

# door monkey sleep training

Door Monkey Sleep Training: A Fresh Approach to Better Bedtime Routines

**door monkey sleep training** has been gaining attention among parents who are searching for innovative, effective ways to help their little ones develop healthy sleep habits. Unlike traditional sleep training methods that often involve letting babies cry it out or strict schedules, door monkey sleep training introduces a unique blend of gentle guidance and environmental cues that encourage children to settle down and fall asleep more easily. If you're curious about what door monkey sleep training entails and how it might make bedtime a smoother experience for your family, this article will walk you through the essentials.

## What Is Door Monkey Sleep Training?

Door monkey sleep training is a modern technique designed to foster independence and comfort in young children during bedtime. The concept revolves around using a "door monkey" – essentially a visual or interactive sleep aid placed near the child's bedroom door – to signal when it's time to sleep and when it's okay to get up. This method combines behavioral cues with consistency, helping toddlers and preschoolers understand boundaries and develop self-soothing skills without the stress often associated with other sleep training approaches.

The name itself might sound whimsical, but the principles behind door monkey sleep training are grounded in child psychology and sleep science. By associating the door monkey with specific routines and signals, children learn to interpret subtle messages that regulate their sleep-wake cycles naturally.

## How Door Monkey Sleep Training Works

At its core, door monkey sleep training is about creating a reliable bedtime routine that incorporates visual cues and gradual transitions. Here's how it typically unfolds:

### Using Visual Cues to Signal Sleep Time

Children, especially toddlers, respond well to clear, simple signals. The door monkey often takes the form of a stuffed toy, a sticker, or a small figure placed on or near the door handle. Parents teach the child that when the door monkey is in a certain position or has a particular expression (for example, sleeping eyes closed), it means it's time for quiet and sleep.

This kind of non-verbal communication helps kids feel less anxious about bedtime because it offers a predictable, understandable signal that doesn't rely solely on verbal commands.

## **Encouraging Independence and Self-Soothing**

One of the biggest challenges in sleep training is helping children learn to fall asleep on their own. The door monkey acts as a comforting presence, providing reassurance without the need for constant parental intervention. Over time, children associate the door monkey with the idea of settling down independently.

Parents might start by sitting with their child until they fall asleep, with the door monkey present, and gradually reduce their involvement as the child becomes more comfortable sleeping alone.

## **Establishing Consistent Bedtime Routines**

Door monkey sleep training emphasizes the importance of consistency. The door monkey's presence becomes part of a nightly ritual that signals winding down: dimming lights, reading a story, brushing teeth, and finally, noticing the door monkey's cue to sleep.

Consistency reinforces the child's internal clock and makes the transition from activity to rest smoother.

## **Benefits of Door Monkey Sleep Training**

There are several reasons why door monkey sleep training appeals to parents looking for a gentle yet effective sleep solution.

### **Reduced Bedtime Battles**

Because the door monkey offers a clear, understandable signal, children are less likely to resist bedtime. The playful aspect of the door monkey can even turn sleep routines into a fun, engaging experience rather than a struggle.

### **Improved Sleep Quality for the Whole Family**

When children learn to fall asleep independently and follow a consistent routine, parents often see fewer nighttime awakenings and less need for middle-of-the-night interventions. This can lead to better sleep for everyone – a priceless benefit.

### **Supports Emotional Security**

Unlike harsh sleep training methods that can sometimes cause anxiety or distress, door monkey sleep training fosters a sense of security. The child feels supported by the familiar presence of the door monkey and the predictability of the routine.

# **Implementing Door Monkey Sleep Training at Home**

If you're interested in trying door monkey sleep training with your child, here are some practical tips to get started:

## **Choose or Create Your Door Monkey**

The door monkey can be anything that resonates with your child – a stuffed animal, a small doll, or even a crafted figure. Personalize it by giving it a name and involving your child in its “care,” which can deepen their connection to the routine.

## **Explain the Concept Clearly**

Talk to your child about what the door monkey represents: when it's “sleepy,” it's time to rest; when it's “awake,” they can get up. Using simple language and reinforcing the idea regularly helps your child understand and follow the routine.

## **Build a Consistent Bedtime Schedule**

Incorporate the door monkey into a predictable sequence of activities leading up to sleep. This might include bath time, reading, brushing teeth, and then positioning the door monkey as a final step before lights out.

