

cornell self guided tour

Cornell Self Guided Tour: Exploring the Ivy League Campus at Your Own Pace

cornell self guided tour offers an incredible opportunity to explore one of the most prestigious Ivy League universities in the United States without the constraints of a scheduled group tour. For prospective students, visitors, or simply curious travelers, a self-guided approach allows you to immerse yourself in the rich history, stunning architecture, and vibrant campus life of Cornell University at your own pace. Whether you're wandering through the iconic quads, discovering hidden gems in the Cornell Botanic Gardens, or soaking in breathtaking views from Libe Slope, this type of tour invites a personalized and flexible experience.

Why Choose a Cornell Self Guided Tour?

Many visitors to Cornell wrestle with the decision between joining an official guided tour or striking out on their own. Self-guided tours provide unmatched flexibility. You decide how long to spend in each spot, which landmarks to focus on, and even when to pause for a coffee or meal in one of the campus eateries. This makes the visit feel less rushed and more tailored to your interests.

Moreover, Cornell's campus is sprawling, covering over 2,300 acres with a mix of historic buildings, modern facilities, and natural beauty. A self-guided tour lets you explore off-the-beaten-path locations that might be skipped on standard tours, such as quirky sculptures, small art galleries, or serene walking trails nestled within the Cornell Botanic Gardens.

Planning Your Self Guided Tour

Before heading out, it's helpful to have a map or a mobile app handy. Cornell University provides downloadable campus maps that highlight key points of interest, dining options, and accessibility routes. Many visitors also rely on apps or websites dedicated to Cornell tours, which often include audio guides or detailed descriptions to enrich your experience.

Another tip is to plan your visit around the academic calendar. Visiting during the school year allows you to observe campus life in full swing, with students bustling between classes, events happening, and an energized community vibe. Conversely, summer or winter visits offer quieter environments, perfect for those who prefer a more reflective stroll.

Must-See Spots on a Cornell Self Guided Tour

When embarking on a self-guided tour of Cornell, certain landmarks and areas stand out for their historical significance and aesthetic appeal. Here are some top locations to include in your itinerary:

1. Cornell University Clock Tower and McGraw Tower

One of the most recognizable symbols of Cornell is McGraw Tower, housing the Cornell Chimes. While the chimes play live concerts during the academic year, simply witnessing this iconic clock tower up close is a memorable experience. The soaring Gothic architecture represents the university's long-standing tradition of excellence.

2. Cornell Arts Quad

The Arts Quad is the heart of the campus, surrounded by several notable buildings such as Uris Library, Goldwin Smith Hall, and White Hall. Strolling through the quad, you'll get a feel for the collegiate gothic style and the academic atmosphere that permeates the university. On sunny days, it's a favorite spot for students to relax or study outdoors.

3. Cornell Botanic Gardens

For nature lovers, the Botanic Gardens offer a beautiful contrast to the academic hustle. Spanning nearly 4,000 acres, these gardens feature cultivated landscapes, natural woodlands, and walking trails that showcase the region's native plants. The gardens are perfect for a peaceful walk or photography enthusiasts looking to capture seasonal blooms.

4. The Johnson Museum of Art

Situated on a bluff overlooking Cayuga Lake, the Herbert F. Johnson Museum of Art is a must-visit for art aficionados. The building itself is an architectural marvel designed by I.M. Pei, and its collection spans a diverse array of cultures and time periods. Best of all, admission to the museum is free, making it an accessible cultural stop on your tour.

5. Libe Slope

Libe Slope is more than just a scenic hill; it's a social hub where students gather between classes. The slope offers spectacular views of the surrounding Ithaca landscape and is especially vibrant during the fall when the leaves change color. Taking a moment here to soak in the environment can be one of the most enriching parts of your visit.

