

how to make a love potion

How to Make a Love Potion: A Magical Guide to Crafting Affection

how to make a love potion is a question that has fascinated storytellers, romantics, and curious minds for centuries. From ancient folklore to modern pop culture, the idea of a magical elixir that can ignite passion or deepen affection captures the imagination like nothing else. While true love can't be bottled or brewed overnight, creating your own love potion—whether as a fun craft, a symbolic gesture, or a thoughtful gift—can be a delightful and meaningful experience. Let's explore the art and mystery behind making a love potion, blending tradition, natural ingredients, and a little bit of enchantment.

The Origins and Mythology of Love Potions

Before diving into the practical steps, it's fascinating to understand where the concept of love potions comes from. Historically, love potions have roots in ancient civilizations where herbs, spices, and concoctions were believed to influence emotions and desires. The Greeks, Romans, and Egyptians all had their versions of aphrodisiacs and potions meant to attract or enhance love.

In folklore, love potions are often linked with witches and magicians, who supposedly wielded powerful brews to sway hearts. While modern science debunks magical claims, many of the natural ingredients used in these potions do have mood-enhancing or soothing properties that can foster closeness and attraction.

How to Make a Love Potion: Understanding the Basics

When learning how to make a love potion, it's essential to think beyond the idea of an instant charm. Instead, view it as a meaningful ritual—a blend of ingredients, intention, and care aimed at boosting feelings of love, warmth, and connection. Here are some key principles to keep in mind:

- **Intent is Everything**: Your mindset and purpose in crafting the potion influence its symbolic power. Approach this process with positive energy and genuine feelings.
- **Natural Ingredients**: Opt for herbs, flowers, and spices known for their association with love and attraction.
- **Simplicity is Key**: You don't need a complicated recipe. Often, a few well-chosen elements combined thoughtfully make the most effective potion.

Choosing the Right Ingredients for Your Love Potion

The foundation of a good love potion lies in selecting the right components. Many traditional herbs and plants are linked to love, passion, and harmony. Here's a list of common natural ingredients that can be used:

- **Rose petals:** Symbolizing love and romance, they add a floral aroma and gentle mood-lifting qualities.
- **Lavender:** Known for its calming properties, lavender helps soothe nerves and create a relaxed atmosphere.
- **Cinnamon:** This warm spice is often associated with desire and vitality.
- **Vanilla:** Sweet and comforting, vanilla is thought to stimulate feelings of pleasure and warmth.
- **Honey:** A natural sweetener that represents sweetness in relationships and can enhance the potion's flavor.
- **Damiana:** A lesser-known herb reputed to act as an aphrodisiac.

Combining some of these ingredients thoughtfully can create a potion that smells delightful and feels special.

Step-by-Step Guide: How to Make a Natural Love Potion at Home

Creating a love potion doesn't require rare ingredients or complicated spells. Here's a simple, natural recipe that you can follow to craft your own enchanting elixir.

Ingredients

- 1 cup of filtered water
- 2 tablespoons dried rose petals
- 1 teaspoon dried lavender flowers
- 1 cinnamon stick
- 1 teaspoon honey (optional)
- 1 teaspoon vanilla extract (optional)

Instructions

1. **Boil Water:** Bring the filtered water to a gentle boil in a small pot.
2. **Add Herbs and Spices:** Once boiling, remove the pot from heat. Add rose petals, lavender, and the cinnamon stick to the water.
3. **Steep:** Cover the pot and let the mixture steep for about 10-15 minutes, allowing the herbs to infuse fully.
4. **Strain the Potion:** Use a fine mesh strainer to remove the petals, lavender, and cinnamon from the liquid.
5. **Add Sweeteners:** Stir in honey and vanilla extract to taste. Both enhance the flavor and add symbolic sweetness to your potion.
6. **Cool and Store:** Let the potion cool before transferring it into a decorative bottle or jar. You can keep it refrigerated for up to a week.

This simple love potion can be enjoyed as a warm, aromatic tea or used as a fragrant mist in your space to set a romantic vibe.

