

# lysa terkeurst bible studies

Lysa TerKeurst Bible Studies: Deepening Faith with Heart and Honesty

**lysa terkeurst bible studies** have become a beacon for many seeking a genuine and relatable approach to digging into God's Word. Known for her heartfelt storytelling and transparent faith journey, Lysa TerKeurst offers Bible study experiences that resonate deeply with women and men alike who want to grow spiritually without feeling overwhelmed or disconnected. Her studies blend practical life application with scriptural truths, creating an inviting path for anyone eager to explore faith with authenticity and encouragement.

## Who Is Lysa TerKeurst and Why Her Bible Studies Matter

Lysa TerKeurst is a New York Times bestselling author, speaker, and president of Proverbs 31 Ministries. Her influence extends far beyond the written page; she's known for her vulnerability, wisdom, and ability to connect personal struggles with biblical insights. What makes Lysa's Bible studies stand out is her honest approach—she doesn't shy away from discussing real-life challenges such as disappointment, fear, and identity. Instead, she invites participants to face these issues through the lens of Scripture, fostering healing and hope.

Her studies are designed not just for academic understanding but for life transformation. Whether you're a seasoned Bible reader or new to faith, Lysa's work encourages you to engage deeply with God's Word and apply it in everyday circumstances.

## Exploring Popular Lysa TerKeurst Bible Studies

Lysa's portfolio of Bible studies covers various themes ranging from trusting God in difficult times to embracing God's love fully. Some of her most popular studies include:

### **"Unglued: Making Wise Choices in the Midst of Raw Emotions"**

This study is particularly appealing for those who find their emotions challenging to manage. Lysa shares her own struggles with anger and frustration, guiding readers to understand emotional triggers and respond with grace rather than reaction. The study includes personal reflection

questions and practical steps to cultivate peace.

## **“The Best Yes: Making Wise Decisions in a Crazy Busy World”**

In a culture that often pushes us to say “yes” to everything, this study helps individuals discern God’s best plan for their lives. It offers biblical wisdom on setting boundaries and prioritizing what truly matters, making it ideal for people feeling overwhelmed by responsibilities.

## **“It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered”**

This deeply encouraging study addresses the pain of unmet expectations and heartbreak. Lysa offers a roadmap for navigating grief and disappointment with faith, showing how God’s purposes can emerge from our most difficult seasons.

## **How Lysa TerKeurst Bible Studies Encourage Personal Reflection**

One hallmark of Lysa TerKeurst Bible studies is the emphasis on introspection. Each study includes guided questions that prompt participants to reflect on their spiritual walk and personal experiences. This approach helps learners internalize biblical truths rather than just skim the surface.

The reflection process often involves journaling, which Lysa encourages as a tool for processing emotions and thoughts. Writing down prayers, struggles, and insights can make the study more interactive and meaningful, helping individuals see growth over time.

## **Incorporating Lysa TerKeurst Bible Studies into Group Settings**

Many churches and small groups have embraced Lysa TerKeurst’s Bible studies because of their accessibility and relevance. Here’s why they work well in group environments:

- **Relatable Content:** Lysa's candid sharing opens the door for honest conversations among participants.
- **Structured Lessons:** The studies come with leader guides and participant books, making facilitation straightforward.
- **Encourages Community:** Group discussions foster connection and mutual support as people apply Scripture together.

When leading a group through a Lysa TerKeurst study, it's helpful to create a safe space where everyone feels comfortable sharing. The vulnerability modeled in the material invites openness, which can deepen relationships and spiritual growth.

## Tips for Getting the Most Out of a Group Study

1. **Set consistent meeting times:** Regular sessions help maintain momentum.
2. **Encourage honest sharing:** Remind participants that it's okay to express doubts and struggles.
3. **Pray together:** Begin and end meetings with prayer to invite God's presence.
4. **Use supplemental materials:** Videos and devotionals from Lysa can enrich the experience.

## The Impact of Lysa TerKeurst's Teaching Style on Spiritual Growth

What makes Lysa TerKeurst's Bible studies particularly impactful is her ability to combine Scripture with storytelling that feels like a conversation with a trusted friend. This conversational style breaks down barriers and makes complex biblical concepts accessible.

Her teachings often focus on themes like grace, forgiveness, and God's faithfulness, which are central to Christian life but sometimes hard to embrace fully. By sharing her own imperfections and God's work in her life, Lysa models how faith grows through trials and surrender.

