

# THE SECRET HISTORY OF THE AMERICAN EMPIRE

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THE SECRET HISTORY OF THE AMERICAN EMPIRE IS A STORY WOVEN WITH POWER PLAYS, COVERT OPERATIONS, AND STRATEGIC MOVES THAT OFTEN REMAIN HIDDEN FROM MAINSTREAM NARRATIVES. WHILE MANY UNDERSTAND THE UNITED STATES AS A BEACON OF DEMOCRACY AND FREEDOM, THE FULLER PICTURE REVEALS A COMPLEX EMPIRE BUILT NOT ONLY ON IDEALS BUT ALSO ON PRAGMATIC—AND SOMETIMES SHADOWY—ACTIONS THAT HAVE SHAPED GLOBAL POLITICS FOR CENTURIES. EXPLORING THESE LESSER-KNOWN ASPECTS OFFERS A FASCINATING GLIMPSE INTO HOW AMERICA EXPANDED ITS INFLUENCE BEYOND ITS BORDERS AND BECAME A DOMINANT WORLD POWER.

## ORIGINS OF THE AMERICAN EMPIRE: BEYOND INDEPENDENCE

MOST PEOPLE ASSOCIATE THE BIRTH OF THE AMERICAN EMPIRE WITH THE DECLARATION OF INDEPENDENCE OR THE REVOLUTIONARY WAR. HOWEVER, THE ROOTS OF AMERICA'S IMPERIAL AMBITIONS STRETCH FURTHER BACK AND FORWARD BEYOND THOSE MILESTONES. AFTER THE THIRTEEN COLONIES BROKE FREE FROM BRITISH RULE, THE YOUNG NATION WAS DRIVEN BY BOTH SURVIVAL AND EXPANSIONISM, WHICH LAID THE FOUNDATION FOR AN EMPIRE THAT WOULD SOON SPAN CONTINENTS.

## MANIFEST DESTINY AND TERRITORIAL EXPANSION

IN THE 19TH CENTURY, THE IDEOLOGY OF MANIFEST DESTINY BECAME A POWERFUL DRIVING FORCE BEHIND THE COUNTRY'S EXPANSION. THIS BELIEF HELD THAT THE UNITED STATES WAS DESTINED TO STRETCH FROM THE ATLANTIC TO THE PACIFIC, SPREADING ITS VALUES AND CIVILIZATION. WHILE THIS NARRATIVE WAS FRAMED AS A NOBLE MISSION, IT MASKED THE OFTEN BRUTAL REALITIES OF DISPLACING NATIVE AMERICAN POPULATIONS AND WAGING WARS TO ACQUIRE NEW TERRITORIES.

THE SECRET HISTORY OF THE AMERICAN EMPIRE DURING THIS PERIOD INCLUDES COVERT NEGOTIATIONS, FORCED TREATIES, AND MILITARY CAMPAIGNS THAT WERE DESIGNED TO CONSOLIDATE POWER IN NORTH AMERICA. THE LOUISIANA PURCHASE, THE ANNEXATION OF TEXAS, AND THE MEXICAN-AMERICAN WAR WERE ALL PIVOTAL MOMENTS THAT EXPANDED U.S. TERRITORY DRAMATICALLY, OFTEN AT THE EXPENSE OF INDIGENOUS PEOPLES AND NEIGHBORING COUNTRIES.

## IMPERIALISM IN THE SHADOWS: COVERT OPERATIONS AND INFLUENCE

AS THE 20TH CENTURY DAWNED, THE AMERICAN EMPIRE BEGAN TO TAKE SHAPE ON A GLOBAL SCALE. WHILE OFFICIAL GOVERNMENT STATEMENTS EMPHASIZED DEMOCRACY AND FREEDOM, MUCH OF THE EXPANSION WAS PROPELLED BY COVERT OPERATIONS AND STRATEGIC ECONOMIC INTERESTS.

## THE ROLE OF INTELLIGENCE AGENCIES

ONE OF THE MOST INTRIGUING ASPECTS OF THE SECRET HISTORY OF THE AMERICAN EMPIRE INVOLVES THE CENTRAL INTELLIGENCE AGENCY (CIA) AND OTHER INTELLIGENCE BODIES. FOUNDED IN 1947, THE CIA BECAME A KEY TOOL IN ADVANCING U.S. INTERESTS ABROAD, PARTICULARLY DURING THE COLD WAR. FROM ORCHESTRATING COUPS TO SUPPORTING ANTI-COMMUNIST REGIMES, THE CIA'S ACTIVITIES OFTEN REMAINED HIDDEN FROM PUBLIC VIEW, REVEALING A SHADOW EMPIRE OPERATING BEHIND THE SCENES.