Adding Personal Touches: Customizing Your Love Potion

One of the most enjoyable parts of learning how to make a love potion is tailoring it to your preferences or the person you have in mind. Consider adding ingredients that reflect personal tastes or symbolic meanings. For example:

- **Rosemary** for remembrance and fidelity.
- **Cardamom** to stimulate energy and passion.
- **Jasmine** for sensuality and love.
- **Chocolate or cocoa powder** for indulgence and pleasure.

You can also infuse your potion with a few drops of essential oils like ylang-ylang or sandalwood, known for their aphrodisiac properties. Just be cautious with essential oils, as they are potent and should be used sparingly, especially if ingesting.

Enhancing the Ritual of Making Your Love Potion

Beyond the ingredients, the process itself can be a powerful expression of your affection or intention. Here are some tips to turn potion-making into a meaningful ritual:

- **Set the Mood:** Light candles, play soft music, and create a calm environment.
- **Focus Your Intentions:** As you prepare each step, visualize the love and connection you want to invite.
- **Use Symbolic Containers:** Bottling your potion in a heart-shaped or beautifully decorated jar adds charm.
- **Gift with Meaning:** Present your potion with a handwritten note or poem to enhance the sentiment.

This approach transforms a simple recipe into a heartfelt experience that can deepen emotional bonds.

The Science Behind Love Potions: What Really Works?

While no potion can literally force someone to fall in love, many ingredients traditionally used do have effects on mood and perception. For example:

- **Rose and lavender scents** can reduce stress and promote relaxation, making people more open and receptive.
- **Cinnamon and vanilla** have warming properties that may enhance feelings of comfort and happiness.
- **Honey** contains compounds that can boost energy and improve taste, which helps create a positive sensory experience.

Scientific studies suggest that scent and taste play significant roles in attraction and emotional connection. So, while a love potion might not be magic in the fairy tale sense, it can still help foster an environment where love is nurtured naturally.

Ethical Considerations When Making a Love Potion

It's important to remember that love potions should never be used to manipulate or coerce someone against their will. The best potions celebrate mutual affection and respect. Use your creation as a symbol of your feelings or as a way to enhance your own confidence and openness to love.

Respecting free will ensures that any love that grows is genuine and lasting. Love potions, in this light, become tools for self-expression and connection rather than control.

Exploring Variations: From Elixirs to Bath Soaks

How to make a love potion doesn't have to be limited to a drinkable brew. There are many creative ways to incorporate love potion ideas into your life:

- **Love Potion Bath Soak:** Combine rose petals, lavender, and a few drops of essential oils in a warm bath to relax and invite loving energy.
- **Love Potion Perfume:** Infuse carrier oils with romantic scents for a personal fragrance.

- ****Love Potion Candle:**** Create candles scented with cinnamon, vanilla, and rose to set a romantic ambiance.

These variations allow you to enjoy the essence of a love potion in ways that suit your lifestyle and preferences.

Crafting your own love potion is more than mixing ingredients—it's about celebrating love, intention, and connection. Whether you sip it as a soothing tea, gift it to someone special, or simply enjoy the ritual, making a love potion invites a touch of magic into everyday life. After all, the most powerful love potions come from the heart.

Frequently Asked Questions

Is it possible to make a real love potion that works?

There is no scientific evidence that a love potion can make someone fall in love. However, many cultures have traditional recipes using herbs and ingredients believed to attract affection or enhance attraction.

What ingredients are commonly used in traditional love potion recipes?

Common ingredients include rose petals, honey, cinnamon, vanilla, lavender, and sometimes herbs like basil or mint. These are chosen for their pleasant scents and symbolic meanings related to love and attraction.

Can I make a simple love potion at home?

Yes, a simple love potion can be made by infusing rose petals and cinnamon sticks in honey or tea, adding a touch of vanilla or lavender for aroma. Remember, it's more about the symbolism and intention than guaranteed results.

Are there any ethical concerns with making or using love potions?

Yes, it's important to consider consent and respect others' free will. Using substances or spells to manipulate someone's feelings without their knowledge or consent is unethical.