Many participants report feeling more empowered to face their daily struggles with hope and clarity after engaging with her studies. The balance of honesty

and encouragement creates an environment where transformation feels possible.

## Resources to Complement Lysa TerKeurst Bible Studies

To enrich your experience with Lysa TerKeurst's Bible studies, consider exploring these additional resources:

- **Devotional Books:** Lysa has written several devotionals that align with her study themes, providing daily encouragement.
- **Podcasts and Videos:** Proverbs 31 Ministries offers podcasts featuring Lysa and other speakers that delve deeper into biblical topics.
- **Journals and Workbooks:** Journaling tools specifically designed for her studies can help track spiritual insights and prayers.
- **Online Communities:** Joining Facebook groups or forums dedicated to Lysa TerKeurst's teachings can offer additional support and accountability.

These resources help maintain engagement beyond the study sessions and foster a lifestyle of ongoing spiritual growth.

## Why Lysa TerKeurst Bible Studies Resonate with So Many

There's a unique warmth to Lysa TerKeurst's approach that appeals to people searching for faith that feels real and relevant. Her combination of biblical truth, personal vulnerability, and practical application creates a powerful learning environment.

Many find that her studies don't just inform their minds but also touch their hearts, encouraging a deeper relationship with God. Whether wrestling with doubt, navigating life transitions, or desiring a stronger prayer life, participants often discover that Lysa's Bible studies meet them exactly where they are.

Ultimately, these studies offer more than knowledge—they invite transformation and hope, making them a treasured resource for anyone committed to growing in faith with honesty and grace.

# **Frequently Asked Questions**

## **Who is Lysa TerKeurst and what is her role in Bible studies?**

Lysa TerKeurst is a bestselling Christian author and speaker known for her impactful Bible studies that encourage women to deepen their faith and trust in God.

## **What are some popular Bible study books written by Lysa TerKeurst?**

Some popular Bible study books by Lysa TerKeurst include 'Uninvited,' 'It's Not Supposed to Be This Way,' 'The Best Yes,' and 'Forgiving What You Can't Forget.'

## **What themes does Lysa TerKeurst focus on in her Bible studies?**

Lysa TerKeurst often focuses on themes such as healing from rejection, trusting God's plan, making wise decisions, forgiveness, and finding hope in difficult circumstances.

## **Are Lysa TerKeurst's Bible studies suitable for group study or individual study?**

Lysa TerKeurst's Bible studies are designed for both group and individual study, providing discussion questions and personal reflection prompts to foster spiritual growth.

## **Does Lysa TerKeurst offer any online Bible study resources?**

Yes, Lysa TerKeurst offers online Bible study resources through her website and platforms like Proverbs 31 Ministries, including video teachings, downloadable guides, and live study events.

## **How can I start a Lysa TerKeurst Bible study group?**

To start a Lysa TerKeurst Bible study group, select one of her study books, gather interested participants, set a schedule, and use the discussion questions and video content available through her ministry or publisher.

## **What makes Lysa TerKeurst's Bible studies different**

## **from others?**

Lysa TerKeurst's Bible studies stand out due to her relatable storytelling, practical application of biblical truths, and her ability to address real-life struggles with honesty and hope.

## **Can men participate in Lysa TerKeurst's Bible studies?**

While Lysa TerKeurst's Bible studies are primarily geared toward women, the biblical principles and teachings can be beneficial to anyone seeking to grow in their faith.

## **Where can I purchase Lysa TerKeurst's Bible study materials?**

Lysa TerKeurst's Bible study materials are available for purchase on major retailers like Amazon, Christian bookstores, and directly through her official website and Proverbs 31 Ministries.

## **Additional Resources**

**\*\*An In-Depth Review of Lysa TerKeurst Bible Studies: Exploring Faith Through Scripture\*\***

**lys terkeurst bible studies** have become a significant resource within contemporary Christian circles, offering a distinctive blend of personal reflection, scriptural insight, and practical application. Known for her approachable writing style and transparent storytelling, Lysa TerKeurst has crafted Bible studies that resonate with a diverse audience seeking depth and relevance in their faith journey. This article delves into the key features, thematic focuses, and overall impact of Lysa TerKeurst's Bible studies, providing an analytical perspective for those interested in exploring her work.

