dementia caregiving

a caregivers guide to dementia: A Dementia Caregiver's Guide to Care Macie, 2019-02-20 What you will find in this 32-page interactive guidebook are Dr. Macie Smith's unique responses to typical questions dementia caregivers find themselves asking over and over again. As a Licensed Gerontology Social Worker, Dr. Smith responds to questions that range from the treatment of Alzheimer's to getting your loved one to drink water. You'll be happy to know that Dr. Smith's approach to responding to caregivers' questions is through 19 years of real world experiences both personally and professionally. It's real talk for real people with real concerns-Because more than 15 million dementia caregivers deserve practical tangible information to help guide their journey.

a caregivers guide to dementia: A Caregiver's Guide to Lewy Body Dementia Helen Buell Whitworth, James Whitworth, 2010-10-20 Although Lewy Body Dementia is the second leading cause of degenerative dementia in the elderly, it is not well known or understood and is often confused with Alzheimer' Disease or Parkinson's. The Caregivers Guide to Lewy Body Dementia is the first book

a caregivers guide to dementia: *Dementia Caregivers Guide* SAN. K, 2025-01-26 Dementia Caregivers Guide: Lessons from a Caregiver with Love The Best Practical and Friends Approach to Dementia Care Welcome to a guide that transcends the conventional, offering a heartfelt, personal approach to dementia and Alzheimer's caregiving. Dementia Caregivers Guide: Lessons from a Caregiver with Love is not just a book; it's a companion for those navigating the challenging yet rewarding path of caring for loved ones with dementia or Alzheimer's. Authored by a caregiver who has walked this path with love, laughter, and invaluable lessons, this guide provides a unique blend of practical wisdom and emotional support. Why This Guide Stands Out: Personal Touch: Each chapter is woven with real-life stories, bringing to life the subtle nuances of caregiving with dementia and Alzheimer's. From understanding the progression through the GEMS(R) system to managing daily routines, these narratives offer comfort and insight. Practical Strategies: Dive into actionable advice tailored for each stage of dementia. Learn about the 'Hand Under Hand' technique, the therapeutic power of music, and how to create a comforting environment that respects the dignity of your loved one. Emotional Connection: This book emphasizes the importance of maintaining emotional bonds. Discover how small gestures, like the right touch or a familiar tune, can bridge the gap that dementia or Alzheimer's might create. Community and Support: Feel the warmth of community as the guide explores the vital role of support groups and professional care services. It's about building your support tribe, sharing in the joy, and finding strength in numbers. End-of-Life Care: Approach end-of-life care with sensitivity and love. The guide gently navigates through advance directives, hospice care, and the celebration of a life well-lived, ensuring your loved one's final journey is filled with peace and dignity. Legal and Financial Guidance: Practical yet personal, this section guides you through the legal mazes like power of attorney and financial planning with a heart-to-heart tone, ensuring you're prepared for the journey ahead. Inside the Book: Introduction: A warm invitation into the journey of caregiving, setting the tone for love, laughter, and lessons. Chapter 1: Understanding Dementia Through the GEMS(R) System - A visual and emotional roadmap. Chapter 2: Early Signs and Daily Management - Practical tips for managing the initial stages with humor and care. Chapter 3: Navigating Mild Cognitive Changes - Techniques like 'Hand Under Hand' to foster connection. Chapter 4: Moderate Symptoms and Emotional Connections - Strategies for maintaining bonds amidst confusion. Chapter 5: Advanced Care and Behavioral Challenges - Creative approaches to comfort and safety. Chapter 6: End Stage Care and Comfort - Compassionate end-of-life care planning. Chapter 7: Legal and Financial Planning - Essential guidance with a personal touch. Chapter 8: Community and Professional Support - The importance of finding your support network. Chapter 9: 10 Things Every Caregiver Should Know - Wisdom shared around a campfire. Chapter 10: 10 Things That Bring Comfort to Your Loved One - Creating moments of peace and joy. Conclusion: A reflective look forward, celebrating the journey, growth, and the enduring love that caregiving brings. Get your copy today and transform your caregiving experience with love, laughter, and lessons. Keywords: Dementia Care, Alzheimer's Care, Caregiving Guide, Emotional Support, Practical Advice, Caregiver Community, End-of-Life Care, Legal Planning, Financial Planning, Caregiver Journey, Love in Caregiving, Laughter in Caregiving, Lessons in Caregiving

