

# **past life regression therapy certification**

Past Life Regression Therapy Certification: Unlocking the Path to Healing and Self-Discovery

**Past life regression therapy certification** is becoming an increasingly popular credential among holistic healers, therapists, and wellness practitioners eager to explore the fascinating realm of past lives and subconscious healing. For those drawn to the idea that unresolved issues from previous incarnations might influence current life patterns, obtaining certification in this specialized therapy offers a structured, credible, and professional way to facilitate profound transformations for clients. But what exactly does this certification entail, and how can it benefit both practitioners and their clients? Let's dive deeper into this intriguing field.

## **Understanding Past Life Regression Therapy**

Past life regression therapy involves guiding individuals into a deeply relaxed or hypnotic state to access memories or experiences believed to originate from previous lifetimes. These memories can sometimes reveal hidden traumas, unresolved conflicts, or emotional blocks that affect a person's current psychological and physical wellbeing. Through this therapeutic approach, clients often gain clarity, healing, and a renewed sense of purpose.

## **The Role of Certification in Past Life Regression Therapy**

While many practitioners may feel drawn to offer past life regression sessions, certification plays a critical role in ensuring they have the necessary skills, ethical grounding, and theoretical knowledge. A recognized past life regression therapy certification program typically covers hypnosis techniques, regression methodology, client safety protocols, and ethical considerations. This not only boosts practitioner confidence but also reassures clients that they are in capable hands.

## **Why Pursue Past Life Regression Therapy**

# Certification?

Many individuals interested in spiritual healing, hypnotherapy, or metaphysical counseling find past life regression therapy certification to be a valuable addition to their professional toolkit. Here are several reasons why certification matters:

- **Expertise and Credibility:** Certification demonstrates a formal understanding of regression techniques and ethical practice standards.
- **Client Trust:** Certified practitioners are often preferred by clients seeking safe and professional guidance in exploring past life memories.
- **Legal and Ethical Compliance:** Proper training covers how to handle sensitive situations and maintain confidentiality.
- **Expanded Career Opportunities:** Certified therapists can work independently or within wellness centers, hypnotherapy clinics, or alternative healing practices.

## Key Components of a Certification Program

A comprehensive past life regression therapy certification typically includes:

1. **Foundations of Hypnosis:** Understanding trance states and how to safely induce hypnosis.
2. **Regression Techniques:** Step-by-step methods for guiding clients through past life memories.
3. **Psychological Aspects:** Exploring how past life experiences may manifest as current emotional or physical issues.
4. **Ethical Guidelines:** Learning how to maintain professionalism, client consent, and confidentiality.
5. **Practical Sessions:** Hands-on experience with supervised client regressions.

# Choosing the Right Past Life Regression Therapy Certification Program

With many options available, selecting the right certification program can be daunting. It's essential to consider factors such as the program's reputation, instructor qualifications, course content, and format (online vs. in-person).

## Accreditation and Recognition

Look for programs accredited by reputable hypnotherapy or holistic therapy organizations. Accreditation ensures the curriculum meets industry standards and that the certification will be respected by peers and potential clients.

## Course Curriculum and Duration

A well-rounded curriculum should balance theoretical knowledge with practical application. Some courses may be intensive weekend workshops, while others stretch over several months with ongoing mentorship. Choose a program that fits your learning style and schedule.

## Post-Certification Support

Support after certification can be invaluable. Some schools offer ongoing supervision, networking opportunities, or refresher courses to help you stay updated with the latest techniques and best practices.

## Integrating Past Life Regression Therapy into Your Practice

Once certified, practitioners often wonder how best to incorporate past life regression therapy into their existing services.

## Combining Modalities

Many therapists blend past life regression with other healing methods such as Reiki, energy healing, counseling, or life coaching. This holistic approach can enhance the client's overall experience and outcomes.

## Marketing Your Services

Using SEO-friendly keywords like “past life regression sessions,” “hypnotherapy for past lives,” or “spiritual regression therapy” on your website and social media can attract clients searching for these unique services. Sharing testimonials and educational content about the benefits of past life regression can also build credibility.

## Ethical Considerations

It's crucial to maintain ethical boundaries, especially since some memories recovered during regression may be emotionally intense or difficult. Certified practitioners should be prepared to provide or refer clients to additional psychological support when necessary.