## **Understanding Lysa TerKeurst's Approach to Bible Study**

Lysa TerKeurst, a New York Times bestselling author and president of Proverbs 31 Ministries, has built her reputation on creating spiritually enriching content that addresses real-life struggles through the lens of biblical truth. Her Bible studies are characterized by an emphasis on grace, healing, and personal growth, often addressing topics such as forgiveness, trust, anxiety, and God's faithfulness.

One hallmark of Lysa TerKeurst Bible studies is their narrative-driven format. Unlike traditional verse-by-verse expositions, her studies often weave personal anecdotes and testimonies with scriptural analysis, making the Bible relatable and accessible. This approach helps participants see the Bible not merely as ancient text but as a living document that speaks to everyday challenges.

## Key Themes Explored in Lysa TerKeurst Bible Studies

Lysa TerKeurst's work frequently revolves around themes that intersect with emotional well-being and spiritual maturity. Some prominent themes include:

- **Trusting God in Uncertainty:** Many of her studies tackle the difficulty of surrendering control and embracing faith amid life's unpredictability.
- **Healing from Hurt:** Emotional wounds and broken relationships are addressed with compassion and scriptural wisdom.
- **Identity and Purpose:** Her studies often encourage readers to find their worth and calling through God's perspective rather than societal expectations.
- **Grace and Forgiveness:** Emphasizing God's grace, Lysa explores the liberating power of forgiveness, both received and extended.

These themes resonate with a broad demographic, particularly women seeking to align their lives more closely with biblical principles while navigating contemporary challenges.

## Features and Structure of Lysa TerKeurst Bible Studies

One of the distinguishing features of Lysa TerKeurst Bible studies is their multi-dimensional structure designed to engage participants on several levels:

### Interactive Study Guides

Each Bible study typically includes a comprehensive workbook or guide that combines:

- Scripture passages with contextual explanations
- Reflection questions to provoke deeper thought
- Prayer prompts that encourage personal dialogue with God
- Practical application challenges to integrate lessons into daily life

This format fosters active participation rather than passive reading, encouraging individuals or groups to internalize and live out the teachings.

## **Multimedia Resources**

Complementing the printed or downloadable guides, Lysa TerKeurst's studies often come with video sessions, podcasts, or live teaching elements available through Proverbs 31 Ministries and other platforms. These resources provide an immersive experience and cater to varying learning preferences.

## **Community Engagement**

Recognizing the importance of fellowship in spiritual growth, Lysa TerKeurst Bible studies frequently encourage group settings. Online communities and social media groups centered around these studies offer spaces for sharing insights, prayer requests, and encouragement, thus enhancing accountability and connection.

## **Comparing Lysa TerKeurst Bible Studies to Other Contemporary Bible Studies**

In the landscape of modern Bible studies, Lysa TerKeurst's work stands out for its narrative-driven, emotionally resonant approach. Compared to more academic or exegetical studies that prioritize theological precision, her materials lean toward application and relational spirituality.

For instance, Bible studies by authors such as Beth Moore or Jen Wilkin often emphasize deep doctrinal teaching and comprehensive scripture analysis. Lysa TerKeurst's studies, while biblically grounded, prioritize accessibility and emotional engagement, making them particularly appealing to those who seek encouragement alongside education.

The balance between vulnerability and scriptural fidelity marks a unique niche that has garnered widespread popularity. However, this approach may not satisfy those looking for rigorous theological study, as her focus is more



pastoral than scholarly.

## Strengths of Lysa TerKeurst Bible Studies

- **Relatability:** Personal stories and authentic struggles create a sense of connection.
- **Practical Application:** Clear steps and challenges help participants implement biblical truths.
- **Accessibility:** Language and structure are approachable for a wide audience.
- **Multimedia Integration:** Diverse formats support different learning styles.

## Potential Limitations

- **Depth:** Some users may find the theological treatment less comprehensive than academic Bible studies.
- **Target Audience:** Primarily geared toward women, which might limit appeal to broader demographics.
- **Emotional Emphasis:** Heavy focus on emotional healing might overshadow doctrinal depth for some readers.

## Popular Lysa TerKeurst Bible Studies and Their Impact

Among her extensive portfolio, several studies have gained particular recognition:

### **“Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely”**

This study addresses feelings of rejection and social exclusion, offering

biblical encouragement to those struggling with acceptance. It has resonated widely for its candid discussion of insecurity and God's unconditional love.