Tips for Making the Most of Your Cornell Self Guided Tour

Navigating a campus as large and diverse as Cornell requires a bit of preparation. Here are some practical tips to enhance your self-guided tour experience:

- **Download the Cornell Campus Map:** Available on the official university website, this map outlines key buildings, dining options, and walking paths.
- **Wear Comfortable Shoes:** Be prepared for plenty of walking, including some uphill sections, especially if you plan to explore Libe Slope or the Botanic Gardens.
- **Check the Weather:** Ithaca's weather can be variable, so bring layers, an umbrella, or sunscreen depending on the season.
- **Bring Water and Snacks:** While there are several cafes and dining halls, having refreshments on hand can keep you energized.
- **Use Mobile Resources:** Apps or websites dedicated to Cornell's self guided tours can provide audio commentary, historical context, and insider tips.
- **Plan Your Time:** Allocate at least 2-3 hours for a thorough self guided tour, or longer if you want to explore museums or gardens in depth.

Experiencing Campus Life Beyond the Landmarks

One of the best aspects of a Cornell self guided tour is the chance to experience the everyday life of students and faculty. Wander through student unions, peek into coffee shops like the renowned Big Red Barn, or browse the Cornell Store for souvenirs. If your visit coincides with a public lecture, concert, or athletic event, consider attending to get a deeper feel for the campus culture.

Don't miss the opportunity to interact with current students or faculty if you come across them in public spaces. Many are happy to share their experiences and answer questions, offering perspectives that no guidebook can provide.

Seasonal Highlights

Cornell's campus transforms with the seasons, each offering unique experiences:

- **Spring:** Cherry blossoms and tulips bloom around the Arts Quad, creating picturesque photo opportunities.
- **Fall:** The foliage in and around the campus is spectacular, making walks on Libe Slope and through the Gardens unforgettable.
- **Winter:** Snow blankets the campus, giving it a serene, almost magical quality, though be prepared for colder temperatures.
- **Summer:** Warm weather encourages outdoor events and open-air concerts, ideal for a lively visit.

Exploring Ithaca: Complement Your Cornell Self Guided Tour

While the campus itself is a treasure trove, Ithaca and the surrounding Finger Lakes region offer even more to see and do. After your self guided tour, consider visiting nearby attractions such as:

- **Buttermilk Falls State Park:** A stunning natural area with waterfalls and hiking trails.
- **Cayuga Lake:** Perfect for boating, fishing, or simply enjoying waterfront views.
- **Ithaca Commons:** A vibrant pedestrian shopping district filled with local shops, restaurants, and entertainment.
- **Robert H. Treman State Park:** Home to dramatic gorges and swimming holes.

Combining these excursions with your Cornell visit gives a well-rounded experience of the region's natural beauty and small-town charm.

A Cornell self guided tour is more than just a walk through a university campus; it's a journey into one of the nation's premier educational institutions, rich with history, innovation, and community spirit. By taking the time to explore independently, you can connect with the essence of Cornell on your own terms, making your visit both memorable and meaningful.

Frequently Asked Questions

What is the Cornell self-guided tour?

The Cornell self-guided tour is an independent walking tour that allows visitors to explore the Cornell University campus at their own pace using maps and digital resources provided by the university.

How can I access the Cornell self-guided tour materials?

You can access the Cornell self-guided tour materials through the official Cornell University website, where downloadable maps and audio guides are available, or by using the Cornell mobile app.

What are the main highlights included in the Cornell self-guided tour?

The main highlights of the Cornell self-guided tour typically include iconic landmarks such as McGraw Tower, the Arts Quad, Cornell Botanic Gardens, Thurston Avenue, and the Johnson Museum of Art.

Is the Cornell self-guided tour suitable for prospective students?

Yes, the self-guided tour is ideal for prospective students who want to explore the campus independently, learn about academic buildings, student life, and campus history on their own schedule.

How long does it usually take to complete the Cornell self-guided tour?

The Cornell self-guided tour usually takes about 1.5 to 2 hours to complete, depending on the visitor's pace and how many stops they make along the way.

Are there any accessibility options available for the Cornell self-guided tour?

Yes, the self-guided tour route is designed to be accessible, with options to avoid stairs or steep paths, and digital resources are available for visitors with visual or hearing impairments.