## The Impact of Past Life Regression Therapy on Clients

Many people report profound shifts after undergoing past life regression therapy. Some common client experiences include:

- Release from longstanding fears or phobias.
- Understanding recurring relationship dynamics.
- Healing physical ailments linked to emotional trauma.
- Greater self-awareness and spiritual growth.
- Resolution of anxiety, depression, or unexplained sadness.

While the scientific community remains divided on the literal existence of past lives, the therapeutic benefits of regression as a tool for accessing subconscious material are widely recognized.

## Tips for New Practitioners

- Always prioritize client safety by creating a calm, supportive environment.
- Practice your regression techniques thoroughly before working with clients to build confidence.
- Keep detailed session notes to track progress and identify patterns.

- Stay open-minded and compassionate, respecting each client's unique journey.
- Continue learning through workshops, books, and peer groups to deepen your expertise.

Exploring past life regression therapy through certification is more than just gaining a new skill—it's entering a pathway of transformative healing for both the practitioner and those they serve. Whether you're starting fresh or adding to your existing practice, this form of therapy offers a fascinating blend of spirituality, psychology, and personal growth that resonates deeply in today's world.

## **Frequently Asked Questions**

### **What is past life regression therapy certification?**

Past life regression therapy certification is a credential that validates an individual's training and expertise in conducting past life regression sessions, which involve guiding clients to explore memories or experiences from previous lifetimes.

### **How long does it take to get certified in past life regression therapy?**

The duration varies depending on the program, but most past life regression therapy certification courses range from a few days to several weeks, with some offering self-paced online options.

### **Are there any prerequisites for enrolling in a past life regression therapy certification course?**

Prerequisites vary by institution, but generally, no formal healthcare degree is required. However, some programs may prefer candidates with backgrounds in counseling, hypnotherapy, or psychology.

### **Is past life regression therapy certification recognized by professional therapy boards?**

Past life regression therapy is considered a complementary or alternative therapy and is not universally recognized by mainstream therapy boards. Certification mainly validates training but may not substitute for licensed mental health credentials.

### **What topics are covered in a past life regression**

## **therapy certification program?**

Typical topics include hypnosis techniques, history and theory of past life regression, ethical considerations, client handling, session structuring, and practical regression exercises.

## **Can certified past life regression therapists practice independently?**

Yes, certified past life regression therapists can often practice independently, but it is recommended to comply with local regulations and obtain any necessary licenses if required.

## **Are online courses available for past life regression therapy certification?**

Yes, many reputable organizations offer online past life regression therapy certification courses, making it accessible for students worldwide.

## **What are the career benefits of obtaining past life regression therapy certification?**

Certification can enhance credibility, expand therapeutic skills, attract clients interested in alternative therapies, and provide opportunities to work in holistic health centers or private practice.

## **How much does past life regression therapy certification typically cost?**

Costs vary widely depending on the institution and course format, ranging from a few hundred to several thousand dollars.

## **Is continuing education required after obtaining past life regression therapy certification?**

Some certification programs recommend or require continuing education to maintain certification and stay updated with new techniques and ethical guidelines.

## **Additional Resources**

**\*\*Navigating the Path to Expertise: An In-Depth Look at Past Life Regression Therapy Certification\*\***

**past life regression therapy certification** represents a growing niche within the broader field of alternative healing and hypnotherapy. As interest in the

metaphysical and psychological benefits of exploring past lives increases, so too does the demand for qualified practitioners who can guide clients safely through regression sessions. This article explores the landscape of certification programs, the standards behind them, and what prospective therapists should consider when seeking credentials in this specialized area.

## Understanding Past Life Regression Therapy and Its Certification

Past life regression therapy involves guiding individuals into a hypnotic state to explore memories that are believed to be from previous incarnations. Practitioners use these sessions as tools to uncover unresolved issues, emotional blockages, or recurring life patterns that may be impacting the client's current life. Because of its unique blend of hypnosis, psychology, and spirituality, the certification process for past life regression therapy is distinct from other therapeutic modalities.

