

# relationship that started as an affair

**\*\*When Love Begins in the Shadows: Navigating a Relationship That Started as an Affair\*\***

**Relationship that started as an affair** often carries a heavy emotional weight and a complicated backstory. These relationships originate under circumstances that society typically condemns—secret meetings, guilt, and broken trust. Yet, despite the challenging beginnings, many such relationships evolve, transform, and even thrive. Understanding the dynamics behind a relationship that started as an affair can offer valuable insights into human emotions, forgiveness, and the complexity of love.

## The Complex Origins of a Relationship That Started as an Affair

Relationships born out of affairs are layered with emotions ranging from excitement and passion to guilt and confusion. Unlike conventional relationships, these connections often begin in secrecy, which can intensify feelings but also create a foundation of mistrust.

## Why Do Affairs Happen?

Before diving into the aftermath, it's important to understand why affairs occur in the first place. Common reasons include:

- **Emotional dissatisfaction:** Feeling neglected or unappreciated in a primary relationship can drive someone to seek validation elsewhere.
- **Physical intimacy needs:** Sometimes, the lack of physical connection pushes individuals towards external encounters.
- **Thrill and novelty:** The excitement of something forbidden can be intoxicating and addictive.
- **Life transitions:** Stressful periods such as midlife crises or major changes can make people vulnerable to seeking comfort outside.

Understanding these triggers does not excuse the behavior but helps frame the emotional landscape where affairs take root.

# **The Emotional Rollercoaster**

A relationship that started as an affair often experiences intense highs and lows. The initial thrill of secrecy and the adrenaline rush of stolen moments can create a powerful emotional bond. However, this is frequently accompanied by feelings of shame, fear of discovery, and internal conflict.

This emotional rollercoaster can leave both parties feeling exhausted and confused about what they truly want. The challenge lies in distinguishing genuine affection from the allure of the forbidden.

## **Challenges Unique to a Relationship That Started as an Affair**

Navigating a relationship built on an affair involves overcoming barriers that are rarely present in more conventional romances.

### **Trust Issues and Building Honesty**

Trust is the cornerstone of any healthy relationship, and it's often the first casualty when an affair is involved. A relationship that started as an affair must confront the initial deception head-on. Both partners need to rebuild trust by fostering transparency, open communication, and consistent behavior.

This process can be slow and painful but is essential for long-term stability.

### **Social Stigma and Family Impact**

One of the most difficult aspects is dealing with external judgment. Friends, family, and society at large may view the relationship through a lens of skepticism or outright disapproval. This social stigma can lead to isolation and added stress.

Additionally, if children are involved or if the affair disrupted existing families, the emotional fallout can be even more complex. Forgiveness and acceptance from all parties may take time and require sincere effort.

## **Healing and Growth: Can Love Survive an Affair?**

Despite the rocky start, many couples find that their relationship deepens after an affair once the initial chaos settles down.

## Transforming Pain into Understanding

Acknowledging the hurt caused by the affair is a critical step toward healing. Couples who engage in honest conversations about their feelings, motivations, and expectations often experience greater emotional intimacy.

Therapy or counseling can be especially helpful in guiding this process, providing safe spaces for dialogue and conflict resolution.

## Reevaluating Commitment and Priorities

A relationship that started as an affair may lead partners to reevaluate what they truly want from life and love. Some people discover a renewed commitment to honesty, respect, and mutual support.

This journey often involves setting new boundaries, developing better communication skills, and prioritizing each other's needs over individual desires.

## Tips for Navigating a Relationship That Started as an Affair

If you find yourself in such a relationship, consider the following to foster growth and understanding:

1. **Be honest with yourself:** Reflect on your motivations and feelings. Are you seeking a genuine connection or clinging to excitement?
2. **Communicate openly:** Share your fears, hopes, and expectations with your partner regularly to build trust.
3. **Seek professional help:** Therapists can provide tools to manage guilt, rebuild trust, and improve relational skills.
4. **Set clear boundaries:** Define what is acceptable behavior moving forward to avoid repeating past mistakes.
5. **Be patient:** Healing takes time, and both partners need space to grow and forgive.

# **Is It Possible to Build a Healthy Future?**

While a relationship that started as an affair faces unique obstacles, it's not doomed to fail. Many couples report that overcoming the initial betrayal strengthens their bond and deepens their understanding of each other.