Additional Resources

Cornell Self Guided Tour: Exploring the Ivy League Campus at Your Own Pace

cornell self guided tour offers prospective students, visitors, and curious explorers the opportunity to delve into the rich academic and cultural atmosphere of one of the Ivy League's most iconic universities without the constraints of a scheduled group. This approach to campus exploration allows for a personalized experience, where individuals can navigate Cornell University's sprawling 2,300-acre campus in Ithaca, New York, discovering its historic landmarks, vibrant student life, and scenic natural beauty on their own terms.

The concept of a Cornell self guided tour has gained traction in recent years, particularly as travelers and college hopefuls seek flexibility and autonomy in their visits. Unlike traditional guided tours, which follow predetermined routes and schedules, a self guided tour empowers visitors to focus on areas of personal interest, whether that be academic buildings, museums, or the picturesque gorges that define much of Ithaca's landscape. With digital resources increasingly available, including downloadable maps and mobile applications, the self guided tour experience continues to evolve, balancing convenience with comprehensive coverage.

Understanding the Cornell Self Guided Tour Experience

Embarking on a Cornell self guided tour is not merely about checking off tourist landmarks; it is an immersive journey into the university's storied traditions, cutting-edge research facilities, and thriving community. The self guided framework encourages an investigative approach, allowing visitors to absorb information at their own pace and revisit points of interest without pressure.

Accessibility and Convenience

One of the primary advantages of a self guided tour at Cornell is accessibility. Visitors can start their exploration at any time during daylight hours, circumventing the need to align with the university's official tour schedules. This flexibility is particularly beneficial for those traveling from afar or balancing visits with tight itineraries.

Cornell University supports this mode of touring by providing comprehensive resources on its official website. These include detailed campus maps, descriptions of notable buildings like Sage Hall and Uris Library, and highlights of the Cornell Botanic Gardens. Additionally, apps with interactive GPS features allow users to locate themselves in real time and access multimedia content, enhancing the educational value of the visit.

Customization and Personal Learning

A self guided tour naturally caters to individual interests. For example, prospective engineering students might prioritize visits to the Duffield Hall or the Physical Sciences Building, while art enthusiasts may focus on the Herbert F. Johnson Museum of Art. This targeted approach contrasts with group tours, which often provide a broad overview suitable for general audiences but may gloss over specialized subjects.

Moreover, the self guided format encourages a deeper engagement with the material. Visitors can pause to read plaques, engage with digital exhibits, or reflect on the university's history without feeling rushed. This autonomy supports a more meaningful connection to the campus environment and its academic ethos.

Key Features and Highlights of the Cornell Self Guided Tour

When undertaking a Cornell self guided tour, several campus features stand out as indispensable points of interest, blending the university's architectural heritage with its innovative spirit.

Historic Landmarks and Academic Buildings

Cornell's campus boasts a distinctive architectural style, blending Collegiate Gothic and modernist designs. Sites like McGraw Tower provide not only panoramic views of the Ithaca area but also a link to the university's traditions, including the famous chimes concerts. Visitors can explore the iconic Willard Straight Hall, a hub of student activity and cultural events that has played a significant role in campus history.

Academic buildings such as Goldwin Smith Hall and the Statler Hall complex represent the intellectual backbone of the institution, housing departments ranging from humanities to hospitality management. The self guided tour affords visitors the chance to appreciate these spaces from the outside and, where permitted, glimpse the interiors to better understand Cornell's

academic environment.

Natural Beauty and Outdoor Spaces

Cornell's location in the Finger Lakes region offers a unique blend of campus and natural landscapes. The Cornell Botanic Gardens, including the renowned Arboretum and the F.R. Newman Arboretum, present diverse ecosystems and plant collections that appeal to nature lovers and researchers alike.

The campus is also interlaced with gorges and waterfalls—accessible via well-maintained trails—that provide stunning vistas and outdoor study spots. These natural features are often highlighted in self guided tour materials, reflecting Cornell's commitment to environmental stewardship and experiential learning.

Cultural and Recreational Facilities

The Johnson Museum of Art, designed by I.M. Pei, is a landmark destination on a Cornell self guided tour. It houses an extensive collection of Asian art, contemporary works, and rotating exhibitions. Visitors can also enjoy the museum's terrace, which offers a sweeping view of Cayuga Lake and the surrounding region.