## **Be Patient and Flexible**

Like any sleep training method, door monkey sleep training requires patience. Some children adapt quickly, while others need more time. Pay attention to your child's cues and adjust the approach as needed to maintain comfort and security.

## **Common Challenges and How to Overcome Them**

No sleep training method is without hiccups, and door monkey sleep training is no exception. Here are some typical challenges along with helpful strategies:

### **Child Ignores the Door Monkey Cues**

If your child doesn't respond to the door monkey initially, try enhancing the visual signals. For example, use glow-in-the-dark stickers or add a gentle nightlight near the door monkey to draw attention. Reinforce the message through storytelling or role play.

## Resistance to Sleeping Alone

Some children may still struggle with separation anxiety. In these cases, gradually reducing parental presence while maintaining the door monkey's comforting role can ease the transition. You might also introduce a favorite blanket or another comfort object.

## Nighttime Wandering

If your child gets up during the night despite the door monkey's signals, gently guide them back to bed and remind them of the door monkey's rules. Consistency is key here; avoid engaging in prolonged conversations or play during these moments.

## How Door Monkey Sleep Training Fits with Other Sleep Strategies

One of the strengths of door monkey sleep training is its flexibility. It can be combined with other gentle sleep methods such as:

- **Ferber Method:** Gradual intervals of checking on the child can be paired with door monkey cues to reinforce sleep signals.
- **Pick Up/Put Down:** The door monkey serves as an additional comforting presence during comforting sessions.
- **Bedtime Fading:** Adjusting bedtime gradually while using the door monkey to mark sleep time helps reinforce internal clocks.

Because door monkey sleep training is less about strict schedules and more about consistent cues and emotional support, it complements a wide range of approaches.

## Science Behind Door Monkey Sleep Training

While the door monkey itself might seem like a playful gimmick, the underlying principles align with what sleep experts and child psychologists recommend. Visual cues help children make sense of abstract concepts like time and routines. Additionally, the presence of a comforting object supports attachment security, which can reduce nighttime anxiety.

Research into sleep hygiene emphasizes the importance of consistent bedtime routines and environmental signals that prepare the brain for sleep. Door monkey sleep training taps into these insights by combining ritual, visual communication, and emotional reassurance.

# **Final Thoughts on Door Monkey Sleep Training**

Door monkey sleep training offers a fresh, gentle alternative for parents who want to cultivate healthy sleep habits without the stress and tears often associated with traditional methods. By blending visual cues, comforting rituals, and consistency, this approach encourages children to develop independence and confidence around bedtime.

Whether you're just starting to navigate the challenges of infant sleep or looking for new strategies for a toddler who resists bedtime, door monkey sleep training is a technique worth considering. Its playful nature, combined with evidence-based principles, makes it a compelling choice for families seeking harmony during the often tricky transition to restful nights.

## **Frequently Asked Questions**

### **What is door monkey sleep training?**

Door monkey sleep training is a method used by parents to help their children fall asleep independently by using a fun and engaging approach involving a 'door monkey' character that encourages good sleep habits.

### **How does door monkey sleep training work?**

The door monkey sleep training technique works by creating a consistent bedtime routine where the child interacts with a door monkey toy or image, which serves as a comforting presence and a reminder to stay in bed and fall asleep on their own.

### **Is door monkey sleep training effective for toddlers?**

Yes, door monkey sleep training can be effective for toddlers as it uses playful engagement and consistency to help them feel secure and develop healthy sleep habits, reducing bedtime resistance and night wakings.

### **Can door monkey sleep training be combined with other sleep training methods?**

Absolutely, door monkey sleep training can be combined with other sleep training techniques such as gradual withdrawal or controlled crying to tailor the approach to the child's needs and improve overall effectiveness.

### **Are there any tips for parents using door monkey sleep training?**

Parents should maintain a consistent bedtime routine, be patient and gentle, use the door monkey character as a positive reinforcement tool, and gradually encourage independence to help their child adapt successfully to door monkey sleep training.

## **Additional Resources**

Door Monkey Sleep Training: An In-Depth Professional Review

**Door monkey sleep training** has emerged as a notable method within the realm of infant and toddler sleep management. As parents seek effective strategies to improve their child's sleep patterns, this particular approach has garnered attention for its unique techniques and promises of fostering independent sleep habits. This article offers a comprehensive and analytical exploration of door monkey sleep training, examining its principles, effectiveness, and place among other sleep training methodologies.