Past life regression therapy certification serves to validate a practitioner's knowledge and skills in this specialized technique. Unlike mainstream psychological certifications, which are regulated by national boards, past life regression programs are often offered by private institutions or independent trainers. This lack of formal regulation means that certification standards can vary widely, making it imperative for prospective practitioners to carefully evaluate the credibility and comprehensiveness of training programs.

## Key Components of Past Life Regression Therapy Certification Programs

Certification courses typically cover a range of topics designed to equip therapists with both theoretical understanding and practical skills:

- **Hypnosis Techniques:** Training in hypnotic induction and deepening methods tailored for regression work.
- **Ethics and Client Safety:** Guidance on maintaining professional boundaries, confidentiality, and managing client emotional responses.
- **Past Life Theory:** Exploration of reincarnation concepts, cultural perspectives, and the psychology behind past life memories.
- **Session Structuring:** Instruction on conducting sessions, including pre-session interviews, regression protocols, and post-session integration.
- **Hands-on Practice:** Supervised regression sessions to build confidence

and competence.

Many programs also delve into adjunctive skills such as meditation, energy healing, or trauma counseling, recognizing that past life regression often intersects with various holistic healing approaches.

## **Comparing Certification Providers: What to Look For**

Given the proliferation of certification programs, distinguishing reputable courses from less rigorous ones is essential. Key factors to consider include:

### **Accreditation and Recognition**

While formal accreditation by governmental bodies is rare in this niche, some programs are affiliated with established hypnotherapy organizations or spiritual healing networks. Such affiliations can lend credibility and may offer graduates access to professional directories or continued education resources.

### **Instructor Expertise**

The background of trainers matters significantly. Experienced practitioners who have a track record of conducting successful regressions and contributing to the field through workshops, publications, or research tend to provide higher-quality instruction.

### **Curriculum Depth and Duration**

Certification courses can range from weekend workshops to multi-month intensive training. Longer programs often provide more comprehensive coverage, including ample supervised practice, which is crucial for mastering complex regression techniques.

### **Post-Certification Support**

Support in the form of mentorship, peer groups, or refresher courses can be invaluable for new practitioners. Some certification bodies offer ongoing



supervision or forums to discuss challenging cases, helping therapists maintain ethical standards and refine their skills.

## **Benefits and Challenges of Obtaining Past Life Regression Therapy Certification**

Acquiring certification in past life regression therapy can open doors to a rewarding career in alternative healing. Certified practitioners may attract clients seeking spiritual insight, emotional healing, or personal growth through regression work. Moreover, certification can enhance professional credibility, helping therapists establish trust in a sometimes skeptical market.

However, challenges exist. The field's lack of standardized regulation means that certification alone does not guarantee quality or ethical practice. Additionally, clients' experiences with past life regression can be highly subjective, and therapists must navigate the fine line between facilitating healing and making unverifiable claims.

### **Pros of Certification**

- Provides structured training and knowledge base
- Enhances client confidence and professional legitimacy
- Offers practical experience through supervised sessions
- Connects practitioners to a community of like-minded professionals

### **Cons of Certification**

- Varied standards and quality across programs
- Limited external regulation and oversight
- Potentially high cost without guaranteed client base
- Requires ongoing commitment to ethical practice and continuing education

# **Integrating Past Life Regression Therapy Certification Into a Holistic Practice**

Many certified past life regression therapists incorporate their skills into broader therapeutic or wellness practices. For example, some combine regression techniques with hypnotherapy certification, life coaching, or energy healing modalities. This integrative approach can appeal to a wider range of clients and create multiple avenues for professional development.

Additionally, marketing as a certified past life regression therapist often involves educating potential clients about the benefits and limitations of the work. Transparency about the nature of past life exploration and a clear emphasis on client autonomy and healing outcomes are essential for ethical practice.

## **Continuing Education and Professional Growth**

Because the field is evolving, staying updated through workshops, conferences, and peer-reviewed research is important. Some certification bodies require periodic renewal or continuing education credits to maintain the validity of credentials, encouraging lifelong learning.

## **The Future of Past Life Regression Therapy Certification**

As interest in alternative healing continues to grow, the demand for standardized and credible training in past life regression therapy is expected to increase. There is potential for greater collaboration between hypnotherapy organizations and metaphysical institutions to develop unified certification standards that balance spiritual and psychological frameworks.