Where can I find recipes or guides to make a love potion?

You can find recipes in herbalism books, folklore collections, or reputable websites focused on natural remedies and spiritual practices. Always ensure the source is trustworthy and ingredients are safe to consume.

Additional Resources

How to Make a Love Potion: Exploring the Myth, Chemistry, and Craftsmanship

how to make a love potion remains a topic that has fascinated cultures, storytellers, and curious minds for centuries. While the idea of a magical concoction that induces love or attraction is primarily rooted in folklore and mythology, modern interpretations blend traditional herbal knowledge with psychological insights to create symbolic or aromatic mixtures aimed at enhancing romantic feelings. This article delves into the art and science behind making a love potion, examining historical perspectives, contemporary practices, and the psychological factors that contribute to its allure.

The Historical and Cultural Context of Love Potions

The concept of a love potion dates back to ancient civilizations, where various cultures believed in the power of herbs, potions, and rituals to sway the emotions of another person. In ancient Egypt, mixtures incorporating ingredients such as myrrh and cinnamon were thought to invoke desire. Similarly, medieval European lore is rich with tales of witches and alchemists concocting brews designed to stir passion.

Despite their cultural resonance, historical love potions were often symbolic rather than pharmacologically effective. Many of these recipes included aphrodisiacs—substances believed to increase sexual desire—but the evidence supporting their efficacy was anecdotal at best. Nonetheless, the symbolism and ritualistic aspects played a significant role in courtship and romance.

Understanding the Ingredients in Love Potions

Aphrodisiacs and Their Role

Aphrodisiacs are natural substances thought to enhance sexual desire and attraction. Common ingredients used in traditional love potions include:

- **Damiana:** An herb reputed for its mood-enhancing and aphrodisiac properties.
- **Ginseng:** Known for boosting energy and stamina.
- **Cinnamon:** Used for its warming qualities and stimulating scent.
- **Vanilla:** Its sweet aroma is often associated with comfort and sensuality.
- **Rose petals:** Symbolic of love and frequently included for their fragrance.

While these ingredients carry cultural and aromatic significance, scientific studies on their direct impact on love or attraction are limited. However, their sensory qualities—such as aroma and taste—can influence mood, which is an essential element in romantic contexts.

The Role of Aromatherapy and Scent

Scent plays a crucial role in human attraction and emotional response. Aromatherapy leverages essential oils to influence mood and feelings. For example, lavender is known for its calming effects, while jasmine is often linked to increased sensuality. Incorporating essential oils into a love potion can enhance the emotional atmosphere, potentially making interactions feel more intimate and connected.

How to Make a Love Potion: Practical Approaches

When investigating how to make a love potion, it becomes clear that the process involves more than just mixing ingredients. The intent behind the creation, the symbolic meaning, and the environmental context all contribute to its perceived effectiveness.

Step-by-Step Guide to a Simple Love Potion

Creating a love potion at home can be approached as a ritualistic and sensory experience rather than a guaranteed formula for attraction. Here is a basic recipe incorporating natural, accessible ingredients:

1. Gather Ingredients:

- 1 cup of rose water
- 1 teaspoon of honey (for sweetness and binding)
- 2 drops of vanilla extract
- 1 teaspoon of dried damiana leaves or tea
- Optional: a few drops of essential oils such as jasmine or cinnamon

2. Prepare the Base: Brew damiana tea by steeping the leaves in hot water for 5-7 minutes. Strain and allow it to cool.

3. Mix Ingredients: Combine the cooled damiana tea with rose water, honey, and vanilla extract in a glass bottle.

4. **Add Essential Oils:** If using, add the essential oils carefully and stir gently.
5. **Set the Mood:** Infuse the mixture with your intention, perhaps by lighting candles or playing music that inspires romantic feelings.
6. **Serve:** This potion can be sipped as a fragrant tea or used as a fragrant mist to enhance the environment.

Safety Considerations

It is important to note that while many herbal ingredients are generally safe, allergies or interactions with medication can occur. For instance, ginseng may not be suitable for individuals with certain health conditions. Essential oils should be used sparingly and never ingested unless they are food-grade and approved for consumption. Consulting a healthcare provider before experimenting with herbal mixtures is advisable.