## **Understanding Door Monkey Sleep Training**

Door monkey sleep training is a technique designed to help children transition into self-soothing and independent sleep routines. Although the term might not be as widely recognized as more traditional methods like the Ferber Method or the Cry It Out technique, door monkey sleep training stands out due to its emphasis on gradual withdrawal and environmental cues.

At its core, this approach involves the strategic use of the bedroom door as a psychological and physical boundary that encourages a child to settle themselves without constant parental intervention. The method typically requires parents to remain nearby but out of direct sight, often just outside the closed door, allowing the child to experience a sense of security while learning to fall asleep autonomously.

## **Key Principles Behind the Method**

One of the foundational principles of door monkey sleep training is conditioned comfort. By associating the closed door with parental presence, children develop a reliance on environmental reassurance rather than physical contact or constant attention. This is crucial because many infants and toddlers struggle with separation anxiety, which directly impacts their ability to fall asleep independently.

Another important component is consistency. Parents are encouraged to establish a bedtime routine that culminates in the door being closed, signaling the start of the sleep phase where the child must self-soothe. Over time, the child adapts to this routine, reducing night wakings and improving overall sleep quality.

## **Comparative Analysis: Door Monkey Sleep Training Versus Other Methods**

To fully appreciate door monkey sleep training, it's essential to compare it with other common sleep training techniques:

## Ferber Method

The Ferber Method, or graduated extinction, involves letting the child cry for predetermined intervals before offering comfort. Unlike door monkey sleep training, which uses proximity and environmental cues, the Ferber Method emphasizes timed parental responses, aiming to reduce crying gradually.

## Cry It Out (CIO)

CIO is more rigid, allowing the child to cry until sleep comes without parental intervention. Door monkey sleep training appears less harsh, providing a middle ground where parental presence is felt but direct interaction is limited.

## Chair Method

This involves parents sitting in the child's room, gradually moving farther away over nights. Door monkey sleep training similarly involves proximity but relies on the physical boundary of the door rather than continuous visual contact.

## Practical Implementation of Door Monkey Sleep Training

The practical application of door monkey sleep training requires careful planning and adherence to certain steps:

1. **Establish a Consistent Bedtime Routine:** Consistency is vital. Activities such as bathing, reading, and dimming lights help signal bedtime.
2. **Use the Door as a Boundary:** After the routine, the child is placed in bed, and the door is gently closed, with the parent remaining just outside the room.
3. **Monitor Responsively:** Parents listen for cries or distress but avoid immediate entry unless necessary, promoting self-soothing.
4. **Gradual Withdrawal:** Over days or weeks, parents spend less time near the door, eventually moving farther away until the child sleeps independently.

## Benefits of This Approach

- **Promotes Independence:** Encourages children to self-soothe, a crucial developmental milestone.

- **Reduces Night Wakings:** By teaching children to fall asleep on their own, the frequency of waking during the night can decrease.
- **Balances Parental Presence and Autonomy:** Parents remain close enough to provide reassurance without fostering dependency.
- **Less Stressful for Some Families:** Compared to methods that involve prolonged crying, door monkey sleep training can be perceived as gentler.

## Potential Drawbacks and Considerations

While door monkey sleep training shows promise, it is not without challenges. Some children may initially experience increased anxiety when the door closes, and parents might find it difficult to resist the urge to intervene. Additionally, the method requires patience and consistency, which can be taxing for caregivers already coping with sleep deprivation.

Moreover, the success of the technique is often dependent on the child's temperament, age, and family dynamics. For instance, infants with high sensitivity to separation might require a modified approach or longer adjustment periods. The method's relative novelty also means there is limited large-scale scientific data comparing its efficacy directly to more established sleep training techniques.

## Expert Opinions and Research Findings

Pediatric sleep specialists emphasize that the most effective sleep training method is one tailored to the individual child and family. Door monkey sleep training aligns with behavioral sleep therapy principles, which advocate for gradual withdrawal and positive sleep associations.

A few small-scale studies and anecdotal reports suggest that this technique can reduce bedtime resistance and improve sleep latency – the time it takes for a child to fall asleep. However, more rigorous, controlled trials would be necessary to validate these claims scientifically.