## **"The Best Yes: Making Wise Decisions in the Midst of Endless Demands"**

Focused on the challenge of decision-making and setting boundaries, this study helps participants discern priorities through prayer and scripture, promoting intentional living aligned with God's will.

## **"It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered"**

In this study, Lysa TerKeurst tackles grief, disappointment, and unanswered prayers, providing a framework for resilience and hope rooted in God's promises.

These studies not only serve as spiritual tools but also reflect real cultural needs, addressing mental health, identity, and relational struggles in ways that many find deeply validating.

## **Integrating Lysa TerKeurst Bible Studies Into Personal and Group Settings**

Lysa TerKeurst Bible studies are versatile in application. For individuals, the structured guides and reflective exercises offer a disciplined yet flexible path to deepen personal faith. The inclusion of journaling prompts and prayer helps internalize lessons.

In group environments, these studies foster meaningful discussion and shared vulnerability. Leaders often appreciate the ready-made materials that facilitate engagement without extensive preparation. The emphasis on community and shared experience aligns well with church small groups, women's ministries, and online faith communities.

Moreover, the availability of online video sessions and digital resources enables hybrid or fully virtual study formats, accommodating diverse ministry contexts.

# Best Practices for Maximizing the Study Experience

1. **Commit to Consistency:** Regular study sessions help build momentum and spiritual discipline.
2. **Engage Emotionally and Intellectually:** Balance reflection on personal feelings with scriptural truths.
3. **Participate in Community:** Sharing insights and prayer requests enriches understanding and support.
4. **Apply Learnings Practically:** Actively pursue the challenges and action steps provided.

By following these practices, participants can unlock the transformative potential inherent in Lysa TerKeurst Bible studies.

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In sum, **lysa terkeurst bible studies** offer a unique blend of heartfelt storytelling and scriptural engagement tailored for individuals seeking a faith experience that speaks directly to their emotional and spiritual needs. While not exhaustive in theological depth, the practical, grace-filled approach has proven impactful for many, particularly women navigating complex life circumstances. Whether used for personal growth or group ministry, these studies continue to shape contemporary Christian discipleship by inviting participants into a deeper relationship with God through honest reflection and real-world application.

## [Lysa Terkeurst Bible Studies](#)

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**lysa terkeurst bible studies: Becoming More Than a Good Bible Study Girl** Lysa TerKeurst, 2009-12-21 'I really want to know God, personally and intimately.' Those words of speaker, award-winning author, and popular blogger Lysa TerKeurst mirror the feelings of countless women. They're tired of just going through the motions of being a Christian: Go to church. Pray. Be nice. That spiritual to-do list just doesn't cut it. But what does? How can ordinary, busy moms, wives, and workers step out of the drudgery of religious duty to experience a living, moment-by-moment, deeply intimate relationship with God? In six small group DVD sessions designed for use with the accompanying Participant's Guide, Lysa shows women how they can transform their walk with God

from lackluster theory to vibrant reality. The Becoming More Than a Bible Study Girl DVD curriculum guides participants on an incredible, tremendously rewarding journey on which they will discover how to: \* Build personal, two-way conversations with God \* Study the Bible and experience life-change for themselves \* Cultivate greater authenticity and depth in their relationships \* Make disappointments work for them, not against them \* Find incredible joy as they live out their faith in everyday circumstances Sessions include: 1. Becoming More Than a Good Bible Study Girl ... in My Heart 2. Becoming More Than a Good Bible Study Girl ... in My Walk with God 3. Becoming More Than a Good Bible Study Girl ... in My Relationships 4. Becoming More Than a Good Bible Study Girl ... in My Struggles 5. Becoming More Than a Good Bible Study Girl ... in My Thoughts 6. Becoming More Than a Good Bible Study Girl ... in My Calling '