Moreover, advances in neuroscience and psychology may influence how past life regression is understood and practiced. This could lead to more evidence-based approaches and integration with mainstream therapeutic models, enhancing the legitimacy and acceptance of certified practitioners.

The journey toward certification in past life regression therapy is both a professional and personal commitment. For those drawn to this field, selecting the right program and maintaining ethical, client-centered practice are paramount to making a meaningful impact.

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**past life regression therapy certification: Path to Wellness: Past Life Regression As a Healing Modality** Virginia Waldron, 2016-11-28 Past Life Regression, as a powerful healing modality, has been Virginia's passion and path since 1993, when she first heard Dr. Brian Weiss talk about his books and past life regression therapy. This work book includes scripts and additional materials to guide students in the work of past life regression, in individual sessions and workshops. This workbook, and its companion text book which is the theoretical part of this intensive professional training program in past life regression, includes the materials and information based on years of experience as a past life regression practitioner and instructor. The curriculum for this program is designed for professional certified hypnotists who have both a theoretical and a practical foundation in hypnosis techniques such as induction, deepening techniques, or trance depth.

**past life regression therapy certification: The Complete Idiot's Guide to Past Life Regression** Michael Hathaway, 2003-09-02 A guide to the mysteries of your past . . . In this fascinating book, a board-certified past life regression therapist goes beyond reincarnation and karma to reveal everything people want to know about the ins and outs of this phenomena. This book covers: • Whether past life regression is for real • What to expect from hypnosis • Whether children are closer to their past lives than adults • How knowledge of past lives can help resolve issues and improve the present

**past life regression therapy certification: Past Life Therapy** Isis Estrada, Have you ever wondered how past lives can influence your present? Are you a therapist looking to expand your horizons with revolutionary techniques? Dr. Isis Estrada, renowned writer in the field of alternative therapies, invites you to explore a fascinating universe in her latest book: Past Life Therapy: Manual and Certification for Therapists. This work is not just a book; it is a window into a world where time and space intertwine, revealing secrets hidden in the depths of our psyche. From the basics of reincarnation to advanced regressive hypnosis techniques, Isis guides you step by step on a transformative journey. The book delves into the complex relationship between psychology and past lives, illustrating how this therapy can unlock deep-seated emotions and memories. Through 40 detailed chapters, you'll tackle topics such as hypnosis, regression, memory, and much more, equipping the reader with essential tools and knowledge to practice this therapy ethically and effectively. For therapists seeking certification, this book is a gem. Not only does it provide a solid theoretical understanding, but it also offers unparalleled practical guidance. From client preparation to session documentation, everything is designed to ensure a safe and enriching practice for both therapist and client. Past Life Therapy: Manual and Certification for Therapists is more than a read; it is a transformative experience that invites you to explore the mysteries of the soul and help others find peace and clarity in their lives. This book is designed as a course manual, and the course is accredited by The International Guild of Complementary Therapists (IGCT), of London, England. Therefore, you are entitled to a personalized certificate of completion.

**past life regression therapy certification: Souls on Earth** Linda Backman, 2018-08-08 In this "groundbreaking" book, a past-life regression therapist "offers credible evidence of evolved interplanetary souls incarnate in human bodies" (Larry Dossey, MD, author of One Mind). In her work as a regression hypnotherapist, Dr. Linda Backman frequently meets with individuals who have had past lives on planets and realms beyond Earth. These individuals—called interplanetary souls—have agreed to come to Earth to help support the evolution of the planet as well as to develop themselves and learn lessons for spiritual advancement. In Souls on Earth, Dr. Backman shares her

fascinating work with interplanetary souls. This book explores the characteristics of interplanetary souls so that if you are one, you will be able to understand more about your life purpose and cope with the special challenges that come with an incarnation on Earth. Learn how to identify IP souls and discover how they can assist humanity's evolution. Explore ways to support yourself or loved ones who may be IP souls. For many people struggling with difficult lessons or trying to find meaning, this book opens the door to new understandings and the potential for peace. "Dr. Backman describes . . . [how] some of us . . . are Interplanetary souls who have lived on other worlds and who are always conscious of being different yet are here for a reason. —Hank Wesselman, PhD, author of *The Spiritwalker Trilogy* Wonderfully written and thought-provoking. —Sandra Ingerman, MA, author of *Soul Retrieval I* highly applaud Linda Backman for her dedication and courage in taking us on a fantastic voyage through time and space in her groundbreaking book. —Kim Russo, psychic medium, intuitive counselor, and host of *Psychic Intervention* and *The Haunting Of . . .*

