

# sex as nature intended it

**\*\*Sex as Nature Intended It: Rediscovering Our Innate Connection\*\***

**Sex as nature intended it** is often misunderstood in today's fast-paced, technology-driven world. We live in an era where sex is frequently portrayed through the lens of media, commercialism, and sometimes even detachment from the authentic human experience. But if we take a step back and look at sex from a natural, biological, and even evolutionary perspective, we can begin to appreciate its true essence — a deeply rooted connection meant to foster intimacy, reproduction, and emotional bonding.

In this article, we will explore what it means to experience sex as nature intended it. We'll dive into the biological imperatives, the role of emotional and physical connection, and how modern society can sometimes cloud our understanding of such a primal yet beautiful aspect of human life.

## Understanding Sex as Nature Intended It

Sex, at its core, is a natural function that serves several purposes, primarily reproduction and the continuation of species. However, it's not just a biological act; it's also an emotional and psychological experience that influences human bonding and social structures.

From an evolutionary standpoint, sex has been designed to ensure genetic diversity and survival. The instinctual drive to reproduce is embedded within us, guided by hormonal signals and biological rhythms that signal fertility and readiness. But beyond reproduction, sex plays a crucial role in human relationships, promoting connection, trust, and intimacy.

## The Biological Blueprint Behind Natural Sex

Nature has equipped humans with a complex system to facilitate sex. Hormones such as testosterone, estrogen, oxytocin, and dopamine all interplay to create desire, pleasure, and bonding. Oxytocin, often called the "love hormone," is released during physical intimacy and helps strengthen emotional ties between partners.

The natural cycle of fertility in women, marked by ovulation, is a key component in sex as nature intended it. Historically, sexual activity aligned closely with these fertile windows, enhancing the chances of conception. While modern contraception has shifted this dynamic, understanding the biological timing can help couples connect more deeply with their natural rhythms.

## Intimacy Beyond Reproduction

While reproduction is a fundamental aspect of sex, nature also intended it to build bonds. In many species, including humans, sexual activity fosters pair bonding and social cohesion. This is particularly evident in the release of neurochemicals like oxytocin and vasopressin, which promote

feelings of attachment and trust.

Experiencing sex as nature intended it means embracing the emotional and psychological facets, not just the physical. It's about allowing vulnerability, communication, and genuine connection to flourish alongside the physical act.

## **Sex and the Natural Human Experience**

In today's world, the natural experience of sex can sometimes be overshadowed by societal pressures, unrealistic expectations, and technological influences like pornography. These factors can distort what healthy, natural sex looks like and can lead to dissatisfaction or disconnection.

Taking a step back and returning to the basics of sex as nature intended it involves tuning into our bodies, emotions, and instincts without external noise. This means prioritizing mutual respect, consent, and authentic connection over performance or superficiality.

## **Listening to Your Body's Signals**

Nature communicates through our bodies — from arousal cues to emotional responses. Understanding and honoring these signals can transform the sexual experience. Paying attention to natural cycles, desires, and boundaries helps individuals and couples cultivate a more fulfilling sex life.

For example, recognizing when you feel most connected or physically receptive can enhance intimacy. This may involve embracing slower, more mindful sexual encounters rather than rushing or focusing solely on outcomes like orgasm or reproduction.

## **The Role of Environment and Mindset**

Nature doesn't just influence the physical act of sex but also the environment in which it occurs. A comfortable, safe, and relaxed setting fosters openness and intimacy, allowing sex to unfold naturally. Stress, distractions, or negative emotions can interfere with this process, dampening desire and pleasure.

Cultivating a mindset of curiosity, acceptance, and presence can help couples experience sex as nature intended it. This means letting go of performance anxiety and instead embracing the shared journey of intimacy.

## **Reconnecting with Natural Sexuality in Modern Life**

Many people seek ways to reconnect with their natural sexuality amidst the noise of modern life. Practices such as mindfulness, tantra, and conscious sexuality emphasize the importance of presence, breath, and emotional connection.

# Mindfulness and Sex

Mindfulness involves being fully present in the moment, aware of sensations, emotions, and thoughts without judgment. Applying mindfulness to sex encourages partners to slow down, savor touch, and experience intimacy beyond physical gratification.