Recreational facilities such as the Teagle Hall and the Barton Hall gymnasium underscore the university's emphasis on student wellness and extracurricular involvement. Those interested in athletics or campus life can explore these areas to gain insight into the student experience beyond academics.

Comparing Self Guided Tours to Traditional Guided Tours

While guided tours provide structured narratives led by knowledgeable guides, they often adhere to fixed itineraries that may limit individual exploration. Conversely, the Cornell self guided tour offers freedom but requires a proactive approach to planning and information gathering.

Pros of Cornell Self Guided Tours

- **Flexibility:** Visit at any time and linger in places of interest.
- **Personalization:** Tailor the route to specific academic or cultural interests.
- **Cost-effective:** Typically free or low-cost, without the need for reservations or fees.
- **Technological integration:** Use of apps and downloadable guides enhances learning.

Cons of Cornell Self Guided Tours

- **Lack of real-time interaction:** No immediate answers to questions or anecdotes from guides.
- **Navigation challenges:** Large campus size can be overwhelming without a clear plan.
- **Limited access:** Some buildings or facilities might be closed or restricted without a guided group.

Tips for Maximizing the Cornell Self Guided Tour

To optimize the self guided experience, preparation is key. Prospective visitors should start by downloading official campus maps and reviewing online resources related to departments, landmarks, and events. Utilizing Cornell's mobile app, if available, can provide GPS guidance and multimedia content to enrich the visit.

Wearing comfortable footwear is essential given the campus's expansive and sometimes hilly terrain. Planning breaks at campus cafes or outdoor seating areas can enhance comfort and provide opportunities for reflection.

Additionally, timing the visit to coincide with academic sessions or special events—such as open houses or art exhibits—can offer deeper insights into campus life. However, visitors should verify access and hours for buildings of interest to avoid disappointment.

Cornell University's self guided tour option stands as a testament to the institution's commitment to accessibility and personalized engagement. It allows visitors to forge their own path through an academic landscape steeped in history, innovation, and natural beauty, making each tour a unique discovery process.

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cornell self guided tour: International Dictionary of University Histories Mary Elizabeth Devine, Carol Summerfield, 2013-12-02 Modeled on Fitzroy Dearborn's highly successful

International Dictionary of Historic Places , the International Dictionary of University Histories provides basic information on 200 institutions--location, description, sources of further information--followed by an extensive 3000 to 5000 word essay on each university's history. Entries on each university conclude with a Further Reading list, and most entries are illustrated. Coverage is world-wide, and entries range from the great medieval institutions (Oxford, Heidelberg, the Sorbonne) to the great historic universities of the United States, to the newer universities of Australia and South Africa, to the lesser-known universities of India, China, and Japan. More than 200 writers, researchers and archival departments of the universities themselves have contributed to the Dictionary . Entries include those universities with the most fascinating histories and those that have played important roles in the development of their own countries and in the furtherance of world scholarship.

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cornell self guided tour: *A History of Cornell* Morris Bishop, 2014-10-15 Cornell University is fortunate to have as its historian a man of Morris Bishop's talents and devotion. As an accurate record and a work of art possessing form and personality, his book at once conveys the unique character of the early university—reflected in its vigorous founder, its first scholarly president, a brilliant and eccentric faculty, the hardy student body, and, sometimes unfortunately, its early architecture—and establishes Cornell's wider significance as a case history in the development of higher education. Cornell began in rebellion against the obscurantism of college education a century ago. Its record, claims the author, makes a social and cultural history of modern America. This story will undoubtedly entrance Cornellians; it will also charm a wider public. Dr. Allan Nevins, historian, wrote: I anticipated that this book would meet the sternest tests of scholarship, insight, and literary finish. I find that it not only does this, but that it has other high merits. It shows grasp of ideas and forces. It is graphic in its presentation of character and idiosyncrasy. It lights up its story by a delightful play of humor, felicitously expressed. Its emphasis on fundamentals, without pomposity or platitude, is refreshing. Perhaps most important of all, it achieves one goal that in the history of a living university is both extremely difficult and extremely valuable: it recreates the changing atmosphere of time and place. It is written, very plainly, by a man who has known and loved Cornell and Ithaca for a long time, who has steeped himself in the traditions and spirit of the institution, and who possesses the enthusiasm and skill to convey his understanding of these intangibles to the reader. The distinct personalities of Ezra Cornell and first president Andrew Dickson White dominate the early chapters. For a vignette of the founder, see Bishop's description of his first buildings (Cascadilla, Morrill, McGraw, White, Sibley): At best, he writes, they embody the character of Ezra Cornell, grim, gray, sturdy, and economical. To the English historian, James Anthony Froude, Mr. Cornell was the most surprising and venerable object I have seen in America. The first faculty, chosen by President White, reflected his character: his idealism, his faith in social emancipation by education, his dislike of dogmatism, confinement, and inherited orthodoxy; while the romantic upstate gothic architecture of such buildings as the President's house (now Andrew D. White Center for the Humanities), Sage Chapel, and Franklin Hall may be said to portray the taste and Soul of