Ultimately, it depends on the willingness of both individuals to confront the past, embrace vulnerability, and commit to building a future based on respect and love.

Love is rarely black and white, and sometimes the most unlikely beginnings lead to the most profound connections.

## **Frequently Asked Questions**

### **Can a relationship that started as an affair turn into a healthy, long-term partnership?**

Yes, it is possible for a relationship that began as an affair to evolve into a healthy, long-term partnership, but it requires honesty, open communication, and addressing the underlying issues that led to the affair.

### **What are common challenges faced by couples whose relationship began as an affair?**

Common challenges include trust issues, guilt, judgment from others, unresolved feelings related to the previous relationships, and difficulties in establishing a solid foundation for the new relationship.

### **How can couples who started their relationship as an affair rebuild trust?**

Rebuilding trust involves transparency, consistent communication, setting clear boundaries, seeking counseling if needed, and demonstrating commitment through actions over time.

### **Is it advisable to disclose the origins of a relationship that started as an affair to friends and family?**

Whether to disclose depends on the individuals involved; honesty can foster understanding, but it's important to consider potential emotional impacts and privacy. Couples should discuss and agree on how much to share.

# What steps can individuals take to heal from the emotional impact of an affair-originated relationship?

Healing involves self-reflection, seeking therapy or counseling, practicing forgiveness (both of oneself and others), building self-esteem, and fostering healthy communication within the relationship.

## Additional Resources

**\*\*Navigating Complex Love: An In-Depth Look at Relationships That Started as Affairs\*\***

**Relationship that started as an affair** is a phrase loaded with emotional complexity, social stigma, and psychological nuance. Such relationships often emerge from clandestine circumstances, marked by secrecy, betrayal, and intense emotional conflicts. Despite the societal taboo, many of these relationships evolve beyond their contentious origins, sometimes resulting in long-term partnerships or marriages. This article seeks to investigate the dynamics of relationships that began as affairs, exploring their psychological underpinnings, societal perceptions, and the challenges and opportunities they present.

## Understanding the Dynamics of Relationships Originating as Affairs

Affairs, by definition, involve individuals engaging in romantic or sexual relationships outside the bounds of their committed partnerships. When a relationship that started as an affair transitions into a committed bond, it challenges conventional narratives about love, trust, and fidelity.

Psychological research suggests that affairs often arise from unmet emotional needs, dissatisfaction, or a desire for novelty. In many cases, the allure of forbidden love intensifies the emotional connection, fostering a bond that can sometimes supersede the original partnership. However, this foundation is inherently fragile, as it is built on deception and secrecy.

## Emotional Complexity and Psychological Impacts

The emotional landscape of a relationship that started as an affair is often tumultuous. Partners may experience:

- **\*\*Guilt and Shame:\*\*** Individuals involved may grapple with feelings of remorse for betraying their previous partners.

- **Anxiety about Discovery:** The fear of exposure can create chronic stress.
- **Intense Passion and Attachment:** The secrecy and risk can heighten emotional intimacy temporarily.
- **Trust Issues:** Both partners may struggle with doubts about loyalty and honesty.

These psychological factors can significantly influence the trajectory of the relationship. For instance, a study published in the *Journal of Social and Personal Relationships* found that couples who transitioned from an affair to a committed relationship often reported higher initial passion but faced greater challenges in building trust.

## Societal Perceptions and Stigma

Society generally condemns extramarital affairs, viewing them as morally wrong and destructive. Consequently, relationships that started as an affair may face external judgment, which can add pressure on the couple. Social stigma can manifest in various ways:

- **Family Disapproval:** Disapproval or estrangement from family members of either partner.
- **Community Judgment:** Negative assumptions and gossip within social circles.
- **Self-Stigma:** Internalized shame affecting self-esteem and relationship satisfaction.

These factors can hinder the couple's ability to openly nurture their relationship and seek support, potentially impacting long-term stability.

## Challenges and Opportunities in Relationships Originating from Affairs

Relationships that begin as affairs face unique hurdles yet also offer distinct opportunities for growth and redefinition.

### Challenges

1. **Rebuilding Trust:** Trust is often compromised from the outset. Establishing transparency and honesty is paramount but challenging.