This practice aligns closely with sex as nature intended it — a connection that transcends the physical and nurtures both body and mind. Mindfulness can improve communication, increase pleasure, and deepen emotional bonds.

## Exploring Tantra and Conscious Sexuality

Tantra, an ancient spiritual practice, highlights sex as a sacred and transformative experience. It teaches that sexual energy is a powerful force that can lead to heightened awareness, healing, and connection.

By integrating breath, movement, and intention, tantra encourages couples to explore sex beyond reproduction or physical pleasure. This approach can help individuals reconnect with the natural rhythms and energies of their bodies, fostering a more holistic sexual experience.

## Healthy Habits for Experiencing Sex as Nature Intended It

Living in harmony with natural sexuality requires some conscious effort and lifestyle choices. Here are a few tips to help nurture sex as nature intended it:

- **Prioritize communication:** Honest conversations about desires, boundaries, and feelings create a safe space for natural intimacy.
- **Embrace natural rhythms:** Understanding your body's cycles and energy levels can improve timing and enjoyment.
- **Limit external distractions:** Create an environment free from screens, stress, and interruptions to foster connection.
- **Practice self-care:** Physical health, including exercise and nutrition, influences sexual vitality and pleasure.
- **Explore emotional intimacy:** Build trust and affection outside the bedroom to deepen sexual connection.

# Balancing Technology and Natural Connection

While technology can sometimes interfere with natural sexual experiences, it can also be leveraged to enhance understanding and connection. Apps that track fertility, resources for sexual education, and guided mindfulness exercises can support individuals in aligning with their natural sexuality.

The key is to use technology mindfully, ensuring it serves to deepen connection rather than distract from the authentic experience of sex as nature intended it.

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Sex as nature intended it is a beautiful blend of biology, emotion, and connection. Rediscovering this natural approach invites us to slow down, listen deeply to our bodies, and embrace intimacy as a holistic experience. In doing so, we can nurture relationships that are more fulfilling, authentic, and aligned with the very essence of who we are.

## Frequently Asked Questions

### What does the phrase 'sex as nature intended it' mean?

The phrase 'sex as nature intended it' typically refers to sexual activity occurring naturally, without artificial intervention, often emphasizing reproductive purposes and natural behaviors observed in humans and animals.

### How does 'sex as nature intended it' relate to human reproduction?

Sex as nature intended it primarily relates to natural reproductive processes, where sexual intercourse leads to conception and the continuation of the species without medical or technological assistance.

### Is 'sex as nature intended it' only about reproduction?

While reproduction is a central aspect, 'sex as nature intended it' can also encompass natural sexual behaviors that promote bonding, pleasure, and social connections in both humans and animals.

### How do cultural views impact the idea of 'sex as nature intended it'?

Cultural views greatly influence interpretations of 'sex as nature intended it,' with some cultures emphasizing procreation and others recognizing a broader spectrum of consensual sexual expressions as natural.

### Does 'sex as nature intended it' exclude contraception?

Many interpretations of 'sex as nature intended it' exclude contraception since it prevents natural

reproduction, but others argue that responsible family planning can coexist with natural sexual behavior.

## **How is 'sex as nature intended it' viewed in the context of same-sex relationships?**

Traditional views often associate 'sex as nature intended it' with heterosexual reproduction, but contemporary perspectives recognize that sexual intimacy and bonding in same-sex relationships are also natural expressions of human sexuality.

## **What role does consent play in the concept of 'sex as nature intended it'?**

Consent is a fundamental aspect of natural and ethical sexual behavior, reflecting respect and mutual willingness, which aligns with healthy sexual interactions 'as nature intended' in social species like humans.

## **Can 'sex as nature intended it' include emotional intimacy?**

Yes, natural sexual behavior often involves emotional intimacy, bonding, and connection between partners, which are important components of healthy human sexuality.

## **How do animals demonstrate 'sex as nature intended it'?**

Animals engage in sexual behaviors primarily for reproduction, but also for social bonding, hierarchy establishment, and pleasure, illustrating various natural purposes of sex beyond just procreation.

