

# what is a writing sprint

What Is a Writing Sprint? Unlocking Focus and Productivity in Your Writing Process

**what is a writing sprint** is a question that many writers, bloggers, and content creators ask when they're looking for ways to boost their productivity and overcome creative blocks. At its core, a writing sprint is a focused burst of writing activity done within a set time frame, designed to help you write more efficiently by minimizing distractions and encouraging a flow state. Whether you're tackling a novel, drafting a blog post, or working on academic papers, understanding what a writing sprint involves can transform the way you approach your writing tasks.

## The Concept Behind a Writing Sprint

The idea of a writing sprint is simple yet powerful. It's all about dedicating a short, intense period—often anywhere from 10 to 30 minutes—to uninterrupted writing. During this period, the goal is to write as much as possible without pausing to edit, research, or second-guess your words. This technique helps writers bypass their inner critic and tackle the daunting blank page with a burst of creativity.

Writing sprints borrow a lot from productivity methods like the Pomodoro Technique, which uses timed intervals to maintain focus and prevent burnout. The difference is that writing sprints specifically target the writing process, making them a favorite tool among novelists, journalists, and content marketers aiming to increase word count and maintain momentum.

## Why Writers Love Writing Sprints

There are several reasons why many writers swear by writing sprints:

- **Enhanced Focus:** By setting a timer, you create a sense of urgency that pushes you to concentrate solely on writing.
- **Reduced Perfectionism:** Since editing is off-limits during the sprint, you get words on the page faster instead of getting stuck on phrasing.
- **Overcoming Writer's Block:** A writing sprint can jump-start your creativity by lowering the stakes and encouraging free-flowing ideas.
- **Building Writing Habits:** Regular sprints help establish consistent writing routines, making it easier to tackle long-term projects.

## How to Run an Effective Writing Sprint

Knowing what a writing sprint is only scratches the surface. To truly harness its power, you need to learn how to implement it effectively. Here's a step-by-step guide:

## **1. Set a Clear Goal**

Before you start, decide on what you want to accomplish. It could be writing 500 words, completing a section of your manuscript, or brainstorming ideas for your next article. Having a target keeps the sprint purposeful and allows you to measure progress.

## **2. Choose Your Sprint Duration**

Most writers find that 15 to 25 minutes is an ideal sprint length. This duration is long enough to get into a rhythm but short enough to maintain intense focus. Beginners may start with 10 minutes and gradually increase as they build stamina.

## **3. Eliminate Distractions**

Turn off notifications on your phone and computer. Close unrelated tabs or apps. Find a quiet space or use noise-canceling headphones if necessary. The goal is to create an environment conducive to sustained concentration.

## **4. Use a Timer**

Set a countdown timer to keep track of your sprint. This external clock acts as an accountability tool, reminding you that you're working against the clock, which can motivate faster writing.

## **5. Write Without Editing**

During the sprint, write continuously. Don't pause to fix typos or rethink sentences. Editing can come later. The key is to get ideas and words flowing freely.

## **6. Take Short Breaks Between Sprints**

If you plan multiple sprints, give yourself a 5-minute break to stretch, hydrate, or rest your eyes. This helps maintain energy and prevents burnout over longer writing sessions.

## **Different Types of Writing Sprints**

While the basic formula is consistent, writing sprints can take many forms depending on your goals and style.

## Solo Writing Sprints

This is the most common type, where you write alone, focusing purely on your work. It's perfect for introspective projects like journaling or drafting a novel.

## Group Writing Sprints

Many writers participate in group sprints, either in person or via online communities. The shared energy and collective accountability can boost motivation and make writing more social.

## Timed Challenges

Some writers set specific challenges for their sprints, such as writing a poem in 10 minutes or describing a scene within 15 minutes. These creative constraints can spark fresh ideas.