2. **\*\*Dealing with Past Relationships:\*\*** Lingering ties to previous partners, including shared children or financial obligations, can complicate the new relationship.
3. **\*\*Emotional Baggage:\*\*** Both partners may carry unresolved emotional wounds from their past relationships.
4. **\*\*Social Isolation:\*\*** Fear of judgment may lead couples to isolate themselves socially.

## **Opportunities**

1. **\*\*Renewed Commitment:\*\*** Choosing to formalize the relationship after an affair can represent a conscious decision to prioritize one another.
2. **\*\*Enhanced Communication:\*\*** Overcoming initial secrecy often necessitates improved communication skills.
3. **\*\*Emotional Growth:\*\*** Partners may develop greater empathy and self-awareness through navigating complex feelings.
4. **\*\*Redefinition of Relationship Norms:\*\*** Some couples challenge traditional notions of fidelity and commitment, crafting personalized relationship agreements.

## **Comparative Insights: Affair-Originated Relationships Versus Conventional Relationships**

When comparing relationships that started as affairs with those formed through conventional dating, several distinctions emerge:

- **\*\*Foundation of Trust:\*\*** Conventional relationships often begin with mutual openness, whereas affair-based relationships start with deception.
- **\*\*Social Support:\*\*** Traditional relationships typically receive community endorsement, which can bolster relationship resilience.
- **\*\*Conflict Resolution:\*\*** Affair-originated couples may need to address more intense relational conflicts related to betrayal and jealousy.
- **\*\*Longevity and Stability:\*\*** Data from a 2018 survey by the American Association for Marriage and Family Therapy indicated that while affair-originated relationships have a higher initial risk of dissolution, many stabilize over time with dedicated effort.

## **Key Factors Influencing the Success of Relationships That Started as Affairs**

Several variables play critical roles in determining whether a relationship that began as an affair can thrive:

## 1. Motivation for Transition

If both partners enter the new relationship with genuine commitment to each other rather than as an escape from previous problems, the likelihood of success increases.

## 2. Willingness to Seek Counseling

Professional therapy can help couples navigate trust issues, emotional wounds, and communication barriers effectively.

## 3. Social Support Networks

Having supportive friends or family can alleviate feelings of isolation and provide healthy outlets for stress.

## 4. Time Factor

Sustained commitment over months or years can solidify bonds and reduce the emotional intensity associated with the affair's secretive origins.

## Practical Advice for Individuals in Relationships That Began as Affairs

For those navigating the complexities of such relationships, certain strategies can prove beneficial:

1. **Open Communication:** Establish honest dialogues about feelings, fears, and expectations.
2. **Establish Boundaries:** Define clear boundaries to prevent recurrence of secrecy or infidelity.
3. **Address Past Hurts:** Work through emotional baggage from previous relationships.
4. **Seek External Support:** Engage with therapists or support groups specializing in relationship issues.
5. **Plan for Transparency:** Be willing to share relationship status with trusted individuals to reduce isolation.

These steps can help transform a relationship from fragile beginnings into a



stable partnership.

## Conclusion: The Complex Reality of Affair-Originated Relationships

A relationship that started as an affair defies simple categorization. While it often involves significant emotional turmoil and societal judgment, it can also evolve into a meaningful and enduring partnership. Success depends on numerous factors, including mutual commitment, willingness to confront difficult emotions, and access to supportive resources. By understanding the unique challenges and potentials inherent in these relationships, individuals and professionals alike can better navigate the intricate path from secrecy to stability.

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**relationship that started as an affair: Couples in Treatment** Gerald Weeks, Stephen Treat, 2013-05-13 First Published in 2001. Routledge is an imprint of Taylor & Francis, an informa company.

**relationship that started as an affair: Love Affairs** Richard Taylor, 2010-04-06 Exploring in depth the affair and its often painful consequences, Love Affairs crafts an understanding of why people become involved in extramarital affairs, and offers ways to lessen the marital damage an affair can cause. In practical, nonmoralistic ways, intensely intimate issues are examined such as love and marriage, the ethics of having love affairs, fidelity, and more.

**relationship that started as an affair: The Seasons of a Woman's Life** Daniel J. Levinson, 2011-10-05 Firmly grounded in scientific research, this book reveals that women follow a predictable developmental course through adulthood. Work and marriage relationships, personal crisis, emotional states, and behavior can all be related to this grand pattern. But in the case of women, the situation is made far more complicated by gender biases.