a caregivers guide to dementia: *Let's Talk Dementia - a Caregiver's Guide* Carol Howell, 2013-05-14 What some are already saying about Let's Talk Dementia This is a well written book for the families affected by Alzheimer's disease. It is easy to understand and provides excellent education and guidance to the caregivers in their struggle to manage their relatives. This should be a must read for anyone involved in Alzheimer's care. M. Reza Bolouri, MD Spot on advice from someone who knows dementia. If someone you love has dementia, you need this book. Dr. Steve Oehme LET'S TALK DEMENTIA - A Caregiver's Guide is an informative, easy to read, and often humorous look at caregiving for someone with dementia. Carol Howell, a Certified Dementia Specialist and caregiver to her mother, helps to educate the reader on the various forms of dementia. She also provides hands-on tips that make life easier for the caregiver and better for the loved one with dementia. The book is scattered with smiles that brighten the day. The author reminds readers of her motto - Knowledge brings POWER. Power brings HOPE, and HOPE brings SMILES. Carol Howell is a work in progress. She has experienced the amazing pleasure of losing 100 pounds and learning how to live as a totally new person. This experience led her to write a book telling of the journey. That book is humorously titled, If My Body Is A Temple, Why Am I Eating Doughnuts? . Carol is a Certified Dementia Specialist and an Endorsed Music Therapy Coach. She works with families traveling the journey of dementia to help them gain information about the disease and to allow them to experience HOPE throughout the process. Through her work as a Music Therapy Coach, she brings music and rhythm to the lives of individuals who are experiencing the devastation of dementia. Carol has one child, Brandie, who is a Physician Assistant and getting married in October. Carol has been married 28 years to Michael whom she proclaims as too cute! Her mother was diagnosed with Alzheimer's in 2006. It is Carol's goal to make life wonderful for her Mom as together they LIVE with this disease.

a caregivers guide to dementia: Dementia , 2003

Related to a caregivers guide to dementia

TOP 10 Private Caregivers in Kenmore, WA - Affordable Rates Compare and hire the best caregiver to fit your needs. 60 caregivers are listed in Kenmore, WA. The average rate is $27/hr as of March 2024. The average experience for nearby caregivers is

| Simplifying the Search for In-Home Care Identify where and when you need help at home. Tell us the in-home services you need to ensure you are receiving the right care. Choose the agencies that you trust will meet your caregiving

Live In Caregiver at Home in Kenmore Washington | B'zoe Care Understanding Live In Caregiver Benefits For families across Kenmore and neighboring King County communities, our live-in caregiver services represent the pinnacle of independent

Get paid as a caregiver for a family member | USAGov Some long-term care insurance policies allow family members to get paid as caregivers. Contact your insurance agent and ask for a written confirmation of benefits. Some

In-Home Care Services in Kenmore, WA - With A Little Help Our caregivers provide thoughtful support with essential daily tasks such as grooming, dressing, meal preparation, and mobility assistance

Love Care Adult Family Home We specialize in care and daily living assistance to an array of individuals. Whether you need little or more assistance due to aging, illness, recovery, or rehabilitation, our care givers will provide

Caregiver Action Network: Resources for Family Caregivers Search by disease/condition, resource type, or caregiver role to find checklists, guides, and helpful tools for every stage of caregiving. From seeking support to organizing medical

Home Care Providers | CareBuilders at Home of Washington Whether you or a loved one needs a little help with daily tasks, more in-depth personal care and mobility assistance, or specialized care for issues like dementia, our home care providers

What Is a Caregiver? Roles, Responsibilities & Support | FreedomCare Caregivers can be family members, friends, or trained professionals, and their level of involvement varies depending on the needs of the person they are caring for.