## Incorporating Writing Sprints Into Your Daily Routine

If you're wondering how to make writing sprints a regular part of your workflow, here are some practical tips:

- **Schedule Your Sprints:** Treat writing sprints like appointments in your calendar to build consistency.
- **Start Small:** Even one 10-minute sprint each day can lead to noticeable improvements over time.
- **Track Your Progress:** Use a journal or writing app to log word counts and topics covered during sprints.
- **Mix It Up:** Alternate sprinting on different projects to keep things interesting and avoid burnout.
- **Celebrate Wins:** Reward yourself after completing a sprint or reaching milestones to reinforce positive habits.

## How Writing Sprints Help Beat Common Writing Challenges

Writing is often accompanied by hurdles such as procrastination, perfectionism, and lack of inspiration. Writing sprints address these issues in several ways:

- **Procrastination:** The short, manageable time blocks make starting less intimidating.
- **Perfectionism:** By focusing on quantity over quality during sprints, you ease the pressure to write perfectly the first time.

- **Writer's Block:** The urgency encourages your brain to push past mental blocks and produce ideas.
- **Low Motivation:** Group sprints or timed challenges can inject fun and competition into the process.

## Tools and Apps to Support Your Writing Sprints

Technology can make running writing sprints easier and more enjoyable. Here are some popular options:

- **Timer Apps:** Simple countdown timers on your phone or computer, such as the built-in Clock app or Focus Booster.
- **Dedicated Writing Apps:** Tools like Scrivener and Ulysses allow you to set writing goals and track progress.
- **Pomodoro Timers:** Apps like Be Focused and TomatoTimer combine sprint-style sessions with scheduled breaks.
- **Online Writing Communities:** Platforms like Write or Die and 750 Words offer sprint modes and community support.

## Personalizing Your Writing Sprint Experience

One of the best things about writing sprints is their flexibility. You can tailor them to fit your unique workflow and writing style. Some writers prefer morning sprints to kickstart their day, while others find late-night sessions more productive. Experiment with different times, durations, and environments until you find what works best for you.

Remember, the ultimate goal is to make writing less daunting and more enjoyable. Writing sprints are a tool to help you write more, worry less, and keep your creative momentum going. Whether you're a seasoned author or just starting out, incorporating writing sprints into your routine can be a game-changer in your creative journey.

## Frequently Asked Questions

### What is a writing sprint?

A writing sprint is a focused, timed writing session where a writer aims to produce as much content as possible within a set period, typically ranging from 10 to 30 minutes.

### How does a writing sprint help improve productivity?

Writing sprints help improve productivity by minimizing distractions, encouraging continuous writing, and creating a sense of urgency that motivates writers to produce more content in less time.

## **Can beginners use writing sprints effectively?**

Yes, beginners can use writing sprints effectively as they provide structure and help build writing stamina, making it easier to overcome procrastination and writer's block.

## **What tools are commonly used for writing sprints?**

Common tools for writing sprints include timers, writing apps with sprint modes (like 750 Words or FocusWriter), and group platforms like Twitter or Discord where writers host and join sprints together.

## **How long should a writing sprint be?**

Writing sprints typically last between 10 to 30 minutes, but the length can be adjusted based on the writer's preference and goals.

## **Is a writing sprint only for fiction writers?**

No, writing sprints are useful for all types of writers including fiction, non-fiction, bloggers, students, and professionals who need to produce written content efficiently.

## **What are the benefits of writing sprints?**

Benefits of writing sprints include increased writing speed, reduced perfectionism, enhanced focus, breaking through writer's block, and creating a consistent writing habit.

## **How do you prepare for a writing sprint?**

To prepare for a writing sprint, choose a specific writing goal, set a timer, eliminate distractions, have all necessary materials ready, and decide whether to write solo or with a group.

## **Can writing sprints be done in groups?**

Yes, writing sprints are often done in groups, either in person or online, which can provide motivation, accountability, and a sense of community among writers.

## **What should you do after completing a writing sprint?**

After a writing sprint, it's helpful to take a short break, review what you've written if desired, and plan your next sprint or writing session to maintain momentum.

## **Additional Resources**

What Is a Writing Sprint? An In-Depth Exploration of a Productivity Technique

**what is a writing sprint** is a question that gains traction among writers, content creators, and productivity enthusiasts seeking effective methods to overcome writer's block and boost output. At its core, a writing sprint is a

focused, time-bound period during which a writer aims to produce as much written content as possible without interruptions or self-editing. This technique emphasizes intensity and momentum over perfection, encouraging writers to prioritize flow and volume within a set timeframe.