Andrew Dickson White. Other memorable characters are Louis Fuertes, the beloved naturalist; his student, Hugh Troy, who once borrowed Fuertes' rhinoceros-foot wastebasket for illicit if hilarious purposes; the more noteworthy and the more eccentric among the faculty of succeeding presidential eras; and of course Napoleon, the campus dog, whose talent for hailing streetcars brought him home safely—and alone—from the Penn game. The humor in *A History of Cornell* is at times kindly, at times caustic, and always illuminating.

cornell self guided tour: Lonely Planet New York & the Mid-Atlantic's Best Trips Simon Richmond, 2022-10 Discover the freedom of the open road with Lonely Planet's New York & the Mid-Atlantic's Best Trips. This trusted travel companion features 30 amazing road trips, from 2-day escapes to 2-week adventures. Journey through the wine regions or explore small roads in postcard-perfect Pennsylvania Dutch Country, all with your trusted travel companion. Get to New York and the Mid-Atlantic, rent a car, and hit the road! Inside Lonely Planet's New York & the Mid-Atlantic's Best Trips: Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak Lavish color and gorgeous photography throughout Itineraries and planning advice to pick the right tailored trips for your needs and interests Get around easily - easy-to-read, full-color route maps, detailed directions Insider tips to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads Essential info at your fingertips - hours of operation, phone numbers, websites, prices Honest reviews for all budgets - eating, sleeping, sightseeing, hidden gems that most guidebooks miss Useful features - including Stretch Your Legs, Detours, Link Your Trip Covers New York, New Jersey, Pennsylvania, Washington DC, Maryland, Delaware, Virginia and more The Perfect Choice: Lonely Planet New York & the Mid-Atlantic's Best Trips is perfect for exploring the region via the road and discovering sights that are more accessible by car. Planning a New York and Mid-Atlantic USA trip sans a car? Lonely Planet's New York & the Mid-Atlantic, our most comprehensive guide to the region, is perfect for exploring both top sights and lesser-known gems. About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day. 'Lonely Planet guides are, quite simply, like no other.' □ New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveler's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' □ Fairfax Media (Australia)

cornell self guided tour: Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center Food and Nutrition Information Center (U.S.), 1977

cornell self guided tour: *Spiritual Moderns* Erika Doss, 2023-05-03 Examines how and why religion matters in the history of modern American art. Andy Warhol is one of the best-known American artists of the twentieth century. He was also an observant Catholic who carried a rosary, went to mass regularly, kept a Bible by his bedside, and depicted religious subjects throughout his career. Warhol was a spiritual modern: a modern artist who appropriated religious images, beliefs, and practices to create a distinctive style of American art. *Spiritual Moderns* centers on four American artists who were both modern and religious. Joseph Cornell, who showed with the Surrealists, was a member of the Church of Christ, Scientist. Mark Tobey created pioneering works of Abstract Expressionism and was a follower of the Bahá'í Faith. Agnes Pelton was a Symbolist painter who embraced metaphysical movements including New Thought, Theosophy, and Agni Yoga. And Warhol, a leading figure in Pop art, was a lifelong Catholic. Working with biographical materials, social history, affect theory, and the tools of art history, Doss traces the linked subjects of art and religion and proposes a revised interpretation of American modernism.