SOME NOTABLE EXAMPLES INCLUDE:

- THE 1953 IRANIAN COUP D'ÉTAT, WHICH OVERTHREW PRIME MINISTER MOHAMMAD MOSADDEGH TO REINSTATE THE SHAH.

- THE INVOLVEMENT IN GUATEMALA IN 1954, WHERE A DEMOCRATICALLY ELECTED PRESIDENT WAS DEPOSED TO PROTECT AMERICAN BUSINESS INTERESTS.
- SUPPORT FOR ANTI-COMMUNIST FORCES IN LATIN AMERICA, SOUTHEAST ASIA, AND AFRICA, OFTEN LEADING TO LONG-TERM INSTABILITY.

THESE COVERT ACTIONS HIGHLIGHT HOW THE SECRET HISTORY OF THE AMERICAN EMPIRE IS OFTEN A STORY OF INTERVENTIONISM MASKED AS PROTECTIONISM.

## ECONOMIC IMPERIALISM: CORPORATE INFLUENCE AND RESOURCE CONTROL

BEYOND MILITARY AND INTELLIGENCE OPERATIONS, ECONOMIC STRATEGIES HAVE PLAYED A CRUCIAL ROLE IN SHAPING THE EMPIRE. AMERICAN CORPORATIONS, OFTEN BACKED BY GOVERNMENT POLICIES, EXTENDED THEIR REACH INTO FOREIGN MARKETS TO SECURE RESOURCES AND MAINTAIN ECONOMIC DOMINANCE.

THE RISE OF MULTINATIONAL CORPORATIONS AND THE ESTABLISHMENT OF ECONOMIC INSTITUTIONS LIKE THE INTERNATIONAL MONETARY FUND (IMF) AND THE WORLD BANK FACILITATED THIS PROCESS. THROUGH LOANS, TRADE AGREEMENTS, AND ECONOMIC PRESSURE, THE UNITED STATES INFLUENCED THE POLITICAL AND ECONOMIC LANDSCAPES OF NUMEROUS COUNTRIES, ENSURING FAVORABLE CONDITIONS FOR AMERICAN INTERESTS.

## THE COLD WAR AND THE GLOBAL STRUGGLE FOR INFLUENCE

THE SECRET HISTORY OF THE AMERICAN EMPIRE CANNOT BE FULLY UNDERSTOOD WITHOUT CONSIDERING THE COLD WAR ERA. THIS PERIOD WAS MARKED BY A FIERCE RIVALRY BETWEEN THE U.S. AND THE SOVIET UNION, WHERE THE FIGHT FOR GLOBAL SUPREMACY TOOK MANY FORMS, INCLUDING IDEOLOGICAL BATTLES, PROXY WARS, AND ESPIONAGE.

## PROXY WARS AND MILITARY INTERVENTIONS

RATHER THAN DIRECT CONFRONTATION, THE U.S. OFTEN ENGAGED IN PROXY WARS TO COUNTER SOVIET INFLUENCE. COUNTRIES LIKE KOREA, VIETNAM, AFGHANISTAN, AND VARIOUS PARTS OF LATIN AMERICA BECAME BATTLEFIELDS WHERE AMERICAN FORCES SUPPORTED LOCAL GROUPS ALIGNED AGAINST COMMUNISM, SOMETIMES WITH DEVASTATING CONSEQUENCES.

THESE INTERVENTIONS WERE NOT ALWAYS PUBLICIZED TRANSPARENTLY, AND MANY WERE JUSTIFIED UNDER THE GUISE OF CONTAINING COMMUNISM OR PROTECTING NATIONAL SECURITY. THIS LAYER OF SECRECY AND MISINFORMATION CONTRIBUTED TO THE COMPLICATED LEGACY OF THE AMERICAN EMPIRE'S MILITARY ENGAGEMENTS.

## PROPAGANDA AND CULTURAL INFLUENCE

ANOTHER FACET OF THE SECRET HISTORY OF THE AMERICAN EMPIRE DURING THE COLD WAR WAS THE USE OF PROPAGANDA AND CULTURAL EXPORTS. HOLLYWOOD FILMS, MUSIC, AND LITERATURE WERE SUBTLY USED TO PROMOTE AMERICAN VALUES AND UNDERMINE RIVAL IDEOLOGIES. THIS CULTURAL IMPERIALISM HELPED SHAPE GLOBAL PERCEPTIONS AND FOSTERED SUPPORT FOR AMERICAN POLICIES ABROAD.