Understanding what a writing sprint entails requires examining its origins, practical applications, and the psychological mechanisms that make it an attractive tool for writers of all levels. Unlike traditional writing sessions, which can be open-ended and susceptible to procrastination, writing sprints impose a structured burst of productivity. This structure leverages the power of time constraints and focused attention to enhance writing efficiency.

## The Concept and Origins of Writing Sprints

Writing sprints are rooted in the broader concept of time management strategies like the Pomodoro Technique, which utilize timed intervals to increase productivity. However, the writing sprint is distinct in its exclusive focus on rapid content generation. Historically, writing sprints have gained popularity in online writing communities and workshops where participants encourage each other to write intensively for short, defined periods—commonly ranging from 10 to 30 minutes.

The appeal of the writing sprint lies in its simplicity and adaptability. Writers can tailor the length and frequency of sprints according to their personal workflows and project demands. For example, a novelist facing a looming deadline may schedule multiple 20-minute writing sprints throughout the day to maintain momentum, while a blogger may use a single 15-minute sprint to draft an article introduction.

## Key Features of Writing Sprints

Several characteristics define a writing sprint and distinguish it from other writing methods:

- **Time-Bound Sessions:** Writing sprints operate within strict time limits to promote urgency.
- **Non-Editing Focus:** The emphasis is on producing raw text without pausing to revise or correct errors.
- **Goal-Oriented Output:** Although flexible, many writers set specific targets such as word counts or scene completions.
- **Distraction-Free Environment:** During sprints, writers minimize external interruptions to maintain concentration.
- **Repetitive Use:** Sprints can be repeated multiple times a day to sustain productivity over long projects.

These features work synergistically to foster an environment conducive to creative flow, where writers bypass the inner critic and focus on the act of

creation.

## Psychological and Practical Benefits of Writing Sprints

The effectiveness of writing sprints can be attributed to several psychological principles. First, the time constraints create a sense of urgency that combats procrastination – a common hurdle in creative work. When the clock is ticking, the mind prioritizes output over perfection, which can reduce the paralysis often associated with self-editing and overthinking.

Secondly, short, intense bursts of writing align with the brain's natural attention span, which tends to wane during extended periods of focus. By limiting sessions to manageable chunks, writing sprints help maintain high levels of concentration and reduce cognitive fatigue.

Moreover, writing sprints encourage writers to embrace imperfection early in the drafting process. This mindset shift can be especially liberating for those who struggle with perfectionism, as it reframes writing as a process of exploration rather than immediate refinement.

From a practical standpoint, writing sprints are versatile. They can be integrated into daily routines, used as warm-up exercises before longer writing sessions, or employed strategically during deadlines to accelerate progress. Digital tools and apps have emerged to facilitate writing sprints, offering timers, word count trackers, and community-based challenges that add motivation and accountability.

## Comparing Writing Sprints to Other Writing Techniques

To grasp the unique advantages of writing sprints, it is useful to compare them with alternative productivity methods:

- **Pomodoro Technique:** While both use timed intervals, Pomodoro alternates work and breaks systematically, often focusing on varied tasks. Writing sprints concentrate solely on rapid content generation without interruption or task switching.
- **Freewriting:** Freewriting encourages unfiltered writing but usually lacks the strict time constraints and goal orientation that characterize sprints.
- **Scheduled Writing Sessions:** Longer, open-ended writing blocks allow for deeper immersion but may increase the risk of distraction or burnout compared to the intensity of sprints.
- **Editing-First Approaches:** Some writers prefer drafting with immediate revision, whereas writing sprints deliberately delay editing to maintain flow.

This comparison highlights how writing sprints carve out a niche for writers

seeking concentrated bursts of creativity and productivity.

## Challenges and Limitations of Writing Sprints

Despite their benefits, writing sprints are not without drawbacks. One potential challenge is the quality of output; the emphasis on speed can lead to disorganized or superficial text that requires substantial revision later. For writers who prioritize meticulous crafting of prose from the outset, sprints may feel counterintuitive.