Psychological and Social Aspects of Love Potions

The fascination with how to make a love potion taps into deeper psychological and social dynamics. The placebo effect, expectation, and the power of ritual can have genuine impacts on how people feel and behave. Rituals surrounding love potions can foster a sense of connection and intention, which may increase confidence and openness in romantic interactions.

Moreover, scent and taste can trigger emotional memories and increase attraction indirectly. For example, sharing a fragrant tea or a scented environment can create a shared sensory experience that fosters intimacy.

Comparing Love Potions to Modern Romantic Aids

In contemporary society, love potions are often likened to perfumes, aphrodisiac foods, or mood-enhancing supplements. Unlike pharmacological treatments for libido, these natural concoctions typically emphasize holistic well-being and emotional connection rather than biological effects alone.

The pros of these natural or ritualistic love potions include:

- Low risk of side effects when used responsibly
- Enhancement of mood and atmosphere
- Symbolic significance that can strengthen emotional bonds

Cons may involve:

- Limited scientific evidence supporting efficacy
- Potential allergic reactions or sensitivities
- Misplaced expectations leading to disappointment

The Evolution and Modern Interpretations

Today, the idea of how to make a love potion has expanded beyond simple herbal mixtures. Contemporary practitioners might include elements of mindfulness, meditation, and personalized affirmations alongside physical ingredients. There is also a growing interest in ethically sourced, organic components that emphasize sustainability and respect for natural resources.

In literary and popular culture, love potions continue to symbolize the mystery and complexity of human attraction. They serve as metaphors for desire, consent, and the unpredictable nature of love itself.

Exploring the craft of making a love potion involves a blend of history, sensory science, and personal intent. While no potion can guarantee true love or uncontrollable attraction, the process offers a meaningful way to engage with romantic feelings and create memorable experiences. Whether through the warmth of a scented tea or the ambiance of a candlelit evening, the essence of a love potion lies in the connection it fosters rather than the magic it promises.

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how to make a love potion: The Book of Love Potion William Ubagan, 2025-03-21 For centuries, love potions and mystical rituals have captivated the hearts of those seeking romance, passion, and deep emotional connections. The Book of Love Potion unveils the ancient secrets of attraction, bonding, and rekindling lost love through powerful prayers, enchanted herbs, and sacred rituals. This book is a guide to the mystical arts of love, offering oraciones (prayers), spells, and traditional practices designed to strengthen relationships, draw affection, and awaken hidden desires. Whether you seek true love, wish to mend a broken heart, or deepen an existing bond, these time-honored methods provide a spiritual path to manifesting your romantic intentions. However, with great power comes great responsibility. This wisdom must be used with pure intentions, respect, and sincerity—never to manipulate or control, but to enhance natural attraction and genuine connections. Unlock the magic of love and let destiny take its course.

how to make a love potion: Love Potion Gerri Brooks, 2005-01-25 In the backcountry of North Carolina in 1927, 13-year-old Harriet, motherless since birth and rejected by Joshua, her father, and ignored by Ida, her jealous stepmother, has no expectations that she will ever be loved. When she encounters Spider, a man of deception, whose own childhood experiences are despicable, she is like a dirt dauber's nest with the dirt still wet, not yet secure in its foundation, its edges raw, unpolished and easily uprooted. She has never before met a man who calls himself Spider, but she knows spiders -the many legged kind. She knows how they weave webs to trap unsuspecting victims. But she believes Spider offers her the love no one else has, and her need is like that of someone in a dry desert with parched lips. His entrapment of her and the consequences she endures come long before a conjure woman, a painter, an old Indian man and a host of other unlikely characters change her expectations.

how to make a love potion: Love Potions Leslie Esdaile, 2002-04-01 When Nikki Gordon, a.k.a. The Love Goddess, joins three other single mothers desperate for cash in throwing some entertaining psychic-reading parties, ex-cop Adam Bastille, who is determined to put an end to their scam and discover the true identity of the The Love Goddess, enters the picture and forces Nikki to give him a dose of her magic love potion. Original.