**relationship that started as an affair: Cupid's Knife: Women's Anger and Agency in Violent Relationships** Abby Stein, 2013-11-12 Much domestic violence literature has called attention to the fact that women's material needs for shelter, daycare, employment, and legal protection may render them helpless to leave toxic relationships. Yet, even with the provision of these, many women remain tightly wound in their abusers' embrace. In *Cupid's Knife: Women's Anger and Agency in Violent Relationships*, Abby Stein draws on the gripping narratives of physically and emotionally abused women to illuminate how splitting off their own aggression undermines women's agency, making it almost impossible for them to leave violent partners. Psychology, with its focus on 'managing' men's anger in violent relationships, has had little to offer in the way of substantive critical work with women on the identification, integration and constructive use of a range of darker emotions typically labelled as antithetical to the norms for female behaviour. In this book, Abby Stein shows that although a number of psychological processes that contribute to the intractability of abusive relationships have been identified – such as trauma bonding and learned helplessness – their recognition has offered no clinical pathway out of the abyss. Stein suggests that our attention to other aspects of the internal world, the relational framework, and the cultural context in which both operate, may be more useful than current interventions in determining individual treatments that break the oft-cited 'cycle of violence'. More globally, *Cupid's Knife: Women's Anger and Agency in Violent Relationships* jumpstarts a provocative conversation about how female aggression can be repurposed as a catalyst for social change. It will be essential reading for psychoanalysts, psychologists, psychiatrists, sociologists, criminologists, students and the lay reader with an interest in clinical treatment, interpersonal psychoanalysis, domestic violence, gender roles, dissociation and aggression.

**relationship that started as an affair: The Petrov Affair** Robert Manne, 2014-05-17 *The Petrov Affair: Politics and Espionage* is a memoir of the Petrov Affair, a historical event that involves the defection of Vladimir Petrov, a colonel in the Soviet intelligence service in Sydney, and the announcement of his defection ten days later by Australian Prime Minister Robert Menzies. With information gathered from different reliable sources, the book details in chronological order the Petrov's defection - the events that occurred before and the factors that led to it; its announcement; and the implications of this event for politics and espionage. The text also explains how the affair affected the Australian people and the world; the conclusion of this event; and the events that happened after it. The book is recommended for historians and history enthusiasts who would want to know more about this particular event. The text is also recommended for experts who delve in the Cold War and the Soviet Union.

**relationship that started as an affair: Anatomy of an Affair** Dave Carder, 2017-09-05 When it comes to adultery, never say, "It won't happen to me." Just when you think your marriage is safe from adultery is when you may be the most vulnerable. With eye-opening stories, clinical insights, and up-to-date data, Dave Carder reveals what adulterers learned the hard way—and what they want the rest of us to know to save us the pain. Dave Carder, counselor and author of the bestselling *Torn Asunder* (100,000 in print), is a sought-after expert on issues of adultery. Here he helps you make your marriage adultery-proof by showing you: How attractions can lead to affairs Ways you may be vulnerable to affairs The common ingredients of adultery How to restore intimacy to your marriage How to make wise, protective decisions Marriage is too sacred to be taken casually. Affairs are a very real threat, and they can destroy lives and families. For this reason, *Anatomy of an Affair* should be on every church leader's and marriage counselor's required reading list, and in the home of every married couple. Includes charts and assessments to understand and guard against affairs. This book is the revised edition of *Close Calls* (2008)

**relationship that started as an affair: READ THIS AND NEVER BE SINGLE AGAIN** Queezy The CEO, The information that you are about to receive will help you navigate your way through almost any relationship situation. Use this book while you are getting to know someone in order to make sure you want to begin a relationship with them. If you are already in a relationship, this book can help you make your relationship stronger or let you know whether or not you need to let it go.

You have been looking for a way to better understand your love life. Well...HERE IT IS!

**relationship that started as an affair: *The Social Construction of Trust*** Linda R. Weber, Allison I. Carter, 2012-12-06 Based on in-depth interviews designed to determine what trust is, how it is built, and how it is destroyed, this important new resource provides extensive insight into the fundamental process of interpersonal trust in the day-to-day lives of average people. The Social Construction of Trust furnishes qualitative data analysis and offers a detailed definition of trust in a sociological context. Discussing the theoretical and methodological foundation of the work, The Social Construction of Trust -Examines the stages of the interactional construction of trust orientation; -Investigates the form and content of trust violation; -Analyzes forgiveness based on reconciliation through trust reconstruction; -Presents a perspective on the relationship between trust and self; -Delineates the practice of trust in interpersonal relationships; -And more. This unique text is a valuable reference for sociologists, social and clinical psychologists, and students in these disciplines.