cornell self guided tour: *Explorer's Guide Finger Lakes (5th Edition) (Explorer's Complete)* Katharine Delavan Dyson, 2016-07-05 The only comprehensive guidebook dedicated to the Finger

Lakes region of upstate New York, this updated, revised edition is packed with all the information you need to know Upstate New York's Finger Lakes region is one of the most serene and beautiful vacation spots in America. From the region's breathtaking glacial lakes and spectacular gorges to its quaint villages and world-class wineries, this area has charms aplenty, and this trusted guide will help you explore all it has to offer. Katharine Delavan Dyson spent more than a year driving around each lake, stopping for countless interviews with residents and businesspeople. This full-color guide contains more than 100 photos, detailed maps, and info on attractions, events, shopping, history, recreation, and more. Take a cruise on the Erie Canal, bring the family to local farms and farmers' markets, play a few holes on the area's many golf courses, or hike the miles and miles of majestic trails. Broken down lake by lake and featuring sections on gateway cities, transportation, important phone numbers, and services, Explorer's Guide Finger Lakes will help you get the most out of your trip.

cornell self guided tour: Farming the Woods Ken Mudge, Steve Gabriel, 2014 Learn how to fill forests with food by viewing agriculture from a remarkably different perspective: that a healthy forest can be maintained while growing a wide range of food, medicinal, and other nontimber products. The practices of forestry and farming are often seen as mutually exclusive, because in the modern world, agriculture involves open fields, straight rows, and machinery to grow crops, while forests are reserved primarily for timber and firewood harvesting. In *Farming the Woods*, authors Ken Mudge and Steve Gabriel demonstrate that it doesn't have to be an either-or scenario, but a complementary one; forest farms can be most productive in places where the plow is not: on steep slopes and in shallow soils. Forest farming is an invaluable practice to integrate into any farm or homestead, especially as the need for unique value-added products and supplemental income becomes increasingly important for farmers. Many of the daily indulgences we take for granted, such as coffee, chocolate, and many tropical fruits, all originate in forest ecosystems. But few know that such abundance is also available in the cool temperate forests of North America. *Farming the Woods* covers in detail how to cultivate, harvest, and market high-value nontimber forest crops such as American ginseng, shiitake mushrooms, ramps (wild leeks), maple syrup, fruit and nut trees, ornamentals, and more. Along with profiles of forest farmers from around the country, readers are also provided comprehensive information on: • historical perspectives of forest farming; • mimicking the forest in a changing climate; • cultivation of medicinal crops; • cultivation of food crops; • creating a forest nursery; • harvesting and utilizing wood products; • the role of animals in the forest farm; and, • how to design your forest farm and manage it once it's established. *Farming the Woods* is an essential book for farmers and gardeners who have access to an established woodland, are looking for productive ways to manage it, and are interested in incorporating aspects of agroforestry, permaculture, forest gardening, and sustainable woodlot management into the concept of a whole-farm organism.

cornell self guided tour: *Slacking* Adam Kissel, Rachel Alexander Cambre, Madison Marino Doan, 2025-05-06 Prestige no longer ensures substance at Ivy League schools; students must navigate a maze of shallow, politicized courses to uncover the rare gems of a classical education, exposing the need for academic renewal. This book is a banquet of the absurdities that Ivy League universities serve up to their students under the rubric of general education. Anyone who wonders how the graduates of America's elite institutions come by their jaundiced view of our country should start here. The few who refuse to "slack" are limited to the hard sciences and the few remaining excellent courses in the humanities. —Peter Wood, President, National Association of Scholars Ivy League universities can no longer be trusted to produce well-educated students. Even a cursory review of the course titles at top schools shows that these \$320,000-plus diplomas may confer legacy prestige to graduates, but not necessarily knowledge or wisdom. At Cornell, for example, students can take *Queer Girlhood*, *Beyoncé Nation*, and *Intersectional Disability Studies*. The course list at Yale includes *Pop Sapphism* and *Comparative Settler Geographies*. At Princeton: *Shoes*. Penn offers *Reality TV* and *Gender and Decolonizing French Food*. Even worse, these courses actually fulfill general education requirements. It is still possible to earn a great education at Princeton, Harvard,