## **Has human intervention changed the notion of 'sex as nature intended it'?**

Advancements like contraception, assisted reproductive technologies, and changing social norms have expanded the understanding of sex beyond purely reproductive purposes, challenging traditional ideas of 'sex as nature intended it.'

## **Additional Resources**

Sex as Nature Intended It: An Analytical Exploration of Human Sexuality and Its Biological Foundations

**sex as nature intended it** is a phrase that evokes a return to the basics of human sexuality, grounded in biology and evolutionary imperatives. This concept invites us to explore sex beyond cultural constructs, examining it through the lens of natural behavior, reproductive purposes, and innate drives. Understanding sex as nature intended it means investigating the physiological, psychological, and social dimensions that have evolved to shape human sexual activity, while considering how modern influences have altered or enhanced these fundamental instincts.

In this article, we delve into the intricacies of human sexuality through a scientific and professional

review-style approach, integrating key themes such as reproductive biology, evolutionary psychology, and the role of sex in human bonding and health. We will also consider the ways in which nature's blueprint for sex interacts with contemporary societal norms and technologies.

## **The Biological Basis of Sex as Nature Intended It**

Sex, fundamentally, is a biological imperative designed to ensure the survival of species. From an evolutionary standpoint, the primary function of sexual activity is reproduction—passing genetic material to the next generation. In humans, this process is regulated by complex hormonal systems and neurological pathways that create desire, arousal, and bonding mechanisms.

The human reproductive system exemplifies how nature has optimized sex for procreation. For instance, the menstrual cycle in females is orchestrated to maximize the chances of conception during a fertile window, while males produce millions of sperm to increase the likelihood of successful fertilization. Sexual behavior is often synchronized with these biological rhythms, underscoring sex as nature intended it: a carefully calibrated system promoting reproduction.

## **Hormonal Influences on Sexual Behavior**

Hormones such as testosterone, estrogen, and oxytocin play pivotal roles in shaping sexual desire and bonding. Testosterone, often associated with libido, influences sexual motivation in both men and women, though levels and effects vary widely among individuals. Estrogen affects female sexual receptivity and fertility cycles, ensuring that sexual activity coincides with peak fertility periods.

Oxytocin, sometimes called the “bonding hormone,” is released during sexual activity and contributes to emotional attachment and trust between partners. This neurochemical response highlights that sex as nature intended it is not solely about reproduction but also about reinforcing pair bonds, which may increase offspring survival through cooperative parenting.

## **Evolutionary Perspectives on Human Sexuality**

Evolutionary biology provides a framework for understanding why certain sexual behaviors and preferences have developed. Human sexuality exhibits a dual nature: it serves reproductive purposes but also fosters social cohesion. This duality is reflected in mating strategies, partner selection, and sexual diversity.

## **Mating Strategies and Sexual Selection**

Sexual selection, a key element of evolutionary theory, explains how traits that enhance reproductive success become prevalent. In humans, this involves complex mate choice criteria influenced by physical, behavioral, and social factors. For example, indicators of health and fertility, such as clear skin or symmetrical features, are often subconsciously valued because they signal genetic fitness.

Nature's design for sex encourages both short-term and long-term mating strategies. Short-term strategies may drive individuals to seek multiple partners to increase reproductive opportunities, while long-term strategies favor monogamous pair bonds to ensure offspring survival. These strategies coexist, reflecting the nuanced ways sex as nature intended it functions within human societies.

## **Sexual Diversity and Adaptation**

Sexual behavior is diverse, extending beyond reproductive intercourse to include a variety of expressions such as same-sex attraction, masturbation, and non-reproductive sexual activities. From a biological viewpoint, these behaviors can be interpreted as adaptive mechanisms that contribute to social bonding, stress relief, and even the regulation of population dynamics.

Research suggests that non-reproductive sexual behaviors may have evolutionary advantages, such as strengthening alliances or reducing intra-group tensions. This broader interpretation expands the understanding of sex as nature intended it, recognizing sexuality as a multifaceted phenomenon integral to human life.