**past life regression therapy certification: My Mystical Past Life** Venu Murthy M. K., 2013-12-24 This is a highly readable personal journal of how destiny mystically designs circumstances, from planting a seed of Near Death Experience, Reincarnation and such to nurturing these ideas with the conviction of personal experience and finally integrating it all under the expert guidance of Dr. Brian Weiss. Below are few words from an eminent author and publisher introducing this book:-The book starts in a very dramatic way and from the very first sentence draws you immediately to the series of events those are going to unfold. As you read along the book, the kindness of an American African touches your heart. Dr. Brian Weiss comes in front of you alive. You yourself really start hearing Dr. Weiss speak. There is a touch of humour also in the narrative to enliven you and lot of wisdom pours in. You will surely love this book. Well, here is the book itself in your hand. Go ahead and experience it for yourself. I always felt within my heart, the mystical side of Venu's personality. He is one of the rare individuals, who love to read great books and absorb the noble ideas and ideals contained in them. He is truthful, sincere to the core in his quest for God and has passed through amazing range of experiences in his life which makes him a very good channel of goodness and compassion through past life therapy. I have not found many persons with such pure, altruistic motives that Mr. Venu Murthy carries in his heart. The book has been dedicated at the holy feet of the all pervading eternal master of the universe. I bow down to that Guru and offer my salutations to that eternal master along with Venu Murthy. This narrative is written with noblest of the motives. It is highly readable and as you read along, you won't feel you are reading a book, you will be travelling and experiencing everything that happens along with the author!!!! And it will be a harbinger of a change in many people's lives. May the blessings of God be showered on all those who read it and on all those who come in contact with Venu Murthy is my earnest prayer to God and Guru Deva. - Divakar B.R.\*\*\*\*\*Strange that things which are mystical happen even, in the lives of Software Engineers! While the former is for the highly developed right brain, the latter demands an exploding amount of left brain activity! Venu Murthy wonders on how mystical his journey has been-from being a techie who bangs his head on computers, to being a Past Life Regression Therapist, systematically trained by the master on this subject Dr. Brian Weiss M.D, the ever compassionate Masters and his year old cute little daughter!

**past life regression therapy certification: The Pendulum Power Guide** Sergio Rijo, 2023-08-02 *The Pendulum Power Guide: Unleash Magic, Healing, and Divination in Your Life* is a profound exploration of the captivating world of pendulum work. Within the pages of this comprehensive book, readers are introduced to the fascinating history and mystical allure of pendulums, shedding light on their unique abilities to connect with unseen energies. Designed for both beginners and experienced practitioners, this guide takes readers on a transformative journey, empowering them to harness the extraordinary potential of pendulums for various purposes. Through clear and concise instructions, readers will learn how to select the perfect pendulum, cleanse and energize it, and prepare themselves for effective pendulum work. As the journey unfolds, readers will delve into the art of activating a pendulum's energy and establishing a profound communication system. The book masterfully guides readers in interpreting the pendulum's

responses, helping them gain profound insights and guidance on a myriad of topics. Each chapter expands on the pendulum's versatility, unveiling its applications in diverse areas. From divination and tarot reading to chakra healing and subconscious exploration, the pendulum serves as a powerful tool to unlock hidden wisdom and spiritual insights. Beyond the traditional uses, The Pendulum Power Guide ventures into advanced practices, including dream interpretation, past-life exploration, and locating lost objects. Readers will be amazed by the pendulum's potential in numerology, astrology, and even Feng Shui, offering transformative applications in various aspects of life. Through expert guidance and clear explanations, readers will discover how to manifest desires, heal relationships, and engage in dream magick, lucid dreaming, and astral projection with the pendulum's assistance. The book also provides insights on mastering pendulum skills for advanced dowsing and explores esoteric and mystical applications, elevating the pendulum's role in spiritual exploration. The Pendulum Power Guide: Unleash Magic, Healing, and Divination in Your Life is an essential addition to any spiritual library. Its accessible approach and comprehensive content make it a valuable resource for individuals seeking guidance, healing, and personal growth. The pendulum, an ancient tool with boundless potential, becomes a trusted companion on the path of self-discovery and spiritual enlightenment. Embrace the transformative power of pendulums and embark on an extraordinary journey towards greater understanding and connection with the unseen forces that shape our lives.