## Integrating Door Monkey Sleep Training Into Broader Sleep Hygiene

Successful sleep training often involves comprehensive sleep hygiene practices. Door monkey sleep training works best when combined with factors such as:

- Maintaining a consistent sleep schedule
- Creating a quiet, dark, and comfortable sleep environment
- Limiting screen time before bed



- Encouraging daytime physical activity

When these elements are present, door monkey sleep training's effectiveness is likely enhanced, supporting overall healthier sleep patterns.

## Conclusion: Where Door Monkey Sleep Training Fits in the Spectrum

Door monkey sleep training represents an intriguing middle path between full parental involvement and complete extinction methods. Its focus on environmental boundaries and gradual parental withdrawal offers a nuanced approach that balances security and independence for children learning to sleep on their own. While more empirical research would strengthen the case for its widespread adoption, many families might find this method aligns well with their parenting style and their child's needs.

In the evolving landscape of pediatric sleep interventions, door monkey sleep training adds a valuable option for parents seeking a gentle yet structured way to foster better sleep habits. As with all sleep training strategies, success ultimately depends on consistency, patience, and sensitivity to the child's unique temperament and developmental stage.

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fundamentally human in its words and spirit. As an observation on dying it is really a lesson in life and I can warmly recommend it. Lembit Öpik, President, Motor Neurone Disease Association  
Christopher Day is able to maintain his positive outlook and a sense of humour in the depth of adversity. [He] has transformed the curse of his terminal illness into a spiritual gift. This is truly an inspiring book. Satish Kumar, Resurgence Essential reading for all health and social care providers.  
Dr. Susan Closs, Ty Olwen Hospice, Morriston Hospital

**door monkey sleep training: The Lone Hand**, 1911

**door monkey sleep training: The Youth's Companion** Nathaniel Willis, Daniel Sharp Ford, 1871 Includes music.

**door monkey sleep training: Principles of Behavior Change** Edward P. Sarafino, 1996-03-26 A thorough, up-to-date presentation of the major issues, theories, concepts, and research in behavior modification. This book demonstrates how to pinpoint and identify the behavior to be changed. It describes the purpose of each technique and shows how it is used, presenting guidelines and tips to maximize its effectiveness.

**door monkey sleep training: Threads of Awakening** Leslie Rinchin-Wongmo, 2025-07-30 What if you set out to travel the world and got sidetracked in a Himalayan sewing workshop? What if that sidetrack turned out to be your life's path—your way home? Part art book, part memoir, part spiritual travelogue, *Threads of Awakening* is a delightful and inspiring blend of adventure and introspection. Leslie Rinchin-Wongmo shares her experience as a California woman traveling to the seat of the Tibetan government-in-exile in India to manage an economic development fund, only to wind up sewing pictures of Buddha instead. Through her remarkable journey, she discovered that a path is made by walking it—and that some of the best paths are made by walking off course. For more than 500 years, Tibetans have been creating sacred images from pieces of silk. Much rarer than paintings and sculptures, these stitched fabric thangkas are among Tibet's finest artworks. Leslie studied this little-known textile art with two of its brightest living masters and let herself discover where curiosity and devotion can lead. In this book, she reveals the unique stitches of an ancient needlework tradition, introduces the Buddhist deities it depicts, and shares insights into the compassion, interdependence, and possibility they embody. Includes 49 full-color photos and a foreword by the Dalai Lama.

**door monkey sleep training: Night Train: A Novel** Donald O'Donovan, 2010-01-25 Fast, furious, unforgettable and set against the backdrop of a crumbling civilization, NIGHT TRAIN follows arch-outsider Jerzy Mulvaney in an audacious account of what it means to be homeless on the streets of Los Angeles.

**door monkey sleep training: MRC Psych Part 1 In a Box** Bhaskar Punukollu, Michael Phelan, 2019-03-21 Exam-specific question and answer cards, using standard question formats from the Royal College exams, these cards make exam preparation time as efficient and straightforward as possible. They also lend themselves studying with a partner or colleague. They are aimed specifically at candidates taking the first part of the examination for the Membership of the Royal College of Psychiatrists (MRCPsych Part 1) and provide a condensed review of highly relevant information for the exam. Key areas covered are Psychopathology; neuroscience; neurotic, stress related and somatoform disorders; schizophrenia and other psychoses; affective disorders; psycho-pharmacology; psychology; psychotherapy; and dementia syndromes. The first nine sections of cards are broadly divided into commonly tested areas on the exam: 1. Neurotic disorders 2. Affective disorders 3. Dementia syndromes 4. Neuropsychiatry 5. Psychology 6. Psychotherapy 7. Schizophrenia 8. Pharmacology 9. Human development