Additionally, some individuals might find the time pressure stressful rather than motivating, potentially triggering anxiety or writer's block instead of alleviating it. The effectiveness of writing sprints largely depends on personality traits and work styles, meaning they may not suit every writer.

Another limitation involves the need for discipline to avoid distractions during sprint intervals, especially in environments fraught with interruptions. Without a dedicated, focused setting, the benefits of a sprint can be diminished.

## Best Practices for Implementing Writing Sprints

To maximize the advantages of writing sprints while mitigating their downsides, consider these strategies:

1. **Set Clear Objectives:** Define specific goals for each sprint, such as hitting a word count or completing a scene.
2. **Create a Distraction-Free Zone:** Turn off notifications, close irrelevant tabs, and inform others of your focused time.
3. **Use Timers and Tools:** Employ apps or simple timers to enforce the sprint duration strictly.
4. **Allow for Post-Sprint Revision:** Schedule time after sprints to refine and organize the raw material.
5. **Adjust Sprint Length:** Experiment with durations from 10 to 30 minutes to find what suits your rhythm best.
6. **Incorporate Warm-Ups:** Begin with brief freewriting or brainstorming to prime creativity before sprinting.

By adopting these practices, writers can transform writing sprints from a mere technique into a sustainable, productive habit.

## Writing Sprints in the Digital Age

The rise of digital platforms and remote work has amplified the relevance of writing sprints. Online writing groups and social media communities often

host collective sprint sessions, fostering social accountability and motivation. Tools such as Focus Booster, Write or Die, and even simple stopwatch apps have made it easier than ever to implement timed writing bursts.

Furthermore, content marketers, bloggers, and copywriters frequently rely on writing sprints to meet tight deadlines and maintain a steady publishing cadence. The adaptability of writing sprints across genres and professional contexts underscores their universal appeal.

In academic settings, writing sprints have gained traction as a method to help students and researchers overcome writing inertia, encouraging incremental progress on theses, papers, or reports through manageable sessions.

Ultimately, what is a writing sprint evolves alongside the changing demands and technologies of writing. As productivity techniques continue to proliferate, the writing sprint remains a foundational tool, prized for its straightforward approach to unlocking creative potential and maintaining disciplined output.

## **What Is A Writing Sprint**

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**what is a writing sprint: Running, Thinking, Writing** Jackie Hoermann-Elliott, 2021-06-12  
For the creative fulfillment of writers who identify as runners, walkers, or movers, *Running, Thinking, Writing: Embodied Cognition in Composition* unveils the varied understandings of the relationship between writing activity and physical activity. Jackie Hoermann-Elliott provides an interdisciplinary overview of relevant research from the fields of composition studies, cognitive science, neuroscience, and sports psychology before proposing a new theoretical framework for explaining what happens to writers when they are moved to develop their writing while their bodies are in motion. She shares illuminating accounts from runner-writers working in the industries of journalism, academia, and youth literature. She also provides pedagogical insights from working with student writers on embodied writing assignments as well as introductory activities for instructors to try in their own classrooms. With a running metaphor guiding the chapters in this book, readers will be challenged to view writing as embodied cognition and to realize the benefits of embodiment for all writers.

**what is a writing sprint: How to Write Faster and More Efficiently**: Jonathan K. Hari, 2025-06-23  
*How to Write Faster and More Efficiently: Productivity Hacks for Writers* Writing doesn't have to be a slow, frustrating process. Whether you're an aspiring novelist, a content creator, or a professional juggling multiple projects, developing the ability to write quickly and effectively can transform your productivity. This book provides practical techniques and mindset shifts that will help you eliminate writer's block, increase your output, and finish projects faster than ever before. Inside This Book, You'll Discover: The Psychology of Speed Writing Mastering the Art of Outlining How to Eliminate Distractions and Stay Focused The First Draft Strategy: Writing Without Overthinking Overcoming Writer's Block in Minutes Building a Daily Writing Habit That Sticks

**Mindset Shifts for Long-Term Writing Success** This book isn't just about typing faster—it's about adopting smarter strategies that allow you to produce high-quality writing without getting stuck. Learn how to optimize your workflow, leverage writing sprints, and use batch writing to maximize your creative energy. Whether you're working on a book, blog posts, emails, or scripts, these techniques will help you write more efficiently while maintaining clarity and impact. Scroll Up and Grab Your Copy Today!