## MODERN IMPLICATIONS AND THE CONTINUING INFLUENCE

TODAY, THE AMERICAN EMPIRE MANIFESTS DIFFERENTLY BUT REMAINS INFLUENTIAL. MILITARY BASES SPREAD ACROSS THE GLOBE,

ECONOMIC SANCTIONS, CYBER OPERATIONS, AND DIPLOMATIC MANEUVERS ALL REFLECT AN ONGOING STRATEGY TO MAINTAIN POWER IN A RAPIDLY CHANGING WORLD.

## MILITARY PRESENCE AND STRATEGIC BASES

THE UNITED STATES MAINTAINS HUNDREDS OF MILITARY BASES WORLDWIDE, A PHYSICAL REMINDER OF ITS ENDURING REACH. THESE INSTALLATIONS SERVE MULTIPLE PURPOSES—FROM RAPID DEPLOYMENT AND INTELLIGENCE GATHERING TO PROJECTING STRENGTH IN VOLATILE REGIONS. WHILE OFTEN JUSTIFIED AS NECESSARY FOR GLOBAL SECURITY, THEIR PRESENCE SOMETIMES FUELS ANTI-AMERICAN SENTIMENT AND RAISES QUESTIONS ABOUT SOVEREIGNTY.

## ECONOMIC POWER AND SOFT INFLUENCE

IN THE 21ST CENTURY, ECONOMIC TOOLS LIKE SANCTIONS AND TRADE AGREEMENTS CONTINUE TO BE WIELDED STRATEGICALLY. THE U.S. DOLLAR'S ROLE AS THE WORLD'S RESERVE CURRENCY GIVES AMERICA SIGNIFICANT LEVERAGE, AND ORGANIZATIONS LIKE THE WORLD TRADE ORGANIZATION (WTO) SHAPE GLOBAL ECONOMIC RULES IN WAYS THAT OFTEN BENEFIT AMERICAN INTERESTS.

ADDITIONALLY, "SOFT POWER"—THE ABILITY TO INFLUENCE THROUGH CULTURE, TECHNOLOGY, AND VALUES—REMAINS A KEY ASPECT OF THE AMERICAN EMPIRE'S SECRET HISTORY. FROM SILICON VALLEY INNOVATIONS TO GLOBAL MEDIA NETWORKS, THE U.S. SHAPES INTERNATIONAL NORMS SUBTLY BUT PROFOUNDLY.

## UNCOVERING THE LAYERS: WHY THE SECRET HISTORY MATTERS

UNDERSTANDING THE SECRET HISTORY OF THE AMERICAN EMPIRE IS CRUCIAL FOR ANYONE INTERESTED IN GLOBAL POLITICS, HISTORY, OR INTERNATIONAL RELATIONS. IT CHALLENGES SIMPLISTIC NARRATIVES AND ENCOURAGES CRITICAL THINKING ABOUT POWER, MORALITY, AND THE CONSEQUENCES OF EMPIRE-BUILDING.

BY UNCOVERING THESE HIDDEN STORIES, WE GAIN INSIGHTS INTO THE COMPLEXITIES OF AMERICAN FOREIGN POLICY AND THE OFTEN CONTRADICTIONARY NATURE OF ITS GLOBAL ROLE. THIS AWARENESS CAN FOSTER MORE INFORMED DISCUSSIONS ABOUT THE FUTURE DIRECTION OF THE U.S. AND ITS PLACE IN THE WORLD.

IN EXPLORING THESE LESSER-KNOWN CHAPTERS, WE SEE THAT THE AMERICAN EMPIRE IS NOT JUST A TALE OF TRIUMPH BUT ALSO A MOSAIC OF AMBITION, CONFLICT, AND RESILIENCE THAT CONTINUES TO EVOLVE TODAY.

## FREQUENTLY ASKED QUESTIONS

### WHAT IS 'THE SECRET HISTORY OF THE AMERICAN EMPIRE' ABOUT?

IT IS A BOOK BY JOHN PERKINS THAT REVEALS THE COVERT OPERATIONS AND ECONOMIC TACTICS USED BY THE UNITED STATES TO MANIPULATE AND CONTROL OTHER NATIONS FOR CORPORATE AND POLITICAL GAIN.

### WHO IS THE AUTHOR OF 'THE SECRET HISTORY OF THE AMERICAN EMPIRE'?

THE AUTHOR IS JOHN PERKINS, A FORMER ECONOMIC HIT MAN WHO EXPOSES HIS INSIDER EXPERIENCE IN THE BOOK.

### WHAT ROLE DO 'ECONOMIC HIT MEN' PLAY ACCORDING TO THE BOOK?

ECONOMIC HIT MEN ARE INDIVIDUALS WHO MANIPULATE COUNTRIES INTO DEBT AND DEPENDENCY THROUGH FRAUDULENT ECONOMIC POLICIES, ENSURING U.S. CORPORATE AND POLITICAL DOMINANCE.