**lysa terkeurst bible studies:** [Trustworthy - Bible Study Book with Video Access](#) Lysa TerKeurst, 2022-12 When hard times come and it seems God is deviating from the plan we assume our life should follow, we're much more likely to want to tame God, not trust Him. It's then that we begin to press into our ways and our own timing. No human can carry the weight of being their own god, but so many of us try. In this 6-session study of 1 & 2 Kings, you can join Lysa TerKeurst in Israel as she honestly reveals the places of distrust in her own heart while exploring the deeply personal applicable Scriptures that will teach us how to truly trust God. Features: Personal study to be completed between the 6 group sessions Teaching videos, approximately 15-20 minutes each, via redemption code printed in the Bible study book Leader helps for group discussion Benefits: Identify and challenge doubts in the one true God. Explore how the Old Testament applies to our lives today. Learn to trust in the goodness and faithfulness of God. Video Sessions: Session 1: Introduction (25:41)--We can so easily begin to trust in things and people other than God. The people of Israel experienced this time and again. Lysa walks us through the history of God's people leading up to the moment they asked to be like everyone else and have a king. As we'll see in this study of the ancient kings of the Bible, earthly kings pale in comparison to the King of kings, the only One worthy of our trust. Session 2: Solomon (23:23)--Lysa tells the story of Solomon, who started out his reign in his father, David's, footsteps, but very quickly fell out of faithfulness to the one true God. Through relationships with many foreign women, Solomon's affections became misplaced and he built altars to foreign gods and placed his trust in what he could control. Misplaced affections got between Solomon and God and continue to be a temptation for us today. Session 3: Jeroboam (19:21)--King Jeroboam misaligned his priorities, idolizing a golden calf rather than completely trusting in God and waiting on Him. In this week's discussion, Lysa teaches us that a departure happens when we think too lowly of God and too highly of ourselves. But when we think highly of God, we think rightly of ourselves. Session 4: Ahab (18:56)--Lysa talks about the consequences of sin this session as we dive in to the story of King Ahab and his wife Jezebel. Just as Ahab's blood spilled as a consequence of sin, Jesus also had to bleed in consequence of our sin. But unlike the end of Ahab's story, our story is victorious through Christ. Session 5: Hezekiah (16:26)--Lysa discusses one of Hezekiah's biggest accomplishments. Did he understand his accomplishment as evidence of God's faithfulness, or did he just accept it as evidence of his own brilliance? Hezekiah failed to check his heart and accepted all the praise for himself, rather than giving the glory to God and His trustworthiness. See how his story can help us reevaluate things in our own lives, so we can kneel in greater submission to the King of kings. Session 6: Josiah (14:58)--Lysa looks at the tumultuous history of the temple in Jerusalem. The temple has been built and destroyed, rebuilt and renewed only to be destroyed again. While earthly kings and kingdoms and temples all pass away, we serve the trustworthy God who is making all things new.

**lysa terkeurst bible studies:** [Becoming More Than a Good Bible Study Girl Bible Study Participant's Guide](#) Lysa TerKeurst, 2013-05-01 Join bestselling author Lysa TerKuerst for Becoming More Than A Good Bible Study Girl, a six-session small group Bible study that helps you figure out how to trade in going through the motions for the spiritual healthy and vibrant life for which you long. "I really want to know God, personally and intimately." Do those words resonate with you? You're tired of just going through the motions of being a Christian: Go to church. Pray. Be nice. That

spiritual to-do list just doesn't cut it. But what does? How do you step out of the drudger of religious duty to experience a living, moment-by-moment, deeply intimate relationship with God? Join Lysa in six small group sessions (DVD/digital video sold separately) that will teach you how to: Build personal, two-way conversations with God. Study the Bible and experience life change for yourself. Cultivate great authenticity and depth in your relationships. Make disappointments work for you, not against you. Find incredible joy as you live out your faith in everyday circumstances. This Participant Guide is filled with helpful discussion starters, video overviews, space for writing thoughts, a helpful Leader's Guide and much more. Sessions include: In My Heart In My Walk with God In My Relationships In My Struggles In My Thoughts In My Calling Designed for use with *Becoming More Than A Good Bible Study Girl* Video Study 9780310877714 (sold separately).

**lysa terkeurst bible studies: *Becoming More Than a Good Bible Study Girl* Study Guide with DVD** Lysa TerKeurst, 2012-02-11 Are you tired of just going through the motions of the Christian life? Do you feel a tug at your heart to live completely for God---but you don't know what the next step is? In six enriching small group sessions, Lysa TerKeurst helps you cultivate the spiritually exciting life you long for.

**lysa terkeurst bible studies: *Becoming More Than a Good Bible Study Girl*** Lysa TerKeurst, 2010-11-30 Through this six-session small group bible study DVD, Lysa TerKeurst encourages participants to trade going through the motions for the spiritually exciting life for which we long. This pack includes one softcover Participant Guide and one DVD.