## **The Role of Sex in Human Health and Well-being**

Beyond reproduction, sex contributes significantly to physical and psychological health. Studies have shown that regular sexual activity is associated with a range of health benefits, including improved cardiovascular function, enhanced immune response, and greater pain tolerance. Psychologically, sex can reduce stress, alleviate anxiety, and promote emotional intimacy.

### **Physical Benefits of Sex**

Sexual activity stimulates the release of endorphins and other neurochemicals that elevate mood and promote relaxation. It also involves physical exertion that can improve muscle tone and cardiovascular health. For example:

- Increased heart rate during sex provides aerobic exercise benefits.
- Regular sex has been linked to higher levels of immunoglobulin A (IgA), which helps defend against infections.
- Sexual activity can improve sleep quality through the release of prolactin and oxytocin.

### **Psychological and Emotional Dimensions**

Sex as nature intended it also encompasses the emotional connections formed between partners. The release of oxytocin during and after sex fosters trust and bonding, which are essential for stable relationships and social cohesion. This emotional aspect is crucial for mental health, reducing feelings of loneliness and contributing to overall life satisfaction.

## **Modern Influences on Sex as Nature Intended It**

While biology sets the foundation for sex, contemporary society has introduced new dynamics that modify how sex is experienced and understood. Technology, cultural shifts, and medical advances have all contributed to reshaping sexual behavior in ways that sometimes align with nature's design and sometimes diverge from it.

### **Technology and Sexual Expression**

The advent of contraception has fundamentally altered the relationship between sex and reproduction, allowing individuals to separate sexual pleasure from procreation. This has enabled people to explore sexuality on their own terms, reflecting an evolution in how sex as nature intended it can be interpreted.

Moreover, digital technology—through dating apps, virtual reality, and online communities—has expanded opportunities for sexual expression and connection, though it also raises questions about authenticity and the impact of virtual interactions on real-world intimacy.

### **Cultural and Social Considerations**

Cultural norms influence sexual behavior and attitudes, sometimes reinforcing or challenging natural biological drives. For instance, societal taboos, religious beliefs, and legal frameworks shape what is considered acceptable sexual conduct. These overlays can either support or suppress natural sexual expression, demonstrating that while sex as nature intended it has a biological core, it is invariably filtered through the lens of culture.

## **Balancing Nature and Nurture in Understanding Human Sexuality**

The interplay between innate biological programming and environmental factors underscores the complexity of human sexuality. Recognizing sex as nature intended it involves appreciating the evolutionary and physiological roots of sexual behavior while acknowledging the diverse ways in which individuals and societies interpret and enact sexuality.

By examining sex through this balanced perspective, researchers and professionals can better address issues related to sexual health, relationship dynamics, and social policy. This approach also fosters a more inclusive understanding that respects both the universality of human biology and the



diversity of human experience.

In essence, exploring sex as nature intended it opens a pathway to deeper insights into one of the most fundamental aspects of human life—one that continues to evolve as science and society progress.

## **Sex As Nature Intended It**

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**sex as nature intended it: Sex As Nature Intended It** Kristen O'Hara, 2002-07-01 Most important book on sexuality since Masters and Johnson. Destined to capture our national consciousness and vastly improve the lovelife of both men and women. First book to detail the many sexual functions of the foreskin for the sexual pleasure and comfort of both partners. Presents irrefutable evidence that male circumcision profoundly impacts the intercourse experience of both the man and his female partner. Also explains how men are restoring their foreskin through non-surgical techniques. Contains valuable sexual techniques not found in any other book.

**sex as nature intended it:** Sex as Nature Intended Radlett Fellowship, 1969

**sex as nature intended it: Begging for Sex** John Pepple, 2012-08 This book is a manifesto for shy males who are uncomfortable in the sexually aggressive role. That role specifies that men must make the advances, while women get to remain passive. For shy males, gender equality has been a cruel joke since not only do these roles still exist, the male role has been made even more annoying by the actions of feminists who have no idea what agonies shy men experience. This book promotes the elimination of these roles, which, despite what feminists believe, more men than women are in favor of. But this book is more than a manifesto, for it also presents a theory of gender that is neither traditionalist nor feminist. Social differences between men and women do not go back either to genes, or to dominance in men and submissiveness in women, but to sexual aggressiveness in men and passivity in women. A major implication of this theory is that male sexuality, which is seen as a big problem in sexual misconduct, is not the real culprit at all. It is aggressive sexuality that is the culprit. Ultimately, this book shows what gender equality from the other side, from the male perspective, looks like.