## How does 'The Secret History of the American Empire' describe U.S. foreign policy?

The book describes U.S. foreign policy as often covert, using economic pressure, political manipulation, and sometimes military intervention to maintain global influence.

## Is 'The Secret History of the American Empire' considered a credible source?

While the book is controversial, many consider it an important exposé of U.S. imperialism, though some critics question the accuracy and objectivity of Perkins' accounts.

## What impact did 'The Secret History of the American Empire' have on public perception?

The book raised awareness about the hidden mechanisms of U.S. power and sparked debates on ethics in international relations and corporate influence in politics.

## Does the book discuss specific countries affected by American economic policies?

Yes, Perkins details examples involving countries in Latin America, Asia, and Africa that were targeted for economic exploitation and political control.

## Where can one find 'The Secret History of the American Empire'?

The book is available in major bookstores, online retailers, and digital formats such as eBooks and audiobooks.

## Additional Resources

The Secret History of the American Empire

**THE SECRET HISTORY OF THE AMERICAN EMPIRE** reveals a complex tapestry of geopolitical strategy, covert operations, and economic ambitions that have shaped the United States' global influence beyond its public narrative. While the American Empire is often portrayed through lenses of democracy, freedom, and economic leadership, a deeper examination uncovers layers of strategic decisions and covert endeavors that have steered its evolution as a dominant world power. This article investigates the less visible dimensions of America's rise to superpower status, exploring the interplay of military interventions, economic policies, intelligence activities, and cultural influence that underpin the American Empire's secret history.

## Foundations of an Empire: From Isolationism to Global Dominance

The United States initially embraced a policy of isolationism in the 19th century, focusing on continental expansion and internal development. However, the secret history of the American Empire reveals that the seeds of overseas ambition were sown earlier than commonly acknowledged. Following the Spanish-American War of 1898, the U.S. acquired territories such as Puerto Rico, Guam, and the Philippines, establishing a foothold in strategic locations across the globe. This marked a significant departure from isolationism and laid the groundwork for America's imperial ambitions.

Unlike traditional European empires built on formal colonies, the American Empire often relied on indirect control — economic dominance, military bases, and political influence — rather than outright territorial acquisition. This subtlety in empire-building blurred the lines between sovereign independence and American oversight. The Philippines, for example, experienced a complex transition from outright colonial rule to a quasi-

INDEPENDENT STATUS UNDER AMERICAN TUTELAGE, HIGHLIGHTING THE NUANCED NATURE OF AMERICAN IMPERIALISM.

## ECONOMIC EXPANSION AND CORPORATE INFLUENCE

INTEGRAL TO THE SECRET HISTORY OF THE AMERICAN EMPIRE IS THE ROLE OF ECONOMIC POWER AND MULTINATIONAL CORPORATIONS IN EXTENDING AMERICAN INFLUENCE. AFTER WORLD WAR II, THE UNITED STATES EMERGED AS THE DOMINANT ECONOMIC FORCE, SHAPING GLOBAL TRADE THROUGH INSTITUTIONS LIKE THE INTERNATIONAL MONETARY FUND (IMF) AND THE WORLD BANK. THESE ORGANIZATIONS, OFTEN ALIGNED WITH U.S. INTERESTS, PROMOTED ECONOMIC POLICIES FAVORING OPEN MARKETS AND LIBERALIZATION THAT BENEFITED AMERICAN CORPORATIONS.

THE MARSHALL PLAN, OSTENSIBLY A HUMANITARIAN EFFORT TO REBUILD WAR-TORN EUROPE, ALSO SERVED AS A STRATEGIC TOOL TO FOSTER ECONOMIC DEPENDENCIES AND SECURE POLITICAL ALLIANCES WITHIN THE EMERGING COLD WAR FRAMEWORK. AMERICAN BUSINESSES EXPANDED GLOBALLY, LEVERAGING THESE NEW MARKETS AND FAVORABLE TERMS TO ESTABLISH NEAR-MONOPOLISTIC PRESENCES IN KEY INDUSTRIES.

## MILITARY POWER AND COVERT OPERATIONS

NO DISCUSSION OF THE SECRET HISTORY OF THE AMERICAN EMPIRE WOULD BE COMPLETE WITHOUT EXAMINING THE EXTENSIVE USE OF MILITARY POWER AND COVERT OPERATIONS. THE COLD WAR ERA, IN PARTICULAR, WAS DEFINED BY CLANDESTINE ACTIVITIES ORCHESTRATED BY THE CENTRAL INTELLIGENCE AGENCY (CIA) AIMED AT CONTAINING SOVIET INFLUENCE AND PROMOTING U.S.-FRIENDLY REGIMES.