**lysa terkeurst bible studies: *Trustworthy - Bible Study Book*** Lysa TerKeurst, 2019-11-12 When hard times come and it seems God is deviating from the plan we assume our life should follow, we're more likely to want to tame God, not trust Him. It's then that we begin to press into our ways and our own timing. No human can carry the weight of being their own god, but so many of us try. In this 6-session study of 1 & 2 Kings, join Lysa TerKeurst in Israel as she honestly reveals the places of distrust in her own heart while exploring the deeply applicable Scriptures that will teach us how to truly trust God. Features: Leader helps to guide questions and discussions within small groups Personal study segments with homework to complete between 6 weeks of group sessions Interactive teaching videos, approximately 15-25 minutes per session, available for purchase or rent Benefits: Identify and challenge doubts in the one true God. Explore how the Old Testament applies to our lives today. Learn to trust in the goodness and faithfulness of God.

**lysa terkeurst bible studies: *Finding I Am - Bible Study Book*** Lysa TerKeurst, 2017-01-02 Join Lysa TerKeurst on the streets of Israel to explore the seven I AM statements of Jesus found in the Gospel of John. Through this interactive, in-depth study we will be trading feelings of emptiness and depletion for the fullness of knowing who Jesus is like never before.--

**lysa terkeurst bible studies: *It's Not Supposed to Be This Way*** Lysa TerKeurst, 2018-11-13 #1 NEW YORK TIMES BESTSELLER What do you do when God's timing seems questionable, his lack of intervention hurtful, and his promises doubtful? Lysa TerKeurst unveils her heart amid shattering circumstances, inviting you to live assured when life doesn't turn out like you expected. Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a season, but others shatter us completely. We feel disappointed and disillusioned at best and overwhelmed and hopeless at worst. We quietly start to wonder about the reality of God's goodness and why he allows us to suffer and experience grief and loss. Lysa TerKeurst understands this deeply. But after many tears, godly counseling, and prayerful seeking, she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In *It's Not Supposed to Be This Way*, Lysa invites us into her own journey of faith and, with grit, vulnerability, and honest humor, helps us to: Stop being pulled into the anxiety of disappointment by discovering how to better process unmet expectations and other painful situations. Train ourselves to recognize the three strategies of the enemy, so we can stand strong and persevere through unsettling relationships and uncertain outcomes. Discover the secret of being steadfast and not panicking when God actually does give us more than we can handle. Shift our suspicion that God is cruel or unfair to the biblical assurance that God is protecting and preparing us. Know how to

encourage a friend and help her navigate hard realities with real help from God's truth, the Bible. Look for additional biblically based resources and devotionals from Lysa: Good Boundaries and Goodbyes Forgiving What You Can't Forget Uninvited You're Going to Make It Embraced Seeing Beautiful Again

**lysa terkeurst bible studies:** Finding I Am - Bible Study Book with Video Access Lysa TerKeurst, 2022-03-15 What is the deep cry of your heart? The ache in your soul just waiting to be fulfilled? The prayer you keep repeating without end? Jesus not only cares about this deep, spiritual wrestling, but He also wants to step in and see you through it. Join Lysa TerKeurst on the streets of Israel to explore the I AM statements of Jesus found in the Gospel of John, ultimately trading feelings of emptiness and depletion for the fullness of knowing who Jesus is in this in-depth Bible study. Features: Leader helps to guide questions and discussions within small groups Five weeks of personal study segments to complete between six weeks of group sessions Four days, with an optional fifth day, of study within each week of personal study Six enriching teaching videos, approximately 15-20 minutes per session, available via redemption code printed in Bible study book for individual streaming access Benefits: Find freedom in difficult circumstances by learning how to shift from slave mentality to set free mentality. Discover how Jesus is the key to satisfaction by learning the crucial significance behind each of His I AM statements. Trade feelings of emptiness for the fullness of knowing who Jesus is. Grow in biblical literacy with this exploration of the Gospel of John. Video Sessions: Session 1: I AM (18:40)--In this introductory session, Lysa introduces the topic of I AM by looking in the book of Exodus where God talks to Moses through the burning bush. First came God's name, then came His promise. Session 2: I AM the Bread of Life (15:40)--Lysa is in Capernaum during this session and discusses how important bread was in the life of the Jewish people during this time. She reminds participants that only Jesus Himself can satisfy every craving of our soul. Session 3: I AM the Light of the World (21:40)--This third session puts participants at Jacob's well where Jesus encountered the Samaritan woman. Lysa discusses Jesus as the Living Water and how this Samaritan woman became a light to her world by telling others about Jesus. Session 4: I AM the Good Shepherd and I AM the Gate of the Sheep (18:10)--Psalm 23 tells us about God as a Good Shepherd. Lysa explores that Psalm and reminds listeners that God promises not to restore our circumstances, but rather to restore our soul. Session 5: I AM the Resurrection and the Life and I AM the Way, the Truth, and the Life (20:55)--In this fifth session Lysa overlooks the city of Jerusalem and studies the passage of the raising of Lazarus. She reminds the listener that Jesus longs to bring His resurrection power to us. Session 6: I AM the True Vine (17:35)--During this final session we find ourselves in a vineyard learning about God as the Gardener and Jesus as the True Vine. We learn that pruning makes us look more like Jesus and prepares us to bring forth fruit.