**relationship that started as an affair: *The Truth About Children and Divorce*** Robert E. Emery Ph.D., 2006-01-31 Nationally recognized expert Robert Emery applies his twenty-five years of experience as a researcher, therapist, and mediator to offer parents a new road map to divorce. Dr. Emery shows how our powerful emotions and the way we handle them shape how we divorce—and whether our children suffer or thrive in the long run. His message is hopeful, yet realistic—divorce is invariably painful, but parents can help promote their children’s resilience. With compassion and authority, Dr. Emery explains: • Why it is so hard to really make divorce work • How anger and fighting can keep people from really separating • Why legal matters should be one of the last tasks • Why parental love—and limit setting—can be the best “therapy” for kids • How to talk to children, create workable parenting schedules, and more

**relationship that started as an affair: *Intimate Relationships*** Wind Goodfriend, 2020-07-30 Recipient of a 2021 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) *Intimate Relationships* provides students with a comprehensive understanding of the science behind relationships using a modern approach. Award-winning teacher and author Wind Goodfriend integrates coverage of family and friendship relationships in context with research methods, open science, theories, and romantic relationships so that readers can learn about all types of relationships and their interactions, including conflict and the dark side of relationships. The text supports today’s students by frequently applying relationship theories to examples that can be found in popular culture, helping students see how psychology can apply to the world that surrounds them. Included with this title: The password-protected Instructor Resource Site (formally known as SAGE Edge) offers access to all text-specific resources, including a test bank and editable, chapter-specific PowerPoint® slides.

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**relationship that started as an affair: *The Trial of Gustav Graef*** Barnet Hartston, 2017-11-15 Although largely forgotten now, the 1885 trial of German artist Gustav Graef was a seminal event for those who observed it. Graef, a celebrated sixty-four-year-old portraitist, was accused of perjury and sexual impropriety with underage models. On trial alongside him was one of his former models, the

twenty-one-year-old Bertha Rother, who quickly became a central figure in the affair. As the case was being heard, images of Rother, including photographic reproductions of Graef's nude paintings of her, began to flood the art shops and bookstores of Berlin and spread across Europe. Spurred by this trade in images and by sensational coverage in the press, this former prostitute was transformed into an international sex symbol and a target of both public lust and scorn. Passionate discussions of the case echoed in the press for months, and the episode lasted in public memory for far longer. The Graef trial, however, was much more than a salacious story that served as public entertainment. The case inspired fierce political debates long after a verdict was delivered, including disputes about obscenity laws, the moral degeneracy of modern art and artists, the alleged pernicious effects of Jewish influence, legal restrictions on prostitution, the causes of urban criminality, the impact of sensationalized press coverage, and the requirements of bourgeois masculine honor. Above all, the case unleashed withering public criticism of a criminal justice system that many Germans agreed had become entirely dysfunctional. The story of the Graef trial offers a unique perspective on a German Empire that was at the height of its power, yet riven with deep political, social, and cultural divisions. This compelling study will appeal to historians and students of modern German and European history, as well as those interested in obscenity law and class and gender relations in nineteenth-century Europe.

**relationship that started as an affair: The Queen and the Mistress** Gemma Hollman, 2023-04-04 The riveting story of two women whose divergent personalities and positions impacted the court of Edward III, one of medieval England's greatest kings. There were two women in Edward III's life: Philippa of Hainault, his wife of forty years and bearer of twelve children, and his mistress, Alice Perrers, the twenty-year-old who took the king's fancy as his ageing wife grew sick. After Philippa's death Alice began to dominate court, amassing a fortune and persuading the elderly Edward to promote her friends and punish her enemies. In *The Queen and the Mistress*, Gemma Hollman brings the story of these two women to life and contrasts the perfect medieval queen—the pious, unpolitical, steady Philippa—with the impertinent youth—the wily, charismatic, manipulative Alice. One died a royal, adored, while the full force of the English court united against Alice, wresting both money and power from her and leaving her with nothing but a mission to try to reclaim all that was lost. Both women had wealth and power but used vitally different methods to dispense it. In *The Queen and the Mistress*, Hollman brings to the fore their differences and similarities in a unique look at women and power in the Middle Ages.