how to make a love potion: Self-Love Potions Cynthia Hartson, 2002-09-18 You are good enough to live & love, just as the Spirit intended; just as you are, just as God made you, and surely will lead you Through Nature's Eyes. ~Cynthia Hilarious and Insightful Metaphors make Hartson's heartbreak-to-healing stories and incredibly inspirational and easy read. This intuitive Naturopath leads us through all of Nature's seasons and reveals the 11 specific ingredients necessary for creating a Self~Loving Potion while at the same time, offering us her unique perspective on the how's and why's of living life with balance, spirit, humor, character, sincerity, integrity, compassion and most importantly grace. The Self-Healing section is loaded with practical advice designed to nourish the physical, mental, emotional and spiritual realms. As an added bonus, there is a series of self-help questionnaires with space for journal entries included. The Luscious Lotion section is chock-full of powerful, easy-to-follow recipes for making home-crafted natural healing salves, lotions, body care products and useable Self~Love Potions. She has even included an overview segment on the historical use of essential oils and an extensive books to read suggestion list.

how to make a love potion: Love's Potion Jackson King Jackson, Monica Jackson, 2005 English professor Kofi Washington prefers sonnets to spells, making a living with her teaching talents instead of teh supernatural ones she inherited from her mother. but when her pregnant, unmarried cousin begs Kofi to make handsome medical resident Jaquan Taylor fall in love with her, Kofi reluctantly agrees - only to be faced with a bewitchment gone disastrously awry. Kofi is determined to make things right, despite the fact that Jaquan's honesty is sperking her deepest passions...

how to make a love potion: Trials for the Gods Rebecca J. Sotirios, 2022-08-15 Greek gods? Just myths, right? My name is Iris Dimitriadis, daughter of Zeus, the supreme ruler of the gods. A few years ago, my whole life changed the moment I received a prophecy. If you've stayed up to date with my life, you'll know I was one of the prophesied demigods that helped save Mount Olympus

from destruction. The world has changed significantly since then...The barrier between the gods and mortals was demolished the moment the gods came to reveal themselves to the mortals of Earth. Zeus has decided to further showcase their might and power. To prove they are the 'Rulers of Humanity and only true gods', an event was established, where demigods must compete annually via a set of perilous Trials. The Trials take place yearly after the cold season has ended, on an island named H N - Hrakleia Nissos. Meaning the Island of Hercules. As demigods we are now solely trained to survive these Trials. Thus, creating a modern form of entertainment for the gods. The offspring of Zeus, Hades, Poseidon, and Apollo are in a deadly predicament once again.

how to make a love potion: *Love Potion #9* Claire Delacroix, 2013-02-15 Italy, August 1420: A gypsy named Lilith sees her lover hanged for a crime he didn't commit. On the gallows, he swears to return to her. Convinced that one day he'll be reborn, she searched for a fabled elixir rumored to grant immortality... Toronto, August 1999: Waiting has taken its toll on Lilith, now a fortune-teller with a gift for matchmaking. So she concocts her strongest love potion ever. She is certain her magic has worked when the spitting image of her one true love moves in next door. A very practical and skeptical single father, Mitch Davison is intrigued by Lilith's passionate welcome, yet suspicious of her motives. After all, he's never believed in magic and hasn't believed in love since his wife left him. But when Lilith doubts her own intuition, it's Mitch who must convince her that the greatest gift of all is the talent to follow your own heart...