**lysa terkeurst bible studies:** Uninvited Bible Study Guide Lysa TerKeurst, 2016-08-09 Do you ever feel left out, lonely, less than loved? Most of us have. Many of us do now... Sometimes you simply need to be reminded how loved you really are—that every day, with every breath, you are loved with such precision that every hair, every molecule of you is known, counted, invited, and welcomed. This six-session video study guide (DVD/streaming video sold separately) is that reminder. Best-selling author and speaker Lysa TerKeurst will walk you through the Holy Land in order to come closer to Jesus' words that will help you enter a place of healing and new perspective. You and your group are invited to: Explore the roots of rejection and learn practical ways to process your pain in a safe space. Dwell on the majestic declarations of God's love in the Bible. Discover a deep assurance of your adoption into Christ's family that leads to new life. Be a part of this biblical learning process of living loved. Uninvited will remind you and your group that you are destined for a love that can never be diminished, tarnished, shaken, or taken—a love that does not reject or uninvite. This study guide is packed with Bible teaching and includes guided video notes, group discussion questions, and between-session personal studies. Sessions include: Living Loved Empty or Full? The Yoke of God Is Freedom Set Apart Remembering God's Presence Lessons from the Olive Bonus Session: Review and Celebration (No video) Designed for use with the Uninvited Video Study (9781400205981), sold separately.

**lysa terkeurst bible studies: *The Best Yes*** Lysa TerKeurst, Christine Anderson, 2014-08-12 Do you find yourself spending a lot of time figuring out when to say yes and when to say no, thinking about how to manage your time, reduce stress, do your best for your family, find a little time for yourself? Lysa TerKeurst found herself in that same situation until she learned the power of the best yes, the choice that shapes all of our other choices. In this six-session study (DVD/digital video sold separately), Lysa uses her signature mix of transparency, Scripture-laced insight, and been there humor to suggest usable strategies for making wise decisions day by day. Lysa will help you and your group: Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small no. Overcome the agony of hard choices by embracing a wisdom based decision-making process. Rise above the rush of endless demands and discover your best yes today. Sessions include: Set Your Heart to Wisdom Establish a Pattern of Wisdom Practice Wisdom Predetermine Your Best Yes Avoid the Traps of People Pleasing Build a Best Yes Legacy Designed for use with The Best Yes Video Study 97801400205943 (sold separately).

**lysa terkeurst bible studies: *Am I Messing Up My Kids?*** Lysa TerKeurst, 2010-01-01 Lysa TerKeurst, mother of five and president of Proverbs 31 Ministries, knows about the bouts of “mommy stress” that come with parenting and managing a home and a life. From her own experience and conversations with hundreds of other women, Lysa shares how mothers can release the guilt they sometimes feel and stop blaming their parenting skills every time a child does something wrong let kids live with the consequences of their bad choices simplify life to create breathing room quit comparing themselves to “perfect” moms turn to God for support, guidance, and patience Overflowing with practical ideas, short Bible studies, and plenty of encouragement, this inspiring resource will help moms to realize that—with God’s wisdom and mercy—they can experience peace and satisfaction while raising their kids. Rerelease of *The Bathtub Is Overflowing but I Feel Drained*

**lysa terkeurst bible studies: *40 Days Through the Bible*** Lysa TerKeurst, 2022-02-15 Take a 40-day journey with Lysa TerKeurst and the Proverbs 31 Ministries Team through the storyline of the Bible so you can see major themes, how they are all connected, and what that means for us as we read the Bible today.

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