**sex as nature intended it: In Service of Self** Rebecca Berryman, 2006-08 When was the last time you inserted yourself into the equation life-health, wealth and happiness? Does the idea of putting your needs before the wants and desires of others make you feel guilty? Many of us pretend we are too busy for self-inspection and introspection. And we certainly don't want to be considered selfish. Here comes *In Service of Self*, another book in the Boundless Living series, to expose how the self-propagated trials and tests of everyday life can effectively encourage monumental change and unlimited transformation for each one of us. Sex, beliefs, and what's next are some of the issues up for inventory, as the stand-alone chapters reveal new views on old, worn-out ways of thinking. All subjects are fair game in this telling, as even marriage vows are brought to light for possible modification, and the offering on fear becomes fear-less, laying bare our ultimate need to be loved. Author Rebecca Berryman writes with a light heart, gliding from theme to theme, concept to concept, bringing fresh insights to every page. Both humorous and moving, *In Service of Self* is a picturesque backroads route to the truth you already know and the faith you yearn to rediscover.

**sex as nature intended it:** *Women and Radicalism in the Nineteenth Century: Marriage,*

*sexuality, and family* Mike Sanders, 2001

**sex as nature intended it: The Marriage System of Socialism Freed from the Misrepresentations of Its Enemies** John Brindley, 1840

**sex as nature intended it: *Genital Autonomy*:** George C. Denniston, Frederick M. Hodges, Marilyn Fayre Milos, 2010-08-25 Circumcision affects 15.3 million children and young adults annually. In terms of gender, 13.3 million boys and 2 million girls are subjected to the involuntary removal of part or all of their external sexual organs every year. The problem of female circumcision has been addressed on an international level, but male circumcision remains a controversial subject that many academics have been reluctant to examine. Circumcision is tolerated today because it has been practiced for millennia by a small but vocal minority of religious and ethnic groups, however, when the practice is examined through the lens of modern legal, ethical, and human rights advancements, no place remains in civilized society for this body-altering ritual. In *Genital Autonomy: Protecting Personal Choice*, international experts address various types of genital modifications, the impact of these harmful traditional practices on the child, on human rights, and on the development of the concept of bodily integrity. The papers presented in this volume address these topics from a variety of angles. They question and dissect the true motivations of the doctors, witch doctors, and "holy men" who promote and profit from circumcision.

**sex as nature intended it: The Concept of Woman** Prudence Allen, 1997-05-22 This pioneering study by Sister Prudence Allen traces the concept of woman in relation to man in more than seventy philosophers from ancient and medieval traditions. The fruit of ten years' work, this study uncovers four general categories of questions asked by philosophers for two thousand years. These are the categories of opposites, of generation, of wisdom, and of virtue. Sister Prudence Allen traces several recurring strands of sexual and gender identity within this period. Ultimately, she shows the paradoxical influence of Aristotle on the question of woman and on a philosophical understanding of sexual complementarity. Supplemented throughout with helpful charts, diagrams, and illustrations, this volume will be an important resource for scholars and students in the fields of women's studies, philosophy, history, theology, literary studies, and political science.