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**relationship that started as an affair: Key Thinkers in Individual Differences** Alex Forsythe, 2019-05-28 *Key Thinkers in Individual Differences* introduces the life, work and thought of 25 of the most influential figures who have shaped and developed the measurement of intelligence and personality. Expanding on from a résumé of academic events, this book makes sense of these psychologists by bringing together not only their ideas but the social experiences, loves and losses that moulded them. By adapting a chronological approach, Forsythe presents the history and context behind these thinkers, ranging from the buffoonery and sheer genius of Charles Galton, the theatre of Hans Eysenck and John Phillippe Rushton, to the much-maligned and overlooked work of women such as Isabel Myers, Katherine Briggs and Karen Horney. Exploring all through a phenomenological lens, the background, interconnections, controversies and conversations of these thinkers are uncovered. This informative guide is essential reading to anyone who studies, works in or is simply captivated by the field of individual differences, personality and intelligence. An

invaluable resource for all students of individual differences and the history of psychology.

**relationship that started as an affair: How to Build a Stimulating and Everlasting Love in Relationships** Felix O. Jeremiah, 2013-08 Marriage is an honorable and sacred covenant relationship in which every individual should want to be. God's foundation for marriage is intended to be a permanent union. In this present world, permanency is overruled by constant changes in law, morals, fashion, and particularly hearts and minds. Individuals who want only to be married become only individuals who want to be on their own or with someone else. Marriages intended to be built on the foundation of love become marriages of trial-by-error tactics. What has gone wrong? Why has a relationship intended by God to be good been made evil? What has brought an end to the love and the joyful life between men and women? The problem is you and me; we have forgotten our divine origin and debased our behaviors to the level of animals or lower. We no longer follow divine will and laws. We have, with our own hands, put a knife into the cord that binds human beings together in love; as a result, the fabric of moral decency and spiritual inclination has fallen apart. Men and women must rediscover their individual relationship with God and God's role in their relationship with each other. Re-discover that your marriage and love relationship is intended to be the most precious and enjoyable union to ever exist on earth. Obedience, submission, and open communication shine brightly in a union founded on real love. This book will open your eyes to the splendor and beauty of marriage by teaching how to build a strong foundation, and how to restore love and confidence in that relationship. Discover real treasure in the advice to be found in *How to Build a Stimulating and Everlasting Love in Relationships*.

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**relationship that started as an affair: House Document**, 1998

**relationship that started as an affair: When Good People Have Affairs** Mira Kirshenbaum, 2024-05-01 A wise and welcome addition to the self-help literature on infidelity. —Janis Abrahms Spring, Ph.D., author of *After the Affair* A world-renowned therapist, Mira Kirshenbaum has treated thousands of men and women caught in the powerful drama over what to do when an affair reaches into their emotional lives. Now, in *When Good People Have Affairs*, Kirshenbaum puts her unsurpassed experience into one clear, calming place. She gives readers everything they need to cut through the thickets of fear, hurt and confusion to find their ways to happier, more solid relationships with the person who's right for them. For example, Kirshenbaum identifies seventeen types of affairs, helping readers figure out which type they're in and what it means. Is it a: See-if affair? Ejector-seat affair? Distraction affair? Unmet-needs affair? Panic affair? Kirshenbaum encourages honest answers to such questions as: What am I missing in my marriage? How do I decide between two people when it's like comparing an apple to an orange? How do I decide to end my marriage, end my affair, or end them both? She leads readers through six easy-to-navigate steps that will take anyone from anxiety to clarity. *When Good People Have Affairs* will be a lifeline to any man or woman who feels caught between two lovers, and its insights are indispensable to anyone else touched by an affair. Kirshenbaum brings us practical steps for understanding affairs and utilizing the mistakes we make for a deeper healing. —Rabbi Ted Falcon, Ph.D., rabbi of Bet Alef: An Inclusive Spiritual Synagogue in Seattle and co-author of *Judaism for Dummies*

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**RIP Sengled Smart Lighting (connect, system, outlet, phone** Sengled's servers have been down for about two days now. Apparently, there is word that the company has gone belly-up and has not maintained their

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