FROM THE 1953 CIA-BACKED COUP IN IRAN THAT OUSTED PRIME MINISTER MOHAMMAD MOSSADEGH TO THE 1973 CHILEAN COUP AGAINST SALVADOR ALLENDE, COVERT INTERVENTIONS SHAPED NUMEROUS GOVERNMENTS AROUND THE WORLD. THESE ACTIONS OFTEN HAD LONG-TERM CONSEQUENCES FOR REGIONAL STABILITY AND HUMAN RIGHTS, YET THEY REMAINED SHROUDED IN SECRECY FOR DECADES.

THE ESTABLISHMENT OF A GLOBAL NETWORK OF MILITARY BASES—ESTIMATED AT OVER 750 SITES ACROSS MORE THAN 80 COUNTRIES—FURTHER EXEMPLIFIES THE MILITARY DIMENSION OF AMERICAN IMPERIAL POWER. THESE BASES ENABLE RAPID DEPLOYMENT CAPABILITIES AND INFLUENCE OVER STRATEGIC REGIONS, REINFORCING THE UNITED STATES' ROLE AS THE WORLD'S PREEMINENT MILITARY HEGEMON.

## SOFT POWER: CULTURAL INFLUENCE AND IDEOLOGICAL EXPORT

WHILE MILITARY AND ECONOMIC STRENGTH FORM THE BACKBONE OF THE AMERICAN EMPIRE, SOFT POWER HAS PLAYED AN EQUALLY CRITICAL ROLE IN ITS SECRET HISTORY. AMERICAN CULTURE—THROUGH HOLLYWOOD, MUSIC, TECHNOLOGY, AND CONSUMER BRANDS—HAS PERMEATED SOCIETIES WORLDWIDE, SHAPING PERCEPTIONS AND VALUES IN WAYS THAT OFTEN ALIGN WITH U.S. GEOPOLITICAL INTERESTS.

THE PROMOTION OF DEMOCRACY AND HUMAN RIGHTS IS FREQUENTLY COUCHED AS A MORAL IMPERATIVE, YET IT ALSO FUNCTIONS AS A TOOL FOR LEGITIMIZING AMERICAN INFLUENCE. PROGRAMS SUCH AS THE FULBRIGHT SCHOLARSHIPS, CULTURAL EXCHANGES, AND INTERNATIONAL BROADCASTING SERVICES LIKE VOICE OF AMERICA DISSEMINATE AMERICAN IDEALS, SUBTLY REINFORCING POLITICAL AND ECONOMIC TIES.

## TECHNOLOGICAL ADVANCEMENTS AND SURVEILLANCE

IN THE DIGITAL AGE, TECHNOLOGY HAS BECOME A NEW FRONTIER IN THE SECRET HISTORY OF THE AMERICAN EMPIRE. AMERICAN INNOVATION IN COMPUTING, TELECOMMUNICATIONS, AND THE INTERNET HAS NOT ONLY DRIVEN GLOBAL ECONOMIC GROWTH BUT ALSO ENABLED UNPRECEDENTED LEVELS OF SURVEILLANCE AND INTELLIGENCE GATHERING.

AGENCIES LIKE THE NATIONAL SECURITY AGENCY (NSA) HAVE LEVERAGED TECHNOLOGICAL ADVANCEMENTS TO MONITOR

COMMUNICATIONS WORLDWIDE, OFTEN SPARKING DEBATES OVER PRIVACY AND SOVEREIGNTY. THE REVELATIONS BY WHISTLEBLOWERS ABOUT MASS SURVEILLANCE PROGRAMS HIGHLIGHT THE INTERSECTION BETWEEN TECHNOLOGICAL PROWESS AND IMPERIAL REACH.

## CONTEMPORARY CHALLENGES AND THE FUTURE OF AMERICAN INFLUENCE

THE SECRET HISTORY OF THE AMERICAN EMPIRE CONTINUES TO EVOLVE AMID SHIFTING GLOBAL DYNAMICS. RISING POWERS SUCH AS CHINA AND RUSSIA CHALLENGE THE UNIPOLAR DOMINANCE THAT THE UNITED STATES HAS ENJOYED SINCE THE COLD WAR'S END. ECONOMIC GLOBALIZATION, TECHNOLOGICAL DISRUPTION, AND IDEOLOGICAL CONTESTATION PRESENT COMPLEX CHALLENGES THAT REQUIRE ADAPTIVE STRATEGIES.