**sex as nature intended it: Something is Missing - Things We Don't Want to Know About Love, Sex and Life** Bülent Somay, 2021-03-13 These essays (aphorisms, theses, whatever you like) were written fifteen years ago in Turkish, and were published in Turkey in 2007. It was almost an idyllic, Arcadian time if considered from the point of view of today, that is, the nightmarish year 2020 when I am writing this. Trump was still your run-of-the-mill Reality TV star (who was also a millionaire), and could harm only his immediate environment. We only had to deal with the common cold and the flu, which, although deadly enough, could not even begin to compete with the Covid-19 pandemic. Turkey, Russia and India were ruled by populists with authoritarian tendencies even then; but their rule did not seem as eternal and as aggressively autocratic, bordering on fascism, as it is today. \* The original book was published in Turkish titled *Bir Şeyler Eksik* by Metis Publishers, Istanbul, 2007. This English version is translated and printed by permission from the publishers. What a joy! Bülent Somay's new-old text, translated from the Turkish by Bülent himself, takes us into the impenetrable heart of obscure Lacanian psychoanalysis and comes out with clarity, wit and epithetical precision. Theory comes alive here; and along with the fun and games, something dark is brought into the light. - Stephen Frosh, author of *Feelings, Psychoanalysis Outside the Clinic, Hauntings and Those Who Come After*) With clarity, wit and copious erudition, Bülent Somay brings his critical psychoanalytic eye to our most challenging human relations - the tribulations of sex, love and desire. Somay's committed sexual politics informs this essential addition to our knowledge of the pleasures and perils of the bonds of desire. *Something is Missing* is not to be missed. - Lynne Segal, author of *Radical Happiness: Moments of Collective Joy*. CONTENTS Preface Introduction: Things We don't Want to Know about Love, Sex and Life Chapter 1. Something is Missing Chapter 2. Knight in Shining Armour Chapter 3. Jealous of You I Am Chapter 4. That Dark/Obscure Object of Desire Chapter 5. 'There is No Such Thing as a Sexual Relationship' Chapter 6. The Woman does not Exist Anyhow Chapter 7. Silentium Universi Chapter 8. The Truth is Out There/'The Real' is Out

**sex as nature intended it:** Homosexuality FAQs - A Christian Perspective eBook Daniel Lim & Ian Toh, 2022-07-22 Homosexuality is not a recent phenomenon or a newly emerged issue. It exists since the ancient time despite the suppression by tradition and culture. It started to surface in recent years as technology and media have developed in racing speed. The society has become more open and acceptive to the topic; people started to reflect on the traditional thinking on human relationship; voices and discussions regarding homosexuality are getting common. The word "homosexuality" which merely means same sex relationship in the past has evolved to LGBTQ which covers Lesbians, Gays, Bisexuals, Transgenders and Queers nowadays. Although there are more discussions, do we truly understand LGBTQ? How should we discern the right and wrong? From Christian perspective, how should we see it and live with its community? Does the Bible provide us the answer? In the past, when religions are confronted by issues of homosexuality and LGBTQ, they would quickly jump into a conclusion such as "sin", "against the nature", "promiscuity", "unclean" etc. On one hand, religious communities subconsciously hold different attitudes and mindsets toward LGBTQ community; on the other hand, media coverage and celebrity influence exalt the revolution and advocacy of LGBTQ, so that people or religious bodies who hold different point of views may be labeled as "conservative", "old-fashioned", "traditional", "conventional" etc. Over time, a gap has formed between LGBTQ and religious communities. Nevertheless, before we decide between the right and wrong, or give people a label of unrighteousness, could we jump out of the endless quarrel, opposition, or criticism? Could we adjust our perspective to understand, to observe and to contemplate the matter, so that we can better serve this community and walk with them with the love of Christ while we hold on to the law and principle of God? "Homosexuality FAQs - A Christian Perspective" is a wonderful guide for Churches. It helps readers to understand the issue more comprehensively, find out the viewpoints of the Bible, and learn how to reach out and serve LGBTQ community. This book clears doubts and confusions on LGBTQ through 10 questions in the first section. It tries to rebut general arguments from objective and scientific perspective. In the second section, it discusses LGBTQ from biblical perspective through 16 questions. Lastly, the editors laid out 6 questions to discuss the relation between Christians and the society on LGBTQ issue. Each answer begins with "quick response" to give readers the key concept, then followed by elaboration and more supplementary information. This structure is clear and easy to follow. What I appreciate the most is that it does not merely lay out a pile of data and evidence, but also shares ministry tips at the end of some answers, so that readers can break through the frame of merely knowledge, thinking and critique; and more important they can learn how to bridge the gap between the LGBTQ and us, counsel and serve LGBTQ community. Whether you want to know more the issue or feel the burden to serve the LGBTQ community, this book is worth to read. Bishop Dr Titus Chung Anglican Diocese of Singapore President, National Council of Churches of Singapore