Getting Started With Caregiving - National Institute on Aging Explore this guide to getting started with caregiving, finding support, and taking care of yourself. New to caregiving? Here’s what to do first. Caregiving can be overwhelming, especially at the

TOP 10 Private Caregivers in Kenmore, WA - Affordable Rates Compare and hire the best caregiver to fit your needs. 60 caregivers are listed in Kenmore, WA. The average rate is $27/hr as of March 2024. The average experience for nearby caregivers is

| Simplifying the Search for In-Home Care Identify where and when you need help at home. Tell us the in-home services you need to ensure you are receiving the right care. Choose the agencies that you trust will meet your caregiving

Live In Caregiver at Home in Kenmore Washington | B'zoe Care Understanding Live In Caregiver Benefits For families across Kenmore and neighboring King County communities, our live-in caregiver services represent the pinnacle of independent

Get paid as a caregiver for a family member | USAGov Some long-term care insurance policies allow family members to get paid as caregivers. Contact your insurance agent and ask for a written

confirmation of benefits. Some

In-Home Care Services in Kenmore, WA - With A Little Help Our caregivers provide thoughtful support with essential daily tasks such as grooming, dressing, meal preparation, and mobility assistance

Love Care Adult Family Home We specialize in care and daily living assistance to an array of individuals. Whether you need little or more assistance due to aging, illness, recovery, or rehabilitation, our care givers will provide

Caregiver Action Network: Resources for Family Caregivers Search by disease/condition, resource type, or caregiver role to find checklists, guides, and helpful tools for every stage of caregiving. From seeking support to organizing medical

Home Care Providers | CareBuilders at Home of Washington Whether you or a loved one needs a little help with daily tasks, more in-depth personal care and mobility assistance, or specialized care for issues like dementia, our home care providers

What Is a Caregiver? Roles, Responsibilities & Support | FreedomCare Caregivers can be family members, friends, or trained professionals, and their level of involvement varies depending on the needs of the person they are caring for.

Getting Started With Caregiving - National Institute on Aging Explore this guide to getting started with caregiving, finding support, and taking care of yourself. New to caregiving? Here’s what to do first. Caregiving can be overwhelming, especially at the

TOP 10 Private Caregivers in Kenmore, WA - Affordable Rates Compare and hire the best caregiver to fit your needs. 60 caregivers are listed in Kenmore, WA. The average rate is $27/hr as of March 2024. The average experience for nearby caregivers is

| Simplifying the Search for In-Home Care Identify where and when you need help at home. Tell us the in-home services you need to ensure you are receiving the right care. Choose the agencies that you trust will meet your caregiving

Live In Caregiver at Home in Kenmore Washington | B'zoe Care Understanding Live In Caregiver Benefits For families across Kenmore and neighboring King County communities, our live-in caregiver services represent the pinnacle of independent

Get paid as a caregiver for a family member | USAGov Some long-term care insurance policies allow family members to get paid as caregivers. Contact your insurance agent and ask for a written confirmation of benefits. Some

In-Home Care Services in Kenmore, WA - With A Little Help Our caregivers provide thoughtful support with essential daily tasks such as grooming, dressing, meal preparation, and mobility assistance

Love Care Adult Family Home We specialize in care and daily living assistance to an array of individuals. Whether you need little or more assistance due to aging, illness, recovery, or rehabilitation, our care givers will provide

Caregiver Action Network: Resources for Family Caregivers Search by disease/condition, resource type, or caregiver role to find checklists, guides, and helpful tools for every stage of caregiving. From seeking support to organizing medical

Home Care Providers | CareBuilders at Home of Washington Whether you or a loved one needs a little help with daily tasks, more in-depth personal care and mobility assistance, or specialized care for issues like dementia, our home care providers

What Is a Caregiver? Roles, Responsibilities & Support | FreedomCare Caregivers can be family members, friends, or trained professionals, and their level of involvement varies depending on the needs of the person they are caring for.

Getting Started With Caregiving - National Institute on Aging Explore this guide to getting started with caregiving, finding support, and taking care of yourself. New to caregiving? Here’s what to do first. Caregiving can be overwhelming, especially at the

TOP 10 Private Caregivers in Kenmore, WA - Affordable Rates Compare and hire the best caregiver to fit your needs. 60 caregivers are listed in Kenmore, WA. The average rate is $27/hr as of

March 2024. The average experience for nearby caregivers is

| Simplifying the Search for In-Home Care Identify where and when you need help at home. Tell us the in-home services you need to ensure you are receiving the right care. Choose the agencies that you trust will meet your caregiving

Live In Caregiver at Home in Kenmore Washington | B'zoe Care Understanding Live In Caregiver Benefits For families across Kenmore and neighboring King County communities, our live-in caregiver services represent the pinnacle of independent