THERE IS INCREASING SCRUTINY OF THE COSTS ASSOCIATED WITH MAINTAINING EXTENSIVE MILITARY COMMITMENTS, PARTICULARLY AS DOMESTIC PRIORITIES SUCH AS INFRASTRUCTURE AND SOCIAL WELFARE DEMAND ATTENTION. MOREOVER, DEBATES ABOUT THE ETHICAL IMPLICATIONS OF COVERT OPERATIONS AND INTERVENTIONISM HAVE INTENSIFIED, INFLUENCING PUBLIC OPINION AND FOREIGN POLICY DECISIONS.

YET, DESPITE THESE CHALLENGES, THE AMERICAN EMPIRE'S MULTIFACETED APPROACH—COMBINING MILITARY STRENGTH, ECONOMIC LEVERAGE, CULTURAL INFLUENCE, AND TECHNOLOGICAL INNOVATION—CONTINUES TO SHAPE GLOBAL AFFAIRS. UNDERSTANDING THIS SECRET HISTORY IS ESSENTIAL TO GRASPING THE FULL SCOPE OF THE UNITED STATES' ROLE ON THE WORLD STAGE AND ANTICIPATING ITS TRAJECTORY IN THE DECADES TO COME.

## [The Secret History Of The American Empire](#)

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**the secret history of the american empire:** The Secret History of the American Empire John Perkins, 2007 In this riveting memoir, bestselling author Perkins details his former role as an economic hit man. This stunning, behind-the-scenes expos reveals a conspiracy of corruption that has fueled instability and anti-Americanism around the globe.

**the secret history of the american empire:** **The Secret History of the American Empire** John Perkins, 2007

**the secret history of the american empire:** **Licking Sweet Death** Hugo Rodier, 2010-05 There is an epidemic sweeping the country. It kills more people than any other disease or any war. Obesity and diabetes are changing the way we look and how our bodies function. We are poisoning our cells so that they cannot communicate with each other effectively. The statistics are well known, and they are only getting worse. So what is really going on? It boils down to something called insulin resistance. Your body has between 50-100 trillion cells in it. These cells respond to insulin in a variety of ways that are necessary for a healthy, functioning body. When insulin resistance develops, the normal amounts of insulin are not enough. Why does this happen? The membrane, or outer skin, of each cell in our body—no matter what type of cell—are TOILing, that is, the cell membranes are: T-toxic, O-oxidized, I-inflamed, and L-less optimal mitochondrial function The cause of this is an addiction to sugar and processed food. Licking Sweet Death is an indispensable guide to regaining your health and licking your addiction to foods that are poisoning your body for good. Author Hugo Rodier, M.D., is an adjunct professor at the University of Utah College of Health. As a medical

doctor, he was inspired to write *Licking Sweet Death* by his many patients in need of relief from chronic diseases. Several other books, non-fiction and fiction, are in the works. Publisher's website: <http://www.strategicpublishinggroup.com/title/LickingSweetDeath.html> Author's website: [www.hugorodier.com](http://www.hugorodier.com)

**the secret history of the american empire: The State of the American Mind: Stupor and Pathetic Docility Volume II** Amechi Okolo, 2010-06-11 This book, *The State of the American Mind: Stupor and Pathetic Docility Volume One* begins to unravel some of the most obvious, perplexing, embarrassing and enduring problems and contradictions of American history and sociology, viz., how could the American revolution that started with the most ringing and most inspiring Declarations of human equality in world history end up establishing the most vicious, exploitative society the world ever knew Black chattel slavery and only ten percent white enfranchisement, etc. Further, how could men of such great wisdom and intellect like George Washington, James Madison, Thomas Jefferson, and others who were Enlightenment scholars and clearly knew that slavery was despicable and evil, because they had variously experienced white servitude and slavery themselves, collude to establish and institutionalize the horrible system of Negro chattel slavery in America; and also disenfranchised over 90 percent of people of their own race actions that racism could not explain. The structural/institutional slavery system they established, and the resultant consequent racism hobbles America today as it did in the past, and forced Eric Holder, the Attorney General to declare that, America is a nation of cowards, when it comes to race discussions. Thus, this book starts with serious critical discussions of race in America and reveals what no textbook has ever done, viz., that most early American whites and Blacks were slaves an uncomfortable fact that would shock most Americans because it contradicts the orthodoxy or the dominant narrative that only Blacks were brought here in chains. Further, the book also shows the year Black slavery started something almost, all textbooks got wrong. It also shows who, was the first Black slave in America something no textbook ever mentions. It also shows when and how racism started in America and many other very sensitive and embarrassing but necessary issues that America avoids but must be frankly discussed for America to move forward. This book therefore shatters the two dominant themes of Americas history and sociology that Blacks were brought into America in chains as slaves while whites came to America in search of freedom, as Harvard educated President Obama famously told us in his race speech. Thus, the crowning lesson of this book, in addition to discussing some critical policy issues like education, health care, etc., is that it discovers the centripetal force of the American society that eluded contemporary Americans because American bosses have laboriously concealed the facts from the public the scary but clearly healthy uniting fact that most Americans are united by their common ancestry, their universal history and experience of servitude, bond-indentures and slavery. Nothing is more universal, more common and more shared in American history and sociology than the fact that most of our ancestors, black and white, were servants, bond-indentures and slaves who were dominated and super-exploited by few overlords. Colonial America was the preferred dumping ground for British, outcasts, rejects, criminals, masterless class, vagabonds, bond-indentures, slaves, etc., until 1776 when Australia replaced America as the British dump for its rejects and surplus citizens. Thus, that America was a nation founded by British rejects and losers is inherently more rational than the prevailing orthodoxy or the Obama theory of Americas founders that they were great honorable men who journeyed across the ocean for freedom because of the obvious reason that good, powerful achieving citizens do not normally emigrate to new uncharted lands.