**door monkey sleep training: How Not to Calm a Child on a Plane** Johanna Stein, 2014-04-29 Looking for the perfect book to help you survive childbirth and parenting with your sanity intact? Look elsewhere. For Johanna Stein (writer/comedian/forward/slash/abuser and occasionally neurotic/immature/way-too-candid mom), parenting is an extreme sport. Her stories from the trenches may not always be shared experiences -- Have you ever wondered if your baby's soft spot is like a delete key? Trained your preschooler for a zombie invasion? Accused a nearly nude

stranger of being pregnant? Made sweet, bimonthly love to your spouse while your toddler serenaded you through the adjoining wall? Attempted to calm your screaming baby on an airplane with a hand puppet, only to have it lead to one of the most disgusting experiences of your life? -- but they will always make you laugh. So, no, this book won't teach you how to deal with nipple blisters or Oedipal complexes. But if you want to learn why you should never attempt to play a practical joke in the hospital delivery room, then you're in the right place.

**door monkey sleep training:** The Improbable Adventures of Ethan Dupreii Sydney Wyeth, 2017-05-14 In a world of magnets and miracles, evil has reared its head and one man dares to stand up and sweep it under the rug. That man is Ethan Dupreii, Custodian. These are the continuing and improbable adventures of a man thrown into the unenviable task of saving a world that doesn't seem to want to be saved, or even know that it needs to be. This is an adventure novel set in a dieselpunk 1929 and introduces the reader to Improbable Earth.

**door monkey sleep training:** Man of Wiles in Popular Arabic Literature M. C. Lyons, 2012-01-13 The Man of Wiles - terrorist or saint? The Man of Wiles (otherwise known as the Master Thief, the Trickster or the Fool) appears in every hero cycle within classical Arabic literature - proof of this figure's popularity with the audiences of Arab story-tellers. He embodies views acceptable to an otherwise inarticulate part of the population, allowing Islam to be treated in a paradoxical and sometimes humorous light in contrast to conventional piety. And he shares with Odysseus not only his wiles but his function as 'the sacker of cities', redressing the idea that classical Arabic literature is unrelated to anything outside its own borders. The study of this popular form sets out in detail the recorded lives of these Men of Wiles for those to whom the original texts are not available.

**door monkey sleep training:** The Complete Works of Algernon Blackwood Algernon Blackwood, 2023-11-23 The Complete Works of Algernon Blackwood assembles the vast and compelling literary contributions of one of the foremost writers of supernatural fiction in the early 20th century. Known for his evocative prose and profound exploration of nature, Blackwood's stories intricately weave psychological depth with an environment that often serves as a character in its own right. His work spans various genres but is particularly marked by his deep fascination with the unseen forces of the natural world—a theme prevalent in stories like *The Willows* and *The Wendigo*. This collection highlights Blackwood's ability to evoke eerie atmospheres and intricate emotional landscapes, showcasing his storytelling prowess in a burgeoning era of modernist literature steeped in mysticism and mystique. Algernon Blackwood was a man of diverse experiences; he embraced adventure, nature, and metaphysics, all of which profoundly influenced his writing. His early career included journalism and outdoor endeavors, giving him firsthand insights into the beauty and terror of the natural world. Such encounters with landscapes and his philosophical musings on existence and spirituality likely fueled his unique ability to transcend mundane reality through his fiction, making him a standout figure in the literature of horror and the supernatural. For those intrigued by the complexities of human psychology interwoven with mystifying elements, *The Complete Works of Algernon Blackwood* is an essential read. This collection not only provides a comprehensive look at Blackwood's literary genius but also invites readers to immerse themselves in a world brimming with unseen wonders and chilling tales, urging them to reconsider the relationship between humanity and the greater mysteries of existence.

**door monkey sleep training:** Kameleon Man Kim Barry Brunhuber, 2003-12-15 Runner-up for the 2004 ReLit Award High fashion, higher stakes, sex, glamour, and great clothes, Stacey Schmidt gets a taste of all these when he's suddenly propelled from suburban model hell into the garment jungle of today's Toronto. Stacey's part black, part white, and apparently on a fast track to fame, fortune, and all the women he could ever want, though at times it seems as if he's standing still. But does he really want the glitz?