how to make a love potion: *The Action Hero's Handbook* David Borgenicht, Joe Borgenicht, 2011-12-13 Filled with action movie-inspired advice, this hilarious guide is the ultimate gag gift or stocking stuffer for anyone who wants to 'keep up with the Indiana Joneses' For everyone who's ever wanted to be as smooth as James Bond, as clever as Captain Kirk, or as tough as Charlie's Angels, *The Action Hero's Handbook* is the ultimate guide to the essential skills every action hero needs to survive and thrive in this dangerous but exciting world. This book features dozens of real-life action hero techniques, directly from experts in the subjects at hand: FBI agents, sexologists, stuntmen, hypnotists, karate masters, criminologists, detectives, and many others. Learn how to: • Catch a great white shark • Deliver the Vulcan Nerve Pinch • Spyproof your hotel room • Win a fight when outnumbered • Climb down Mount Rushmore National Monument And dozens of other Good Guy Skills, Paranormal Skills, Fighting Skills, and Escape Skills. With meticulously researched step-by-step instructions and easy-to-follow illustrations, *The Action Hero's Handbook* will get you ready for anything. Good luck—we're all counting on you.

how to make a love potion: *That Time I Got Drunk and Yeeted a Love Potion at a Werewolf* Kimberly Lemming, 2023-05-23 Cheesemaker Brie has the world's worst luck in love, which is how she ends up falling for a lactose intolerant werewolf, in this raunchy, laugh-out-loud rom-com fantasy by the genre's freshest new voice, Kimberly Lemming. Brie's never been particularly coordinated...or lucky. Who else would accidentally throw a drink at someone's head only to miss entirely and hit a stranger behind them? And who else would have that stranger fall madly in love with them because it turns out that the drink she threw was a love potion? Yeah, probably just Brie.... Running her cheese business and dealing with a pirate ship full of demons that just moved into town was hard enough. Now on top of it, she has to convince a werewolf that she's not really his fated mate. Though even she's got to admit...having a gorgeous man show up and do all her chores while telling her she's beautiful isn't the worst thing to happen to a girl.

how to make a love potion: *Love Potion/Phantom Boyfriend* Linda Joy Singleton, 2002-10 Love Potion: Miserable after losing her boyfriend Travis to a ravishing redhead, Lacy Sinclair may have discovered the secret to winning him back - a magic love potion that only boys can smell! Soon Lacey is on her way to becoming the most popular girl in school. Her old boyfriend Travis is begging her for a date and so is every other guy who used to ignore her. Then Lacey runs out of an important ingredient and she panics. She doesn't want to turn back into the ordinary girl she was before - until it hits her that maybe she possessed the ingredients for true love in herself all along. But how could she be sure if it was her own charms beguiling the boys or the potion? Phantom Boyfriend: Kelly and Justin are perfect for each other -- if they could just meet! Kelly believes in fate, luck and love. But

fate hasn't been lucky for her in the love department -- until her best friend sets her up on a blind date with the perfect guy. Too bad Justin doesn't show. At least Kelly's school life is exciting -- She's the mystery horoscope writer K.I.D. Justin can't wait to meet Kelly -- But mistaken identity, mixed messages and the appearance of his long-lost father complicate things. It'll take miracle -- and a twist of magic -- to bring the star-crossed couple together. When stars collide and magic shines, anything can happen ... even love.

how to make a love potion: The Staircase Ann Rinaldi, 2002-06-01 How could Lizzy Enders's father abandon her at a girls school run by nuns? She's surrounded by Catholics--but she's Methodist! Shunned by the other boarders, Lizzy befriends a wandering carpenter named José, who with just three tools--and unflagging faith--builds an elaborate spiral staircase in the new chapel in mere weeks. When he disappears without a trace, Lizzy realizes that the way she sees things is not always the way they are. Inspired by the legend of the miraculous staircase in the Chapel of Loretto in Santa Fe, Ann Rinaldi skillfully blends the mystery surrounding the staircase's builder with the daily trials of a spunky thirteen-year-old girl growing up in the 1870s.