**the secret history of the american empire: The Secret History of the American Empire** John Perkins, 2008

**the secret history of the american empire: *American Empire in Global History*** Shigeru Akita, 2021-12-19 This book shows how the predominantly national focus that characterises studies of the United States after 1783 can be integrated with global trends, as viewed from the perspective of imperial history. The book also argues that historians of European empires have much to gain by considering the United States after 1783 as a newly-decolonised country that acquired overseas

territorial possessions in 1898 and remained a member of the Western 'imperial club' until the mid-twentieth century. The wide-ranging synthesis by A. G. Hopkins, *American Empire: A Global History* (2018), provides the starting point for contributions that appraise its main theme and take it in new directions. The first three chapters identify fresh approaches to U.S. history between the Revolution and the Civil War, suggesting ways in which the United States can be considered as a newly-decolonised country, examining shifting meanings of the term 'empire,' and reassessing the character of continental expansion. The second group deals with initiatives and responses in the Philippines and Cuba, reconsidering the character of nationalism in two of the most important overseas territories that were either ruled directly or controlled indirectly by the United States, and placing it in an international context. The third group examines the exercise of U.S. power in the twentieth century, identifying aspects of international law that have been overlooked and reviewing the extensive literature on the controversial themes of the Cold War and informal empire after 1945. The ten chapters in this edited volume bring together noted specialists on the history of international relations, the United States, and the insular empire it ruled in the twentieth century. The chapters were originally published as articles in a special issue of *The Journal of Imperial and Commonwealth History*.

**the secret history of the american empire:** *American Heart of Darkness* Robert Kirkconnell, 2013-05-21 These days, most Americans know that the country has serious problems. Problems that will have to be addressed before the country can move forward. What are these problems? Where did they come from? Before we can move forward we have to know where we are and how we got there. *American Heart of Darkness* paints an unvarnished picture of the seeds of destruction that were sown into the foundations of the Republic from the very beginning. How did slavery come about in the land of the free? How did a pre-Columbian native population, in North America alone, of over eighteen million (yes, you heard it right) native peoples dwindle down to about two hundred thousand? Was it really Small Pox? Why has a people who constantly talk about freedom, democracy, equality, human rights, life, liberty, and the pursuit of happiness continually practiced racism, genocide, and war? How do drugs come into the country, and who is really behind the most profitable product sold in the world? There are also other unanswered questions that need to be explored: Why were thousands of the worst Nazi war criminals given refuge in the U.S.? Who financed Hitler? Where did Hitler get his master race and genocidal ideas from? Was Lee Harvey Oswald a C.I.A. agent? Were Oswald, Sirhan Sirhan, Ted Kaczynski, Timothy McVey, and the Peoples Temple all mind control, MKULTRA, subjects? What really happened in the Jeffery MacDonald, so-called Fatal Vision case? How does hundreds of billions of dollars come into the United States every year without detection? The answers to these questions, and many more, will surprise you! They are not in the History books, although they should be. *American Heart of Darkness*, Volume I, explores the ugly side of America that has been hidden for far too long, and it is literally killing us. This book is not for the reader looking for an uplifting story to escape everyday life for a few hours. It is for true patriots who are sick and tired of being lied to and stolen from. It is for those who know they need to do something but do not know where to start. It is for those who feel powerless and that Americas problems are far too big for little ol me to handle. It is for those with the courage to go from darkness to light. As comedian and activist Dick Gregory once said, If you been in the DARK for so long, LIGHT will hurt your eyes. This book will hurt your eyes. The reader will be shocked, then angry, then motivated, and finally, in the authors next two books, empowered and liberated. It is better to see where we are and where we need to go, right now, before it is too late. Congratulations! If you have read this far this book is probably for you. Please keep in mind the universal truth that with any form of government, the leaders only have the power that the people allow them have. This was true in India when a little skinny guy named Gandhi with no money and only a rag wrapped around his middle took on the British Empire, and won! There is no question that the American people have the power to reclaim a government that is clearly not being run for them. We have to empower ourselves to take this government back from only a handful of selfish and greedy individuals, who have proven that they only care about making more and more money. Let us