**what is a writing sprint:** **Write to Think** Alison Jones, 2024-11-04 The essential 6-minute hack for better work and life. If you're in business, you probably do quite a bit of writing. You write emails, sales copy, reports, executive summaries, blog posts, operations documents, memos and more. And each time you write, you're seeking to inform and/or influence your reader. You are, in effect, performing. Publisher and exploratory writing coach Alison Jones wants to get you thinking about writing in a completely different way. Rather than a stage, she wants you to see the blank page as uncharted terrain, as an opportunity for you to explore what you DON'T know, rather than simply expressing what you DO. Discover simple techniques that will supercharge your creativity, problem-solving skills and resourcefulness, in just 6 minutes!

**what is a writing sprint:** **Group Work in Schools** Bradley T. Erford, 2015-08-14 School counselors are often the only employees in school settings with any formal education in group work, and yet their training is typically a general course on how to run groups. *Group Work in Schools* provides an alternative training model; one that presents exactly what counselors need to know in order to successfully implement task-driven, psychoeducational, and counseling/psychotherapy groups in any educational setting. Additions to this newly updated second edition include: discussion topics, activities, case examples, integrated CACREP standards and learning outcomes, as well as an overall update to reflect the most recent research and knowledge.

**what is a writing sprint:** *The Writer's Momentum: Breaking Blocks & Building Brilliant Stories* Billy Grady, Your stories are waiting—but the words just won't come. Whether you're facing a blank page, a stalled draft, or a half-finished novel, *The Writer's Momentum* is the push you need to break free and write with unstoppable energy. Acclaimed writing coach Billy Grady shares practical tools and inspiring insights to help you: Shatter creative blocks and silence self-doubt Build habits that keep ideas—and words—flowing Shape unforgettable characters and gripping plots Edit with clarity to bring your best story to life Equal parts motivational manifesto and step-by-step guide, this book will reignite your passion for storytelling and give you the confidence to finish—and love—every project you start. Momentum isn't magic. It's a practice. And it starts the moment you turn the page.

**what is a writing sprint:** **How To Write Fiction** Jon Adams, Dive into the depths of fiction writing with *How To Write Fiction*, where each chapter is a stepping stone to mastering the art of storytelling. Jon Adams brings together practical advice, engaging exercises, and insightful strategies to help you navigate the complex landscape of creating compelling narratives. Whether you're crafting your first novel or looking to enhance your storytelling skills, this book is tailored to support your journey at every step. Chapters Include: Crafting Your Fictional World: Learn how to build immersive worlds that captivate readers from the first page. Developing Dynamic Characters: Discover the secrets to creating lifelike characters who live and breathe on the page. Plotting Your Story Arc: Master the art of structuring compelling plots that keep readers engaged from beginning to end. Writing Convincing Dialogue: Gain insights into crafting dialogue that enhances character development and drives your story forward. Incorporating Themes and Motifs: Explore the techniques for weaving deep themes and motifs into the fabric of your narrative. Crafting Engaging Scenes: Unpack the elements of scene construction that ensure each moment in your story resonates with readers. Perspective and Voice: Delve into the nuances of narrative voice and perspective to tell your story in a unique and compelling way. Editing and Revising Your Draft: Learn the critical steps of refining your manuscript, from the first draft to the final polish. Overcoming Writer's Block and Staying Motivated: Find strategies to keep your creativity flowing and maintain momentum throughout your writing process. Begin your writing journey with a heartfelt introduction that sets the stage for what's to come. Adams invites you to view fiction writing not just as a craft, but as an

adventure—one filled with challenges, discoveries, and the joy of bringing new worlds to life. This guide is more than a book; it's a companion on your path to creating stories that resonate and endure. Prepare to embark on your most rewarding writing adventure yet. Your story awaits.