Yale, Penn, Columbia, Brown, Cornell, or Dartmouth, but doing so requires prudence and persistence. In *Slacking*, Adam Kissel, Rachel Alexander Cambre, and Madison Marino Doan dedicate one chapter to each Ivy League college, providing specific information about the coursework that serious students should pursue to extract a real education from these decaying institutions. Every chapter concludes with two course lists, both of which meet the school's general education requirements. One displays the worst collection of courses that an inveterate "slacker" could take to skate through the requirements for entertainment, reinforcement of political biases, and narrow specialization. The other lists the best choice of courses a dedicated striver could take to acquire a well rounded, content-rich liberal education. The contrast between the two sounds a rousing alarm bell for curriculum reform at America's best-known colleges.

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cornell self guided tour: *The Cornell Alumni News*, 1977

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cornell self guided tour: *Betty Cornell Teen-Age Popularity Guide* Betty Cornell, 2014-04-15 Available again for a whole new generation of readers, the original 1950s popularity guide that was the inspiration for teen author Maya Van Wagenen's memoir *Popular: Vintage Wisdom for a Modern Geek*. Filled with fun tips and vintage wisdom, Betty Cornell's *Teen-Age Popularity Guide* offers advice and guidance for teens who want to be poised, self-confident, and shiny bright. Betty covers topics ranging from Figure Problems, Good Grooming, and What to Wear Where to hints on dating, hosting a great party, and becoming the most popular girl in your set! BETTY CORNELL HUSTON was a teenage fashion model in the late 1940s and the early 1950s, working for the John Robert Powers, Harry Conover, and Ford Modeling agencies. As a well-known junior model, Betty was invited to conduct good grooming classes that ultimately led to a career as an author of advice books. She continued to model through the 1980s. Betty married John J. Huston in 1952 and settled in the suburbs of Philadelphia where they raised three children. Betty has nine grandchildren, volunteers at her local school, and finds time to paint watercolors. Betty currently resides in Audubon, Pennsylvania.

cornell self guided tour: *Catalog of Museum Publications & Media* Paul Wasserman, Esther Herman,

cornell self guided tour: *Handbook of School-Based Mental Health Promotion* Alan W. Leschied, Donald H. Saklofske, Gordon L. Flett, 2018-07-03 The Springer Series on Human Exceptionality Series Editors: Donald H. Saklofske and Moshe Zeidner Handbook for School-Based Mental Health Promotion An Evidence-Informed Framework for Implementation Alan W. Leschied, Donald H. Saklofske, and Gordon L. Flett, Editors This handbook provides a comprehensive overview to implementing effective evidence-based mental health promotion in schools. It addresses issues surrounding the increasing demands on school psychologists and educational and mental health professionals to support and provide improved student well-being, learning, and academic outcomes. The volume explores factors outside the traditional framework of learning that are important in maximizing educational outcomes as well as how students learn to cope with emotional challenges that confront them both during their school years and across the lifespan. Chapters offer robust examples of successful programs and interventions, addressing a range of student issues, including depression, self-harm, social anxiety, high-achiever anxiety, and hidden distress. In addition, chapters explore ways in which mental health and education professionals can implement evidence-informed programs, from the testing and experimental stages to actual use within schools and classrooms. Topics featured in this handbook include: · A Canadian perspective to mental health literacy and teacher preparation. · The relevance of emotional intelligence in the effectiveness of delivering school-based mental health programs. · Intervention programs for reducing self-stigma in children and adolescents. · School-based suicide prevention and intervention. · Mindfulness-based programs in school settings. · Implementing emotional intelligence programs in Australian schools. The Handbook for School-Based Mental Health Promotion is a must-have resource for researchers, clinicians and related professionals, and policymakers as well as graduate students across such interrelated disciplines as child and school psychology, social work, education policy and politics, special and general education, public health, school nursing, occupational therapy, psychiatry, school counseling, and family studies.

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