**sex as nature intended it:** Singapore Souchow Yao, 2007-02-12 Taking ideas and frameworks from philosophy, psychology, political science, cultural studies and anthropology, this book tells the larger 'truth' about the Singapore state. This book argues that this strong hegemonic state achieves effective rule not just from repressive policies but also through a combination of efficient government, good standard of living, tough official measures and popular compliance. Souchow Yao looks at the reasons behind the hegemonic ruling, examining key events such as the caning of American teenager Michael Fay, the judicial ruling on fellatio and unnatural sex, and Singapore's 'war on terror' to show the ways in which the State manages these events to ensure the continuance of its power and ideological ethos. Lively, and well-written, this book discusses key subject areas such as: leftist radicalism and communist insurgency nation-building as trauma Western 'yellow culture' and Asian Values judicial caning and the meaning of pain the law and oral sex food and the art of lying cinema as catharsis Singapore after September 11.

**sex as nature intended it:** The Ladies' Magazine Sarah Josepha Buell Hale, 1828

**sex as nature intended it:** Ladies' Magazine , 1828

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**sex as nature intended it:** *Fear the Fever* Jeff Gelb, Michael Garrett, 2011-11-09 Fear the Fever, the seventh of the provocative Hot Blood anthology series, is the hottest yet. Your blood will boil as you peruse P.J. Cacek's Bram Stoker award-winning story Metalica and Graham Masterton's Stoker-nominated story The Secret Shih Tan. Emmy and Nebula Award winning writer Alan Brennert brings Fantasies to the Hot Blood series, while Jack Ketchum and Edward Lee join forces for the unforgettable Love Letters from the Rain Forest. Lucy Taylor and Bruce Jones are among the other contributors. 17 steaming, sizzling, brilliant pieces of original erotic horror fiction.

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**sex as nature intended it:** The Selected Works of Robert Owen vol II Gregory Claeys, 2021-02-25 Robert Owen (1771-1858) was the founder of British socialism, and one of the most influential reformers in Britain and America in the first half of the 19th century. This book contains all Owen's key writings on the ideal community, socialism, religion, and the capitalist economic system.

**sex as nature intended it: How Sex Got Screwed Up: The Ghosts that Haunt Our Sexual Pleasure - Book Two** Jon Knowles, 2019-06-28 The ghosts that haunt our sexual pleasure were born in the Stone Age. Sex and gender taboos were used by tribes to differentiate themselves from one another. These taboos filtered into the lives of Bronze and Iron Age men and women who lived in city-states and empires. For the early Christians, all sex play was turned into sin, instilled with guilt, and punished severely. With the invention of sin came the construction of women as subordinate beings to men. Despite the birth of romance in the late middle ages, Renaissance churches held inquisitions to seek out and destroy sex sinners, all of whom it saw as heretics. The Age of Reason saw the demise of these inquisitions. But, it was doctors who would take over the roles of priests and ministers as sex became defined by discourses of crime, degeneracy, and sickness. The middle of the 20th century saw these medical and religious teachings challenged for the first time as activists, such as Alfred Kinsey and Margaret Sanger, sought to carve out a place for sexual freedom in society. However, strong opposition to their beliefs and the growing exploitation of sex by the media at the close of the century would ultimately shape 21st century sexual ambivalence. Book Two of this two-part publication traces the history of sex from the Victorian Era to present day. Interspersed with 'personal hauntings' from his own life and the lives of friends and relatives, Knowles reveals how historical discourses of sex continue to haunt us today. This book is a page-turner in simple and plain language about 'how sex got screwed up' for millennia. For Knowles, if we know the history of sex, we can get over it.

**sex as nature intended it: The elements of social science; or, Physical, sexual, and natural religion, by a graduate of medicine [G. Drysdale].** George Drysdale, 1861

**sex as nature intended it: The Universal Magazine of Knowledge and Pleasure , 1790**

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