**door monkey sleep training:** The Collected Works of Algernon Blackwood Algernon Blackwood, 2023-12-17 The Collected Works of Algernon Blackwood showcases a masterful blend of supernatural elements and philosophical inquiries that delve into the complexities of human experience and nature. Characterized by his evocative prose and rich imagery, Blackwood weaves

together tales that capture the essence of the sublime, often reflecting the influence of the early 20th-century aesthetic movement. His exploration of the unknown does not merely aim to thrill; instead, it invites readers to contemplate the mysteries of existence amidst the backdrop of the natural world, presenting a tapestry of narratives that span from the eerie to the exotic. Algernon Blackwood was a writer whose diverse life experiences—from his time in the Canadian wilderness to his interests in the esoteric and metaphysical—shaped his unique narrative voice. Born in 1869, he was heavily influenced by the spiritualist movements of his time and the burgeoning interest in the psychological dimensions of storytelling. His tales often reflect his personal fascination with the inexplicable forces of nature and the unseen, showcasing his ability to evoke profound emotional responses from readers. I recommend *The Collected Works of Algernon Blackwood* not only for its rich literary style but for its profound engagement with themes that resonate across time and culture. This definitive collection serves as both an introduction to Blackwood's work and a rich resource for enthusiasts of horror and speculative fiction, inviting readers to explore the depths of their imaginations and the world around them.

**door monkey sleep training: Key to Red Workbook** Susan Wise Bauer, 2018-12-04 The Key to the Red Workbook gives clear, thoroughly-explained answers to all exercises in the Red Workbook, the second of four non-sequential books in the Grammar for the Well-Trained Mind series, providing detailed, well-designed exercises in the correct use of English grammar. The Key, along with the accompanying Red Workbook and the Core Instructor Text, make up Grammar for the Well-Trained Mind: a complete course that takes students from basic definitions (“A noun is the name of a person, place, thing, or idea”) through advanced sentence structure and analysis—all the grammar skills needed to write and speak with eloquence and confidence. This innovative program combines the three essential elements of language learning: understanding and memorizing rules (prescriptive teaching), repeated exposure to examples of how those rules are used (descriptive instruction), and practice using those rules in exercises and in writing (practical experience). Each year, parents and teachers go through the dialogue, rules, and examples in the Core Instructor Text; students follow along in the Workbook. This repetition solidifies the concepts, definitions, and examples in the student’s mind. There are four Student Workbooks, one for each year. Each Student Workbook contains the same rules and examples—but four completely different sets of exercises and assignments, allowing students to develop a wide-ranging knowledge of how the rules and examples are put to use in writing. Each Key to the Workbooks provides not only answers, but also explanations for the parent/instructor, and guidance as to when the answers might be ambiguous (as, in English, they often are). All of the rules covered, along with the repeated examples for each, are assembled for ongoing reference in the Comprehensive Handbook of Rules. This will become the student’s indispensable guide to writing through high school, into college and beyond. Step-by-step instruction takes students from the most basic concepts through advanced grammatical concepts such as modal and hortative verbs and multiple functions of noun clauses. Extensive diagramming exercises reinforce the rules and help technical and visual learners to understand and use the English language effectively. Each step of the diagramming process is illustrated and thoroughly explained to the student. Text for examples and exercises are drawn from great works of literature, as well as from well-written nonfiction texts in science, mathematics, and the social sciences. Regular review is built into each year of work. The Key accompanies the second of four non-sequential workbooks, each containing new exercises that allow students to practice and apply the grammar principles under study.

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Pantagruel\_x000D\_ Molière: \_x000D\_ Tartuffe or the Hypocrite\_x000D\_ The Misanthrope\_x000D\_ The Miser\_x000D\_ The Imaginary Invalid\_x000D\_ The Impostures of Scapin...\_x000D\_ Jean Racine: \_x000D\_ Phaedra\_x000D\_ Pierre Corneille: \_x000D\_ The Cid\_x000D\_ Voltaire: \_x000D\_ Candide\_x000D\_ Zadig\_x000D\_ Micromegas\_x000D\_ The Huron\_x000D\_ A Philosophical Dictionary...\_x000D\_ Jean-Jacques Rousseau: \_x000D\_ Confessions\_x000D\_ Emile\_x000D\_ The Social Contract\_x000D\_ De Laclos: \_x000D\_ Dangerous Liaisons \_x000D\_ Stendhal

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