all stop giving them the power that belongs to us. Reading this book is a beginning, and then we will talk about what to do about it in the authors next two books!

**the secret history of the american empire: Ameroca's New World Order** Chris Tyson, 2011-10 What if the United States of America had a secret destiny that was known by only an enlightened few? Did any of the founding fathers belong to any secret societies? Why are there pagan gods and ancient symbols all over Washington, D.C.? Could any of this affect your life today? Over the last century, the United States of America has transformed itself from a sovereign nation into a global empire without borders. In *Ameroca's New World Order: A Global Atlantis for the Age of Aquarius*, author Chris Tyson uncovers the true purpose of America known over a century before 1776. By understanding our nation's hidden past, the future of America's relationship to the rest of the world becomes clear. The founding fathers chose this country's destiny over 250 years ago. Now, you must choose your eternal destiny, with or without God. Once you read this book, you will never see America in the same light. Chris Tyson received his bachelor's in criminology from the University of Florida. He has received training from the following agencies: the U.S. Department of Homeland Security, the Energetic Materials Research and Testing Center, the Federal Emergency Management Agency, the National Emergency Response and Rescue Training Center, and the Office of State and Local Government Coordination Preparedness. He was a past member of the American Society for Industrial Security. Visit [www.AmerocasNewWorldOrder.com](http://www.AmerocasNewWorldOrder.com) to purchase more copies of the book, to view updates on the globalist's agenda, and to contact the author.

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fascism is. In this smart, contentious book, Barnetti turns our preconceptions upside down and shows us the unvarnished meaning of Liberal Fascism. Find out why, if the truth were taught about the Pledge of Allegiance, then everyone (other than fascist kooks) would refuse to perform Francis Bellamy's quotidian mechanical ritual. The fascist salute was performed by public officials in the USA from 1892 through 1942. What happened to the photographs and films of the American fascist salute performed by federal, state, county, and local officials? Those photos and films are rare because people don't want to know the truth. Public officials in the USA who preceded the Adolf Hitler and the Benito Mussolini were sources for the stiff-armed salute (and robotic chanting) in those countries and other foreign countries. Explore how the ancient Roman salute myth originated from the city of Rome in the state of New York (not Italy), Francis Bellamy's hometown. Learn about Mussolini's strange gift to the city of Rome, NY: a statue of two human male infants suckling on a female wolf. That statue remains on display in Rome, NY. Find out who you are, what you are, and how you got to be that way. Also learn who you should blame: your government's schools (fascist schools). Remove the pledge from the flag; remove flags from schools; remove schools from government. The Pointer Institute proudly presents another news-breaking volume from the Dead Writers Club (DWC) and Micky Barnetti. A portion of the proceeds of the sale of this book will aid the Stop the Pledge Foundation to liberate children and adults from the Pledge of Allegiance. For more information, write to: [pledge-of-allegiance@earthlink.net](mailto:pledge-of-allegiance@earthlink.net) Topic of the book include these and more: Everything You Know About Fascism Is Wrong American Fascist Francis Bellamy Edward Bellamy's Fascism Fascist Salutes & the Pledge of Allegiance Flags of Fascism? Freemasonry, Fascism, & Francis Bellamy Nazis & Masons Swastikas & Fascism Fascism's Wholecaust & Holocaust Nazism & American Fascism Adolf Hitler: Man of Socialism Mussolini: The Father of Fascism August Landmesser & other Fascist Victims Schools & Pledges: We're All Fascists Now Research Exposing Liberal Fascism Stop Fascism in the USA

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also offers extensive coverage of the Cold War and today's ongoing conflicts in Iraq, Afghanistan, Africa, and the Middle East as they relate to U.S. national interests. Notable individuals, including American statesmen, military commanders, influential public figures, and anti-imperialists are covered as well. The inclusion of cultural elements of American expansionism and imperialism—for example, Hollywood films and protest music—helps distinguish this set from other more limited works.

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