**past life regression therapy certification: You're Certifiable** Lee Naftali, Joel Naftali, 2011-01-11 700 PATHS TO A JOB YOU LOVE Are you established in a career but feeling the need for a change? Interested in starting your own business and looking for an alternative to the more traditional enterprises? Graduating from college (or high school) and wondering what to do now? If you are searching for an offbeat, soul-satisfying profession that offers more than just a paycheck, enrolling in a certification program could be the perfect first step to finding the job that is made for you. You're Certifiable is packed with more than 700 ideas for alternative careers as well as all the information that you need to embark on your chosen field, such as: \* Holistic health: from acupuncture to hypnotherapy \* Crafts: From violin making to glassblowing \* Art and design: from museum studies to Feng Shui \* Working with animals: from horse training to pet grooming \* Outdoor pursuits: from diving to hot-air balloon piloting \* Food and drink: from beer brewing to cake decorating The first-ever comprehensive directory of certification programs throughout the country, You're Certifiable provides the essentials on how to get certified in the career of your choice, how long it will take, how much it costs, and what to expect once you start working. Lee and Joel Naftali have gathered all the tools you need to find your perfect niche in the professional world.

**past life regression therapy certification: Soul Whispers** Sophia Fairchild, 2011 What is your soul whispering to you? Constant whisperings from your soul are steadily guiding you on your life's journey - but what if you cannot hear them? For the first time, professional Soul Coaches have gathered from all over the globe to help you decipher these loving messages. This feast of collective wisdom will help you discover your true life direction - a life filled with deep meaning and great joy! Discover proven techniques in Decision Making, Clutter Clearing, Collage, Vision Quest and Past Life journeying. Includes little-known Soul Coaching secrets to assist you and your clients to live a more joyful, authentic life! ~ Learn to confront fear ~ Trust in yourself ~ Develop your intuition ~ Heal yourself and your relationships ~ Boost your business and personal success ~ Live a more adventurous and prosperous life! CONTRIBUTING AUTHORS ~ Sherrie Ataide, Ulrike Behre-Brandes, Roberta Ashkawa Binder, Kimberly Carroll, Carol Daigneault, Sophia Fairchild, Misasha, Rebecca Nelson, Barbara Robitaille, P.W. Servais, Wendy Sheppard, Deborah Janelle Smith, Helen Mumford Sole, Irene Speirs-Caskie, Vicky Sweetlove, Catherine Turner, Cheryl Umberger, and Berte Winding-Sorensen. A joy to read . . . touches my heart more than words can express. -DENISE LINN, founder of Soul Coaching.

**past life regression therapy certification: Soul Whispers II** Sophia Fairchild, 2011 What are the elements whispering to you? Since ancient times the four elements ~ air, water, fire and earth ~ have been associated with balance, healing and wholeness. Journey through the secret alchemy of

the elements with professional Soul Coaches from all over the world to deepen your authentic connection to the true path of your soul. New techniques are unveiled, allowing you and your clients to experience the profound transformative power of the elements - to rejuvenate, inspire and heal your life! Learn how to ~Activate your Chakras ~Restore your Passion ~Overcome Addictions ~Work with your Dreams ~Create Sacred Ceremony ~Enhance your Creativity ~Rediscover your Abundance ~Make a Home for your Soul. Contributing Authors ~ Patti Allen, Roberta Ashkawa Binder, Ulrike Behre-Brandes, Kelly Chamchuk, Michelle Chant, Maria Clark, Sophia Fairchild, Misasha, Petra Nella, Coral Mujaes Pola, Christine Schreiberstein, Helen Mumford Sole, Linda J. Stewart, Deb Swingholm, Jenn de Valk, Judy Ward, and Ilona Warda. Gold Medal Award ~ Spirit BOOK OF THE YEAR 2011 Living Now Book Awards