Get paid as a caregiver for a family member | USAGov Some long-term care insurance policies allow family members to get paid as caregivers. Contact your insurance agent and ask for a written confirmation of benefits. Some

In-Home Care Services in Kenmore, WA - With A Little Help Our caregivers provide thoughtful support with essential daily tasks such as grooming, dressing, meal preparation, and mobility assistance

Love Care Adult Family Home We specialize in care and daily living assistance to an array of individuals. Whether you need little or more assistance due to aging, illness, recovery, or rehabilitation, our care givers will provide

Caregiver Action Network: Resources for Family Caregivers Search by disease/condition, resource type, or caregiver role to find checklists, guides, and helpful tools for every stage of caregiving. From seeking support to organizing medical

Home Care Providers | CareBuilders at Home of Washington Whether you or a loved one needs a little help with daily tasks, more in-depth personal care and mobility assistance, or specialized care for issues like dementia, our home care providers

What Is a Caregiver? Roles, Responsibilities & Support | FreedomCare Caregivers can be family members, friends, or trained professionals, and their level of involvement varies depending on the needs of the person they are caring for.

Getting Started With Caregiving - National Institute on Aging Explore this guide to getting started with caregiving, finding support, and taking care of yourself. New to caregiving? Here’s what to do first. Caregiving can be overwhelming, especially at the

TOP 10 Private Caregivers in Kenmore, WA - Affordable Rates Compare and hire the best caregiver to fit your needs. 60 caregivers are listed in Kenmore, WA. The average rate is $27/hr as of March 2024. The average experience for nearby caregivers is

| Simplifying the Search for In-Home Care Identify where and when you need help at home. Tell us the in-home services you need to ensure you are receiving the right care. Choose the agencies that you trust will meet your caregiving

Live In Caregiver at Home in Kenmore Washington | B'zoe Care Understanding Live In Caregiver Benefits For families across Kenmore and neighboring King County communities, our live-in caregiver services represent the pinnacle of independent living

Get paid as a caregiver for a family member | USAGov Some long-term care insurance policies allow family members to get paid as caregivers. Contact your insurance agent and ask for a written confirmation of benefits. Some

In-Home Care Services in Kenmore, WA - With A Little Help Our caregivers provide thoughtful support with essential daily tasks such as grooming, dressing, meal preparation, and mobility assistance

Love Care Adult Family Home We specialize in care and daily living assistance to an array of individuals. Whether you need little or more assistance due to aging, illness, recovery, or rehabilitation, our care givers will provide

Caregiver Action Network: Resources for Family Caregivers Search by disease/condition, resource type, or caregiver role to find checklists, guides, and helpful tools for every stage of caregiving. From seeking support to organizing medical

Home Care Providers | CareBuilders at Home of Washington Whether you or a loved one needs a little help with daily tasks, more in-depth personal care and mobility assistance, or specialized care for issues like dementia, our home care providers

What Is a Caregiver? Roles, Responsibilities & Support Caregivers can be family members, friends, or trained professionals, and their level of involvement varies depending on the needs of the person they are caring for.

Getting Started With Caregiving - National Institute on Aging Explore this guide to getting started with caregiving, finding support, and taking care of yourself. New to caregiving? Here’s what to do first. Caregiving can be overwhelming, especially at the

Related to a caregivers guide to dementia

Dementia Caregiving 101: Coping with behaviors associated with dementia (Sequim Gazette3hOpinion) Dear Readers, I launched the column “Dementia Caregiving 101” to be a lifeline for caregivers supporting loved ones facing

Dementia Caregiving 101: Coping with behaviors associated with dementia (Sequim Gazette3hOpinion) Dear Readers, I launched the column “Dementia Caregiving 101” to be a lifeline for caregivers supporting loved ones facing

I've faced judgment and isolation while being a caregiver for my husband, Bruce Willis. Here's what I want people to know. (3hon MSN) Emma Heming Willis opens up about caregiver guilt, tough choices and why ending the stigma around dementia matters

I've faced judgment and isolation while being a caregiver for my husband, Bruce Willis. Here's what I want people to know. (3hon MSN) Emma Heming Willis opens up about caregiver guilt, tough choices and why ending the stigma around dementia matters