how to make a love potion: The Tarot Spellbook Sam Magdaleno, 2022-09-13 The Tarot Spellbook is a journey through the 78 cards of the Rider-Waite-Smith deck, providing a unique spell that corresponds with each card. Connecting with the 78 cards of the tarot in a meaningful way can be overwhelming, which can lead to scouring reference books and memorizing meanings rather than actually using the cards themselves. The Tarot Spellbook gives you a fun way to learn the cards--and a practical way to work with them beyond divination and reading. Each of the 78 spells in The Tarot Spellbook is categorized into one of eight popular spell categories: self, change, love, money, career, wellness, protection, and home. Because the lessons taught by tarot cards are those that apply to all aspects of life, from karmic soul lessons to the smaller daily events, the spells in The Tarot Spellbook cover everything you need for a variety of common life situations. Looking to manifest your desires? See the Magician card and spell. Need to find clarity? Work with the Moon card and spell to dispel illusion. Each entry outlines the card's overall meaning, and provides 2-3 journal questions to aid in introspection, reflection, and further connection to the tarot card. Each spell connects to a dominant theme of the card, helping you connect to the card on a personal level, and furthering your knowledge of witchcraft. From candle magick, to spell jars, to ritual baths, and more, The Tarot Spellbook utilizes spellwork of all kinds to truly aid you in expanding your magickal practice on all fronts.

how to make a love potion: The Love Elixir of Augusta Stern Lynda Cohen Loigman, 2024-10-08 Full of sweetness and charm. —People The happiest I have felt in years inside the world of a book. —Natalie Jenner, #1 nationally bestselling author of The Jane Austen Society A sparkling ode to second chances. —Shelby Van Pelt, New York Times bestselling author of Remarkably Bright Creatures On the cusp of turning eighty, newly retired pharmacist Augusta Stern is adrift. When she relocates to Rallentando Springs—an active senior community in southern Florida—she unexpectedly crosses paths with Irving Rivkin, the delivery boy from her father's old pharmacy—and the man who broke her heart sixty years earlier. As a teenager growing up in 1920's Brooklyn, Augusta's role model was her father, Solomon Stern, the trusted owner of the local pharmacy and the neighborhood expert on every ailment. But when Augusta's mother dies and Great Aunt Esther moves in, Augusta can't help but be drawn to Esther's curious methods. As a healer herself, Esther offers Solomon's customers her own advice—unconventional remedies ranging from homemade chicken soup to a mysterious array of powders and potions. As Augusta prepares for pharmacy college, she is torn between loyalty to her father and fascination with her great aunt, all while navigating a budding but complicated relationship with Irving. Desperate for clarity, she impulsively uses Esther's most potent elixir with disastrous consequences. Disillusioned and alone, Augusta vows to reject Esther's enchantments forever. Sixty years later, confronted with Irving, Augusta is still haunted by the mistakes of her past. What happened all those years ago and how did her plan go so spectacularly wrong? Did Irving ever truly love her or was he simply playing a part? And can Augusta reclaim the magic of her youth before it's too late?

how to make a love potion: A Moment in Time Bertrice Small, 1994-07-31 When fifteen-year-old Wynne's father dies in eleventh-century Wales, she attends to her father's estate, dodges an arranged marriage, and falls in love with the dashing Prince Madoc

how to make a love potion: *To Love a Tea Witch* Morgan Moriarty, The first step into the magical world of Thistlewood! When Sydney Birch moved to the strange town of Thistlewood to help care for her aging Aunt, she wasn't looking for anything special. But magic seems to have found her! Not only is she offered a job at the local tea shop, learning about herbs and potions, but a gaggle of young women seem to follow her all over town, always talking of magic and covens. Within weeks, she becomes the new apprentice to the town's potion maker and earns the trust of the Thistlewood Coven, giving her four new friends for life. But nothing could have prepared Sydney for meeting a handsome guy with blond hair and a smile that melted her heart on impact. She can't get his name, Caleb Kruse, off her mind, and no matter how hard she tries, she can't keep her heart from falling for him! It's love at first sight! Everything seems perfect... But dark magic is lurking around every corner, and some people will stop at nothing to get what they want, even if that means that they want Sydney Birch's new boyfriend! When Sydney and Caleb's love is tested, only magic can get them through in the end... This magical witchy romance novel is over 70,000 words long and is hot, steamy, and full of magical wonder! Featuring a sisterhood of best friends, a sugary sweet male hero, love at first sight, and a wonderfully delightful Happily Ever After! No cliffhanger, but this is the first book in The Thistlewood Witches series!

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