**what is a writing sprint: Writing Better Books the Agile Way** Clemens Lode, 2018-09-22

The craft of writing and marketing a book has changed significantly over the past 10 years. It is no longer enough to just write a good book; you have to write for a specific audience and connect to your readers long before the book hits the shelves. Releasing part of your work early allows you to make adjustments to your book—or even discard your project entirely in order to invest your time into a better book idea. Using modern project management methods, you can organize your work into individual steps (user stories), and reuse them to market your book. Organizing the book into logical sections helps you to create preview materials for blog posts or newsletters. In addition, this will ensure that you make steady progress, avoid getting lost in the details and achieve high quality consistently throughout your book. --- Do you recognize yourself in one of these people? This book is for Peter. - First-time author. - Has a complete script, had a friend look at it, and now wants to publish it. - Might need (unsolicited) advice to properly edit it instead of just going through a self-edit. - Needs to be reminded about the difficulties of selling a book. Has no idea about marketing. - Has not worked with an editor. - Creates his own book covers. - Would benefit from a pep talk. This book is for Mary. - Writes novels in Word but now wants to write a non-fiction book. - Undecided about what tools to use. - Works with an editor, but she and her editor have no real work structure. - Does not know how to market, find market niches, etc. Her past successes were random, and she never knew if her latest novel would sell or not. This book is for John. - Professional editor seeking to expand his services from merely editing Word files to helping release books online. - Also is looking for better project management techniques to help guide an author along the way. - Often works in scientific fields and thus has to manage a lot of bibliographical references. - Spends lots of time indexing books. - Is OK with a LaTeX template but seeks to get a head start by making adjustments to it. This book is for George. - LaTeX expert who wants to publish his work as an e-book. - Needs basic direction and then figures out the rest on his own. - Plans to do a series with a glossary and often needs to reuse blocks of text. - Needs some help in terms of book design, polishing, and graphics. - Loves to share work and collaborate with others. This book is for Tina. - Professional self-publisher who is seeking additional ideas to improve her publishing process. - Looks for ways to establish herself as a brand and create a network of readers. This book is for Clara. - Wants to write a book about her profession in order to establish herself as an expert but has no idea where to start. --- Table of Contents: - Great Expectations - Incorporate Books into Your Professional Career - Starting a New Book - What to Keep and What to Remove - Selecting Personas - How to Organize Your Ideas - How to Organize Your Ideas (Fiction Books) - The Rules of Your Book - How to Optimize the Work Process - How to Get Early Feedback from Readers - How We Can Help with Project Management

**what is a writing sprint: Write A Book Now: The Busy Writer's MegaPack** M. R. McAlister, 2018-12-18 “I am a great fan of Marg McAlister's work and have been for over 10 years. Everything she writes is simple to understand, and it works if you work it!” Grace Lee Patrick The Busy Writer's MegaPack was compiled in response to many readers who asked for the entire Busy Writer library in one collection. You'll find a ton of information here to get you well on the way to publication. To successfully write and publish a book, you need to have these things in place: # A step-by-step program to get you out of the gate and running: a take-no-prisoners Kickstart Program for writers. # A sound knowledge of the genre in which you want to publish. # Interesting, vibrant characters that readers will enjoy and want to get to know # A well-paced plot that keeps the reader turning pages, eager to find out what happens next # A comprehensive set of checklists to ensure that you've left nothing out (characters, plot, pacing, dialogue, and more) This full collection of Busy Writer books provides you with the tools for every item on the list above, plus a sound basis for popular genres with the addition of Writing for Children, Writing Romance, and Writing Mystery, Crime & Suspense. Many genres have some of those elements: characters are caught up in a romance or

trying to solve a mystery. Writing for children can encompass anything from simple picture books right through to young adult books. With the Busy Writer's MegaPack by your side, you'll be up and running in no time!