A caregivers guide to dementia: How to take care of yourself and support a loved one with dementia (AOL1y) Every post on AlzConnected, a message board for individuals caring for loved ones with Alzheimer's and dementia, is heartfelt and authentic. (Is it normal for an Alzheimer’s patient to wave to himself

A caregivers guide to dementia: How to take care of yourself and support a loved one with dementia (AOL1y) Every post on AlzConnected, a message board for individuals caring for loved ones with Alzheimer's and dementia, is heartfelt and authentic. (Is it normal for an Alzheimer’s patient to wave to himself

Lost in Translation? The Caregiver’s Guide to Being a Dementia Whisperer (WTOP News8y) How comfortable are you speaking to a person with dementia? It’s a bit disconcerting, isn’t it, when on a bright and sunny day you ask, “How are you?” and you hear, “I hate rainy days.” Communicating

Lost in Translation? The Caregiver’s Guide to Being a Dementia Whisperer (WTOP News8y) How comfortable are you speaking to a person with dementia? It’s a bit disconcerting, isn’t it, when on a bright and sunny day you ask, “How are you?” and you hear, “I hate rainy days.” Communicating

Q&A: Early detection, patient and caregiver support, keys to future of Alzheimer’s care (Healio1d) Over 7 million Americans are living with the progressive and debilitating cognitive impairments caused by Alzheimer’s disease

Q&A: Early detection, patient and caregiver support, keys to future of Alzheimer’s care (Healio1d) Over 7 million Americans are living with the progressive and debilitating cognitive impairments caused by Alzheimer’s disease

Albuquerque woman writes book to guide those caring for someone with dementia (KOAT Albuquerque3y) THOSE CANCELED GAMES. AN ALBUQUERQUE WOMAN IS HELPING FAMILIES CARING FOR LOVED ONE WHO HAS DEMENTIA. SHE KNOWS THE PROCESS WELL. SHE TOOK CARE OF HER OWN MOTHER WHO SUFFERED THROUGH THE DISEASE. A

Albuquerque woman writes book to guide those caring for someone with dementia (KOAT Albuquerque3y) THOSE CANCELED GAMES. AN ALBUQUERQUE WOMAN IS HELPING FAMILIES CARING FOR LOVED ONE WHO HAS DEMENTIA. SHE KNOWS THE PROCESS WELL. SHE TOOK CARE OF HER OWN MOTHER WHO SUFFERED THROUGH THE DISEASE. A

An Unintended Journey: A Caregiver’s Guide to Dementia (Publishers Weekly12y) In this splendid manual, science writer Shagam (Regaining Bladder Control) combines the practicality of a how-to guide with the heartfelt story of caring for a parent suffering from senile dementia

An Unintended Journey: A Caregiver’s Guide to Dementia (Publishers Weekly12y) In this splendid manual, science writer Shagam (Regaining Bladder Control) combines the practicality of a how-to guide with the heartfelt story of caring for a parent suffering from senile dementia

Handling dementia: A caregiver’s guide (Honolulu Star-Advertiser7y) Around six million Americans have Alzheimer’s disease, and that number is expected to reach 15 million by 2060. In 2017, 47 million more had preclinical Alzheimer’s. They suffer neurodegeneration

Handling dementia: A caregiver’s guide (Honolulu Star-Advertiser7y) Around six million Americans have Alzheimer’s disease, and that number is expected to reach 15 million by 2060. In 2017, 47 million more had preclinical Alzheimer’s. They suffer neurodegeneration

Three caregiver personas emerge from dementia medication management study (19don MSN) Understanding the strategies and unmet needs of caregivers managing medications for people with Alzheimer's disease or related dementias may improve the lives of both caregivers and patients. A recent

Three caregiver personas emerge from dementia medication management study (19don MSN) Understanding the strategies and unmet needs of caregivers managing medications for people with Alzheimer's disease or related dementias may improve the lives of both caregivers and patients. A recent

How to get free dementia caregiving hours through pilot program, GUIDE (6abc Action News14d) Nearly 12 million Americans provide unpaid care for people with Alzheimer's or other dementias. That often has a snowball

How to get free dementia caregiving hours through pilot program, GUIDE (6abc Action News14d) Nearly 12 million Americans provide unpaid care for people with Alzheimer's or other dementias. That often has a snowball