**past life regression therapy certification:** *Confessions of a Regressionist* Barbara H. Pomar, 2012-05 For the past thirty-five years, Dr. Barbara Pomar has guided her clients on journeys into their past lives. *Confessions of a Regressionist* presents both her personal account of her work with clients working to reverse past decisions to change the present and future and the theories behind the practice. For some, the very existence of past lives, let alone the ability to reconnect with them, is a point of spirited debate. Even so, Dr. Pomar has helped many to come to their own conclusions about the validity of this technique. Now, she guides readers on using her techniques to live more fully or mold their destinies. She also discusses theories on why and how past-life regression is possible. If you've ever struggled with how the possibility of past-life regression fits within your faith, Dr. Pomar offers advice on how to evaluate your conflict. If you are a regressionist, Dr. Pomar's work can help you realize that by helping your client, you also help past and future generations as well. If you've ever considered meeting with a regressionist, Dr. Pomar explains how this sort of experience can help you live more fully in the present, with joy, confidence, and prosperity by releasing or neutralizing memories of harmful events.

**past life regression therapy certification:** *Past Life Regression* Mary Lee LaBay, 2004-12-10 The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written *Past Life Regression: A Guide for Practitioners* as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of disease, addiction, and phobias, as well as a wide range of other life issues.

**past life regression therapy certification:** *The Thought That Changed My Life Forever* Christian Guenette, Gillian Laura Roberts, 2012-11-01 "An inspiring book of breakthroughs and a joyful call to personal awakening . . . demonstrates the power our thoughts really have" (Jason Sugar, founder of Breakthrough Adventures, Inc.). *The Thought That Changed My Life Forever* is an inspirational gem highlighting the art and science of changing your mind, with a unique approach that will please both science and spirituality enthusiasts alike. It's obvious people around the world continue to seek answers to the age-old questions: "Why are we here?" and "What is my purpose?" The *Thought* book not only offers valuable insights into the process of finding a solution to life's most challenging conundrums, but also provides fifty-two real-life examples of how it's been achieved—leaving a firm belief in each of our minds that even the most difficult situations can be overcome, one thought at a time. "A lyrical journey, providing a rhythm and heartbeat that captivated my attention and moved my whole being right until the final word . . . Reading this book will definitely light a spark and bring it to the surface of your awareness." —James F. Twyman, New York Times bestselling author

**past life regression therapy certification:** *Life Between Lives* Michael Newton, 2014-01-08

For hypnotherapists interested in spiritual regression therapy [and] aspiring spiritual regressionists . . . this lucid book will be tremendously helpful. —New Age Retailer

**past life regression therapy certification:** Encyclopedia of Associations , 2004

**past life regression therapy certification:** The Chrysopoeia Revelation Stan Ellis, 2011-10-21

As escalating aggression and chaotic global changes converge, threatening to crush our dreams and collapse the foundation of reality is a perceptual shift or evolution of consciousness emerging to unveil knowledge of the absolute truth of humanity's destiny. Stemming from authentic science, The Chrysopoeia Revelation unfolds an answer that includes how humanity will evolve higher consciousness and mortal being. At the site of an anomalous Mayan Pyramid in Panama, Ben, a professor researching the field of consciousness, joins an expedition in quest for an ancient relic that reveals how to accelerate the evolution of higher consciousness. The dangers Ben faces, dimensional experiences, a romantic past-life back-story, and the choices he makes raises his super-conscious abilities. Pursued by guerilla mercenaries working for the Illuminatis New World Order, the expedition which includes a Mayan Shaman and yet-to-be-realized soul mates discovers the secret to evolving humanity in accord with the Mayan 2012 prophecy of a new age of peace, prosperity, and spirituality. Praise for The Chrysopoeia Revelation: There is some great stuff here vision quests, reincarnation, slow time. As a writer, you have come up with an amazing concept. The vision scenes hold the key to additional tension and action. As written, these are immensely powerful mental and visual sequences. Script Pipeline, Hollywood, Ca.

**past life regression therapy certification:** Atlantis Rising Magazine Issue 130 -

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**past life regression therapy certification:** New Age Journal , 1998

**past life regression therapy certification:** Science and Pseudoscience in Social Work Practice

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