**what is a writing sprint:** **Think Like a Writer:** Tom Bentley, 2015-05-21

**what is a writing sprint:** Write A Book Fast: The Busy Writer's Starter Pack M. R. McAlister, 2012-10-07 What you get in WRITE A BOOK FAST - The Busy Writer's Starter Pack The Busy Writer's Starter Pack brings together FOUR of the most popular books in the Busy Writer Series: # The Busy Writer's One-Hour Plot # The Busy Writer's One-Hour Character # The Busy Writer's Book of Checklists # The Busy Writer's Kickstart Program Armed with this collection of books for writers, you will be able to see your novel taking shape after just a few hours—and if you're having trouble organizing your life to find time to write, simply follow the eight easy steps in the Kickstart Program to get your novel underway! Here's what other writers have said about the four books in this collection: The Busy Writer's One-Hour Plot: I have read many books about all aspects of writing during my writing years. None compare with this book - it's a winner for sure. It is clear, concise and to the point. The Busy Writer's One-Hour Character: I followed Marg's instructions and at the end of one strictly-timed hour, which she has divided into 7 segments, I had a cast of characters for my story. I was stoked! The Busy Writer's Book of Checklists: Four years ago a friend introduced me to the Plotting Checklist you see in this book. My friend is a professional book reviewer, and she'd stumbled across it on Marg McAlister's website. We both thought it was marvelous... and instantly, we figured where we were heading wrong. I've been hoping for a fuller list of lists ever since. Wow. So here they all are. The Busy Writer's Kickstart Program: It's obvious that this author has been there. She has captured the essence of the busy writer's life and offered inspiration, but also practical tips to guide you through those challenging times. This book will help you to clear your physical as well as mental workspace. Once your creativity is pushing through those barriers again, you will find practical advice on developing plots as well as three-dimensional and believable characters. This book is well organized for easy reference. If You're Ready to Write A Book, Write a Book Fast will Get You On Track!

**what is a writing sprint:** *Open Education* Patrick Blessinger, TJ Bliss, 2016-12-19 This insightful collection of essays explores the ways in which open education can democratise access to education for all. It is a rich resource that offers both research and case studies to relate the application of open technologies and approaches in education settings around the world. A must-read for practitioners, policy-makers, scholars and students in the field of education.

**what is a writing sprint:** **Girls Write Now on the Other Side of Everything** Girls Write Now, 2023-05-30 In partnership with Dutton Books, Amazon Literary Partnership, and Feminist Press, Girls Write Now On the Other Side of Everything: 2023 Anthology is a multi-genre showcase of the best writing from today's next-gen voices and leaders. Do you know what it's like to communicate with your family across a salty ocean's divide? Do you want the sun and moon to enter your home with stories written in embers? Do you seek voices that will shatter expectations? Welcome to the other side of everything. It's the other side of silence, the other side of childhood, the other side of hate, the other side of indifference, it's the other side of sides, where the binary breaks down. It's a new paradigm, a destination, a different perspective, a mindset, a state of openness, the space between the endless folds in your forehead, hopes for tomorrow, and reflections on the past. This anthology of diverse voices is an everything bagel of literary genres and love songs, secrets whispered in the dark of night, conversations held with ancestors under the sea.

**what is a writing sprint:** **The 8-Minute Writing Habit** Monica Leonelle, 2020-12-15 Ready to establish a consistent writing habit, once and for all? Monica Leonelle digs into the best literature on forming habits and shares the top strategies professional authors are using to make sure they write each and every day. Each tip is easy to implement and will get you writing more in the in-betweens—the inactive moments of your life where you are commuting, waiting in line, or otherwise physically stuck with your brain unoccupied! If you've struggled to find time to write due to a day job, family, or an active, busy lifestyle, this book will help you clear your blocks around

writing for good and get you writing more often, just a few words at a time. For writers who still haven't found their rhythm and don't have time for long experiments, tracking spreadsheets, or full pomodoros—establish a writing habit that actually fits into your life! BONUS: This book includes the full 8x8 Challenge: 8 days to implement the very best shortcuts to writing more, 8 minutes at a time!

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she lives in Edmonton, Canada with her husband, a former professional wrestler, where she moved in 1996 after meeting him on-line.

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